



Recommendations for Fully Vaccinated People in Non-Healthcare Settings March 15, 2021

An Update of “Guidance on Quarantine Requirements for Persons Fully Vaccinated Against COVID-19 Who Have Been Exposed to Someone with Suspected or Confirmed COVID-19”

The Maryland Department of Health endorses the Centers for Disease Control and Prevention (CDC) guidance issued by the Centers for Disease Control and Prevention (CDC), “Interim Public Health Recommendations for Fully Vaccinated People”, updated March 8, 2021. This guidance is available at <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>.

Key Recommendations for Isolation, Quarantine and Testing

This guidance supersedes the Maryland Department of Health (MDH) “Guidance on Quarantine Requirements for Persons Fully Vaccinated Against COVID-19 Who Have Been Exposed to Someone with Suspected or Confirmed COVID-19”, dated February 26, 2021.

Per this updated CDC guidance, in non-healthcare settings:

*Fully vaccinated people with no COVID-like symptoms do not need to quarantine or be tested following an exposure to someone with suspected or confirmed COVID-19, as their risk of infection is low. **They are no longer required to be within 3 months following receipt of the last dose in the series.***

Further:

Fully vaccinated residents of non-healthcare congregate settings (e.g., correctional and detention facilities, group homes) should continue to quarantine for 14 days and be tested for SARS-CoV-2 following an exposure to someone with suspected or confirmed COVID-19. This is because residential congregate settings may face high turnover of residents, a higher risk of transmission, and challenges in maintaining recommended physical distancing.

Key Recommendations for Visiting with Others in Private Settings

As per CDC guidance, fully vaccinated people can:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing

Fully vaccinated people should continue to:

- Take precautions in public like wearing a well-fitted mask and physical distancing

- Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at increased risk for severe COVID-19 disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
- Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households
- Avoid medium- and large-sized in-person gatherings
- Get tested if experiencing COVID-19 symptoms