



Guidance for Truck and other Commercial Transportation Traffic Originating In or Transiting Through New York to a Maryland Destination

The following guidelines are recommended for anyone participating in commercial transportation (trucking, bus driving, freight or passenger rail, shipping) originating from or transiting through New York City or the surrounding metropolitan areas in New York, New Jersey and Connecticut (the “Tri-State area”) after March 20, 2020. This includes commercial truck drivers, bus and railway personnel, ship personnel, or others who spend any time in New York City or the Tri-State area as part of their work activities.

Description of Activity	Recommendation
Did you go straight through the New York-Tri-State area without stopping?	No need to self-quarantine. You should check yourself for any signs of fever, cough, or shortness of breath daily. If you develop any of these symptoms, you should stop working, isolate yourself from others, and call your health care provider.
Did you stop only to get fuel and/or food, with no contact with anyone (other than less than 3 minutes within 6 feet of any other person)?	No need to self-quarantine. You should check yourself for any signs of fever, cough, or shortness of breath daily. If you develop any of these symptoms, you should stop working, isolate yourself from others, and call your health care provider.
Did you spend more than 3 minutes in close contact (less than 6 feet) with someone while in the New York-Tri-State area?	Avoid working for 14 days, if you can, isolate yourself, and check yourself for any signs of fever, cough, or shortness of breath daily. If you must work, or must leave Maryland, avoid close contact with other people (stay 6 feet or more from others, for only 3 minutes or less) and check yourself for any signs of fever, cough, or shortness of breath daily. If you develop any of these, stop working and contact your health care provider.