New HIV Diagnoses in Maryland

In 2018, there were 383 reported HIV diagnoses among persons with HET exposure.

- Of the 994 reported HIV diagnoses in 2018, 38.5% were attributed to HET exposure.
- Of the 716 male and 278 female HIV diagnoses in 2018, 18.1% and 91.0%, respectively, were attributed to HET exposure.
- Among HIV diagnoses with HET exposure during 2018, 26.2% were diagnosed with AIDS within 3 months, indicating they were likely infected for years without knowing it.
- It is estimated that an additional 13.3% of persons with HET exposure living with HIV in Maryland remain undiagnosed, as of 2017.

Characteristics of Marylanders with HET Exposure Living with HIV

At the end of 2018, there were 11,910 people living with diagnosed HIV with HET exposure.

- Of the 31,559 total persons living with HIV in 2018, 37.7% were attributable to HET. Among males and females, HET accounted for 18.3% and 75.7% of exposures, respectively.
- Total persons living with diagnosed HIV attributed to HET were highest among people diagnosed in their 50’s (30.5%) and among NH-Blacks (81.9%).
- Of the 11,910 total HIV diagnoses attributed to HET, 76.8% had a viral load test result reported in 2018. Of those with a reported viral load test, 87.7% had a suppressed viral load.