TICK BITE NOTIFICATION FORM

Name: ________________________________

Date bitten: _____________________________

Location on body: __________________________

To Remove a Tick

• Use fine-tipped tweezers and protect your hands with a tissue or glove.
• Grab the tick close to the skin—do not twist or jerk the tick.
• Gently pull straight up until all parts of the tick are removed.
• Clean the tick bite with soap and water or an antiseptic.
• Wash your hands with soap and water, or an alcohol-based rub.
• Do not use petroleum jelly, a hot match, nail polish or other products to remove ticks.

Quick Tick Tips

• Check for ticks daily and bathe after being in tick habitat.
• Look for ticks in late spring through early fall, when they are most active.
• Many tick-borne diseases have similar early symptoms, including fever, headache, fatigue, and possible rash.
• If untreated, infection may spread from the site of the bite to other parts of the body producing symptoms of Bell’s palsy or Erythema Migrans.

• Contact your health care provider:
  o to discuss prophylaxis if the tick was attached for at least 24 hours, or
  o if you develop any symptoms after a tick bite or being in tick habitat

Place an X in the box next to type of tick found:

- [ ] Unknown tick species
- [ ] Blacklegged Tick (Ixodes scapularis)
- [ ] Lone Star Tick (Amblyomma americanum)
- [ ] Dog Tick (Dermacentor variabilis)

For tick identification, tape the tick on this form or put it in a baggie and follow directions on the back.

- Tick identification is a free service
- UMD does not offer medical advice
- Ticks are not tested for diseases

For more information visit:
Maryland Department of Health (MDH) website: https://phpa.health.maryland.gov/OIDEOR/CZVBD/Pages/tickborne_dz.aspx  
Centers for Disease Control and Prevention (CDC) website: https://www.cdc.gov/ticks/diseases/
Directions: Fill out this sheet, tape the tick to a small piece of paper or put into a dry container - no alcohol. Send tick and form to the following address and a letter of identification will be sent to you.

Dr. Megan Fritz
University of Maryland
4291 Field House Drive
Plant Sciences Bldg. Rm 4112
College Park, MD 20742

SUBMITTER INFORMATION:
Name: ____________________________
Address: ____________________________ City: ____________________________
_______________ County: __ State: ______ Zip: ___ Phone Number: Home: ____________
_________ Work: ______ Date Collected: ____________________________ Location (Town) of
Collection: ________________ Host: ( ) Human ( ) Pet, specify: __________
_________ ( ) Other: ________________ Bite Site: ( ) Leg ( ) Arm
( ) Trunk ( ) Head/Neck ( ) Unattached

______________________________

UMD USE ONLY
Degree of engorgement: ( ) Flat ( ) Partially Engorged ( ) Fully Engorged
Specimen condition: ( ) Live ( ) Dead (good) ( ) Dead (poor)
Life Stage: ( ) Larva ( ) Nymph ( ) Male ( ) Female

TYPE OF TICK
( ) Black-legged deer tick - Ixodes scapularis
( ) American dog tick - Dermacentor variabilis
( ) Lone Star tick - Amblyomma americanum
( ) Brown dog tick - Rhipicephalus sanguineus
( ) Winter tick - Dermacentor albipictus
( ) Other tick - ____________________________
( ) Other Arthropod: ( ) Louse ( ) Mite ( ) Flea ( ) Other __________

Comments: ____________________________

Identification by: ____________________________