Tuberculosis Care Discharge Planning: One Patient’s Journey from Hospital to Home

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Journey from Hospital to Home

- Purpose – Why discuss?
- Meet Our Patient
- Patient’s Medical History
- Hospital Discharge Plan
- Hospital to Rehabilitation Facility
- Rehabilitation Facility to Home
- Finally Home – What’s Next?
- Recommendations
Journey from Hospital to Home…Meet Our Patient

- Female
- 44 years of age
- Country of origin is Peru
- Lived in Argentina for seven years and returned to Peru before coming to the U.S. (entered U.S. in 2004)
- Spanish speaking and English is second language (ESL)
- Wife, Mother of two children (son and daughter)
- Housekeeping, child and elder care in Peru
Medical History

- **Diagnoses**
  - Systemic Lupus Erythematosus (SLE)
  - History of Pulmonary TB Treatment
  - Hypothyroidism
  - Gastritis
  - Uterine bleeding
  - Multi Drug Resistant (MDR) Tuberculosis
    - Resistant to: Isoniazid, Rifampin, Pyrazinamide

- **Overview**
Journey from Hospital to Home...Discharge Planning

- Challenges
  - Communication
  - Discharge location
  - Medication
  - Family engagement
  - Patient adjustment
  - Collaboration
  - Long-term planning
  - Assessment of facility knowledge and resources
Journey from Hospital to Home...Discharge Planning

- Communication
  - Face to face
  - Phone
  - Fax
  - Email
  - Consent

- COMAR as it relates to TB care and treatment

- HIPAA
Journey from Hospital to Home... Hospital to Rehabilitation Facility

- Discharge plan
  - Site selection
  - Financial considerations
  - Discharge date
  - Medical management
Journey from Hospital to Home... Hospital to Rehabilitation Facility

- Medication arrangements (TB medication)
  - Financial considerations
  - Availability
  - Dispensing
  - Rehabilitation facility pharmaceutical guidelines
  - Orders
  - Documentation
  - Maryland CTBCP Program support
Collaboration

- Assessment
- Building relationships
  - Initial contact
  - Initial site visit
  - Communication
  - Role clarification
- Ongoing site visits
- Discharge planning
Journey from Hospital to Home... Hospital to Rehabilitation Facility

Assessment of knowledge and resources

- DHHS
  - Patient care model
  - Medical team members
  - Patient visitation
  - Guidelines
- Rehabilitation facility
  - DHHS TB Program role
  - Knowledge about TB treatment
  - Medical team members
  - Documentation
Journey from Hospital to Home... Hospital to Rehabilitation Facility

- Family participation
  - Meeting needs
  - Impact

- Patient adjustment
  - Language barriers
  - Cultural considerations
  - Dietary considerations
  - Rehabilitation

- Long-term planning
  - Planning for second discharge transition
Journey from Hospital to Home... Rehabilitation Facility to Home

Similar challenges

- Medical team for out patient care, communication, adjustment, maintaining relationships, medical status
- Rehabilitation status upon transition
- Medication arrangements
- Impact on family
- Patient adjustment
- Financial resources
- Continuity of care
- Specifics of transition plan
Journey from Hospital to Home...Rehabilitation Facility to Home

- Rehabilitation status
  - Limitations
  - Continuity

- Impact on family
  - Needs and concerns of family
  - Home assessment
    - Support system
    - Safety
    - Plan development
  - DOT

- Patient adjustment
Journey from Hospital to Home...Rehabilitation Facility to Home

- Financial resources
  - Continued rehabilitation services
  - Medical services
  - Other support services

- Continuity of care
  - Medical team
  - Follow up
Journey from Hospital to Home... *Finally Home!!!*

- Ongoing assessment
- Directly observed therapy
- Case management
- Referrals

*The best is yet to come.*
Journey from Hospital to Home...

Implications and Recommendations

- Patient and family-centered
- Assessment
- Communication
- Collaboration
- Regulations and guidelines
  - Rehabilitation facility
- State Maryland Center for Tuberculosis Control and Prevention (CTBCP)
Journey from Hospital to Home...Resources

- COMAR 10.06.01.05 (Confidentiality)
- COMAR 10.06.01.04 (Reporting)
- COMAR 10.07.02.15 (Pharmaceutical Services)
Questions or Comments?
Thank you.

Kimberly