The services and facilities of the Maryland Department of Health and Mental Hygiene are operated on a non-discriminatory basis.

This policy prohibits discrimination on the basis of race, religion, color, sex, or national origin and applies to the provisions of employment and granting of advantages, privileges and accommodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits, and employment opportunities.

Local Health Department Cancer Programs for Colorectal, Skin, Oral, and/or Prostate

You may be asked questions about income, health insurance, and where you live to determine if you qualify for services.

Allegany 1.800.224.8688
Anne Arundel* 410.222.7979
Baltimore County 410.887.3456
Calvert 410.535.5400
Caroline 410.479.8080
Carroll 410.857.5000
Cecil 410.996.5168
Charles 301.609.6900
Dorchester 410.228.3223
Frederick 301.600.3362
Garrett 301.334.7770
Harford 443.643.0350
Howard 410.313.4255
Kent 410.778.1350
Montgomery 240-777-1222
Prince George’s 301.883.3524
Queen Anne’s 410.758.0720
Saint Mary’s 301.475.4356
Somerset 443.523.1760
Talbot 410.819.5600
Washington 240.420.1796
Wicomico 410.334.3480
Worcester 410.632.0056

* Provides cancer education only.

Baltimore City Cancer Programs
Colorectal Cancer Screening
1.888.ACS.NEED (1.888.227.6333)

Johns Hopkins Medical Institutions
Prostate Cancer Screening
410.955.1348

Other Cancer Information
Maryland Cancer Line 1.800.477.9774
MD Health Insurance Program 1.866.780.7105
Maryland Department of Health & Mental Hygiene, Family Health Administration www.fha.state.md.us/cancer

Cancer Services

Breast & Cervical

Other Cancer

Center for Cancer Surveillance and Control

Department of Health & Mental Hygiene
Cigarette Restitution Fund Program

Center for Cancer Surveillance and Control

Department of Health and Mental Hygiene

Cancer Services

Breast & Cervical

Other Cancer

April 2008

Martin O’Malley, Governor
Anthony G. Brown, Lt. Governor
John M. Colmers, Secretary

Maryland Cancer Line 1.800.477.9774
MD Health Insurance Program 1.866.780.7105
Maryland Department of Health & Mental Hygiene, Family Health Administration www.fha.state.md.us/cancer
Cancer Prevention and Screening Recommendations

Colorectal Cancer
- Screen ages 50 and older or under age 50 with personal or family risk factors.

Prostate Cancer
- Educate men and encourage them to speak with their doctors about screening.
- Screen men 50 and older or under 50 if African American or with family risk factors.

Oral Cancer
- Screen ages 40 years and older.
- Do not smoke or use any form of tobacco.
- Avoid or reduce alcohol use.

Skin Cancer
- If you have a suspicious lesion or unusual mole, see your primary care physician or a dermatologist.
- Avoid or reduce exposure to sunlight between 10:00 a.m. and 4:00 p.m.
- Wear sun protective clothing and use sunscreen with SPF of 15 or higher. Apply 20 minutes before going in the sun and every two hours while in the sun.
- Avoid tanning booths, tanning beds, and tanning lamps.

Breast Cancer
- Screen women ages 40 and older with annual mammogram and clinical breast examination.

Cervical Cancer
- Screen women with Pap tests beginning within 3 years of the onset of sexual activity or at age 21, whichever comes first.
- Consider HPV vaccine for girls and women 9 to 26 years of age.

Lung Cancer
- Do not smoke or use any form of tobacco.
- Avoid second hand smoke.

General Health Promotion Tips
- Do not smoke or use any form of tobacco.
- Achieve and maintain a healthy weight.
- Exercise for at least 30 minutes on five or more days a week.
- Eat at least five servings of vegetables and fruits daily.
- Get recommended health screenings.

What Cancer Screening May be Covered in Local Programs?
The cancer services that Maryland programs may pay for include: breast, cervical, colorectal, prostate, oral, and skin. Please contact your local program to find out the cancer(s) they cover.

Who is Eligible for Cancer Screening?
Eligibility for cancer programs may include the following requirements:
- Age
- Health insurance
- Income
- Residency

Payment for other cancer test(s) or for treatment may be covered in some programs if you meet eligibility requirements. All services are subject to the availability of funds.

Funding Sources
Maryland’s cancer education, prevention, screening, and treatment services are made possible by: Maryland Cigarette Restitution Fund, State of Maryland General Funds, Centers for Disease Control and Prevention, Maryland Medical Assistance, Pharmacy Assistance, and Maryland Cancer Fund.

Local Health Departments
Breast and Cervical Cancer Programs
(Primarily funded by Maryland General Funds and Centers for Disease Control and Prevention)
Eligible women must be between the ages of 40-64. You may be asked questions about income, health insurance, and where you live to determine if you qualify for services.

Allegany 301.759.5083
Anne Arundel 410.222.6180
Baltimore County 410.887.3432
Calvert 410.286.7992
Caroline 410.479.8080
Carroll 410.876.4423
Cecil 410.996.5168
Charles 301.609.6816
Dorchester 410.228.3223
Frederick 301.600.3362
Garrett 301.334.7770
Harford 410.494.3934
Howard 410.313.4255
Kent 410.778.7970
Montgomery 240.777.1750
Prince George’s 301.883.3525
Queen Anne’s 410.758.0720
Saint Mary’s 301.475.4391
Somerset 410.548.5175
Talbot 410.819.5630
Washington 240.313.3235
Wicomico 410.548.5175
Worcester 410.632.0056

Baltimore City Breast and Cervical Programs
Harbor and Union Memorial Hospitals 410.350.2001
University of Maryland Medical Group 410.328.4673

Additional Baltimore City Breast Cancer Resource
Johns Hopkins Medical Institutions 410.955.1348