

Maryland Patient Navigation Network Annual Meeting and Training



Speaker Biographies



Kathleen Connors-Juras

Kathleen Connors-Juras has worked at the American Cancer Society since 1999, and is currently the State Health Systems Manager there. As a State Health Systems Manager, Ms. Connors-Juras works with different programs at the Maryland Department of Health and Mental Hygiene including the Center for Cancer Prevention and Control, various health plans and Quality Improvement Organizations (QIOs) to implement federally funded programs and services. Ms. Connors-Juras is integrated in the work of the *Maryland 80% By 2018 Taskforce* and increasing HPV vaccination rates in Maryland. Previously, Ms. Connors-Juras worked with inpatient services to help meet the needs of cancer patients requesting support groups, transportation, lodging and various access to care issues. Ms. Connors-Juras has a background in education and resides in Baltimore with her husband and 9 and 3 year old sons.

Julie Everett, PT, DPT, CLT

Dr. Julie Everett is a Physical Therapist with over 10 year experience specializing in sports, pelvic floor, and cancer rehabilitation. She is the owner and operator of Everett Physical Therapy, LLC where she uses her skills to help people return to sport, excel in functional performance and become pain-free for daily activities.

Dr. Everett has a strong interest in helping people reach their full potential. She is a Women's and Men's Pelvic Health specialist, Certified Lymphedema Therapist, Cancer Rehabilitation specialist and general orthopedist. She often is called to work on patients who have complex pelvic floor dysfunction who are experiencing pain and dysfunction. She also excels in treating thoracic dysfunction, myofascial restrictions, dysfunctional movement patterns, and post-partum recovery.

She has been a teacher to both students and health professionals, sharing her knowledge and helping others develop their skills. She has been active in community with local and national support groups, treated patients internationally, and has provided expert advice to national publications. Since the beginning of her career she has worked with professional athletes of the NFL, MLB and LPGA. She also has worked at world-renowned hospitals, Johns Hopkins Hospital and Pennsylvania Hospital, where she has developed her skills and promoted community education on the importance of preventative and total body health.

What separates Dr. Everett from others in her field is her innate ability to view and treat the body as a whole. She prides herself on the ability to see global dysfunction and uses varied and individualized techniques to return patients to pain-free movement. She is certified in Functional Dry Needling, Active Release Techniques, Myofascial Therapy Kinesiotaping, FMS and SFMA. She also is constantly staying on top of cutting edge evidence-based treatments and techniques. With the use of her sport psychology/sport medicine undergraduate degree she also focuses on the mental aspect of recovery.

Maryland Patient Navigation Network Annual Meeting and Training

Speaker Biographies

Kira L. Eyring, BA

Kira Eyring is a Health Systems Manager for the American Cancer Society. In this role, she works with hospitals and cancer centers in Baltimore to ensure American Cancer Society opportunities are provided to patients, caregivers and employees of healthcare systems. She began her career with the Society in 2001 and has held several positions in the Cancer Control Department. She's worked with community partners throughout the state of Maryland to educate Marylanders about early detection and prevention of cancer. Seeking to expand the Society's impact in reaching cancer patients, Ms. Eyring has led efforts to build collaborative relationships with hospitals accredited by the American College of Surgeons and healthcare facilities across Maryland. Through her team's work, American Cancer Society has provided an increasing number of uninsured and underinsured cancer patients with access to cancer information, day-to-day help and emotional support, and increased the number of people who are screened for cancer.

Ms. Eyring holds a Bachelor's degree in Health Science specializing in Community Health Education from Towson University. She resides in Baltimore County with her husband and two children. She can be reached via 410-933-5171 or keyring@cancer.org.

Mandi Pratt-Chapman, MA

Mandi Pratt-Chapman is the Associate Center Director, Patient-Centered Initiatives and Health Equity for The George Washington University Cancer Center. Her research has addressed clinical guideline development and workforce capacity to advance patient-centered care and health equity. She led the development of national, consensus-based core competencies for Oncology Patient Navigators and a corresponding online training to provide all navigators access to free training to build competencies. She chairs the Oncology Patient Navigator – Certified Generalist process for the Academy of Oncology Nurse & Patient Navigators. Additionally, she serves as co-PI for the National Cancer Survivorship Resource Center and has co-authored four holistic clinical practice guidelines on breast, prostate, colorectal, and head and neck cancer survivorship care with American Cancer Society. She is an investigator on three Patient Centered Outcomes Research Institute-funded projects to: inform health services standards for cancer survivorship; catalyze dissemination and implementation of evidence-based cancer survivorship and patient navigation practices; and build community-driven research in lesbian, gay, bisexual, transgender, and queer (LGBTQ) communities in Washington, D.C.

Lillie D. Shockney, RN, BS, MAS, ONN-CG

Lillie Shockney is a:

- University Distinguished Service Professor of Breast Cancer, Johns Hopkins,
- Administrative Director, Johns Hopkins Breast Center,
- Director, Johns Hopkins Cancer Survivorship Programs,
- Professor, Johns Hopkins University School of Medicine, Departments of Surgery & Oncology,
- Co-founder, Johns Hopkins' Managing Cancer at Work Program, and
- Program Director and Founder, Academy of Oncology Nurse & Patient Navigators.

Lillie has worked at Johns Hopkins since 1983. She has been the administrative director of the Johns Hopkins Breast Center since 1997 and serves as the director of the Johns Hopkins Cancer Survivorship

Maryland Patient Navigation Network Annual Meeting and Training

Speaker Biographies

programs since November 2011. A two-time breast cancer survivor, Lillie has worked tirelessly to improve the care of breast cancer patients around the world.

She is a registered nurse who holds a BS in Healthcare Administration from St. Joseph's College and a Masters in Administrative Science from the Johns Hopkins University. Lillie, a strong patient advocate, is a published author, and internationally and nationally recognized public speaker on the subject of cancer with a focus on cancer survivorship as well as metastatic breast cancer. She has written 14 books and more than 250 articles on cancer care. Lillie is also editor-in-chief of the *Journal of Oncology Navigation and Survivorship*. She is the founder and director of the Academy of Oncology Nurse & Patient Navigators (AONN+). She is the consultant for breast cancer for national *ABC News* and *Good Morning America*, and is also consulted regularly by the *Today Show* and *CNN*. She has received 52 awards—46 national and 6 state awards including Women in Business Trailblazers in Healthcare Award, Johnson & Johnson's Most Amazing Nurse in America, and Susan G. Komen for the Cure's Professor of Survivorship Award. Lillie was also inducted into the Maryland Women Hall of Fame. She currently serves on 34 medical advisory boards.

In 2008, the President of Johns Hopkins University and Johns Hopkins Board of Trustees appointed her to a faculty chair - University Distinguished Service Assistant Professor of Breast Cancer. This was the first time in the history of the institution that a hospital nurse has been appointed to a distinguished service designation. In 2009, she was promoted to a Distinguished Service Associate Professor of Breast Cancer. In 2016, she was promoted to full professor and is the only nurse at Johns Hopkins to have a primary appointment in the School of Medicine and the only nurse to have reached the highest academic (physician) faculty ranking and appointed chair as a University Distinguished Service Professor of Breast Cancer.

In 2009, she founded and led the only national professional organization for oncology navigation professionals called the Academy of Oncology Nurse and Patient Navigators. Her research area of focus is preservation of quality of life for patients with metastatic breast cancer.

Carrie Tilley, MS, ANP-BC, AOCNP

Carrie is an oncology nurse practitioner. She practices in the Survivorship Program at the University of Maryland Baltimore Washington Medical Center's Tate Cancer Center. She also holds a position as an Oncology Solution Expert at Carevive Systems, an integrated cloud based platform that offers patient engagement and care planning tools to improve outcomes in cancer care.

Prior to joining the University of Maryland, she practiced at George Washington University Medical Faculty Associates in medical oncology where she was a part of the multidisciplinary survivorship clinic for survivors of childhood cancer and led the development of the Adult Cancer Survivorship Program. Passionate about incorporating comprehensive survivorship care into cancer treatment, Carrie is an advocate of delivering meaningful survivorship care and careplans. She was a presenter in the online medical education course titled *Cancer Survivorship E-learning Series for Primary Care Providers* and speaks regularly about cancer survivorship throughout the Washington, DC and Baltimore area. She has organized programs such as *Therapeutic Yoga*, *STAR* cancer rehabilitation, a free cancer screening day, National Cancer Survivors Day events, survivorship education series, and a holistic wellness program for patient and families. She earned her undergraduate degree at Georgetown University and her Master's Degree at University of Maryland.