

2016 Middle School Youth Risk Behavior Survey/Youth Tobacco Survey Trend Report

QN6: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	59.5	62.7	No change
Wicomico	72.1	79.1	▲

QN7: Percentage of students who rarely or never wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	65.6	68.4	No Change
Charles	76.0	85.2	▲
Worcester	76.8	64.1	▼

QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	5.7	5.2	No Change
Calvert	3.4	1.8	▼
Baltimore City	10.7	7.5	▼

QN9: Percentage of students who ever rode with a driver who had been drinking alcohol (in a car)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	16.8	19.7	▲
Caroline	20.8	26.1	▲
Charles	17.3	24.0	▲
Frederick	17.0	20.2	▲
Harford	17.5	24.2	▲
Saint Mary's	18.5	22.9	▲
Talbot	18.7	25.0	▲

- ▲ = Statistically significant upward trend (based on t-test analysis, $p < 0.05$)
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QN10: Percentage of students who ever carried a weapon (such as a gun, knife, or club)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	25.4	29.2	▲
Allegany	31.9	49.1	▲
Baltimore County	23.3	28.9	▲
Calvert	34.9	41.4	▲
Carroll	35.6	41.8	▲
Charles	27.3	32.6	▲
Dorchester	26.6	34.6	▲
Harford	28.1	36.1	▲
Howard	22.2	29.4	▲
Prince Georges	20.0	25.4	▲
Queen Anne's	32.6	40.7	▲
Saint Mary's	33.5	41.5	▲
Talbot	28.3	36.5	▲
Washington	30.8	37.1	▲
Wicomico	28.0	36.5	▲

QN11: Percentage of students who were ever in a physical fight			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	47.8	52.3	▲
Allegany	37.0	44.5	▲
Baltimore County	51.7	57.8	▲
Calvert	39.3	46.3	▲
Carroll	36.7	41.5	▲
Dorchester	48.9	57.4	▲
Harford	40.8	48.5	▲

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QN14: Percentage of students who ever seriously thought about killing themselves			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	17.6	21.3	▲
Allegany	13.6	20.9	▲
Baltimore County	17.6	23.8	▲
Calvert	12.5	17.7	▲
Charles	19.0	25.5	▲
Dorchester	15.2	22.6	▲
Montgomery	15.5	20.0	▲
Saint Mary's	16.4	20.7	▲
Somerset	13.0	21.4	▲

QN19: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	2.5	1.3	▼
Anne Arundel	3.0	1.0	▼
Caroline	3.9	2.0	▼
Howard	0.7	0.1	▼
Kent	4.2	1.3	▼
Washington	5.2	1.9	▼
Worcester	6.9	2.9	▼
Baltimore City	4.0	1.3	▼

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QN21: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])

<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	15.4	18.4	▲
Allegany	18.4	25.1	▲
Calvert	10.4	15.4	▲
Caroline	15.5	23.7	▲
Dorchester	18.0	26.0	▲
Kent	13.7	22.4	▲
Saint Mary's	14.7	21.6	▲
Somerset	12.2	22.7	▲
Wicomico	19.0	26.3	▲

QN22: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)

<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	7.6	4.7	▼
Charles	9.3	5.7	▼
Frederick	5.2	2.1	▼
Harford	7.4	4.6	▼
Howard	3.9	1.5	▼
Talbot	8.7	5.5	▼
Washington	8.9	5.5	▼
Worcester	11.2	6.9	▼
Baltimore City	9.0	4.1	▼

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QN25: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	3.6	2.5	▼
Anne Arundel	3.7	1.6	▼
Howard	2.0	0.8	▼
Washington	4.9	2.2	▼
Baltimore City	7.0	4.5	▼

QN26: Percentage of students who ever drank alcohol (other than a few sips)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	17.6	21.7	▲
Baltimore County	16.7	23.8	▲
Carroll	12.1	18.0	▲
Charles	21.0	26.4	▲
Harford	15.4	23.3	▲
Saint Mary's	21.2	26.8	▲
Talbot	17.0	22.7	▲

QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	8.6	11.1	▲
Carroll	6.2	10.8	▲
Dorchester	8.0	14.8	▲
Harford	6.5	11.7	▲
Wicomico	11.2	14.9	▲

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QN28: Percentage of students who ever used marijuana			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	7.0	7.0	No change
Charles	5.4	9.3	▲
Somerset	8.5	16.5	▲

QN29: Percentage of students who tried marijuana for the first time before age 11 years			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	4.1	2.4	▼
Anne Arundel	4.1	2.1	▼
Caroline	3.3	1.2	▼
Carroll	2.7	0.9	▼
Cecil	3.1	1.7	▼
Charles	4.0	2.2	▼
Frederick	3.3	1.5	▼
Garrett	4.7	1.9	▼
Harford	3.6	2.1	▼
Kent	5.8	1.3	▼
Montgomery	3.7	1.1	▼
Saint Mary's	3.0	1.7	▼
Talbot	3.1	1.2	▼
Washington	4.0	1.7	▼
Worcester	4.2	1.5	▼
Baltimore City	6.7	3.7	▼

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QN30: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	3.5	4.2	▲
Allegany	2.0	4.1	▲
Carroll	2.9	1.1	▼

QN31: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	6.3	6.7	No change
Queen Anne's	1.7	0.7	▼
Worcester	7.3	3.9	▼

QN32: Percentage of students who ever took steroids without a doctor's prescription (pills or shots)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	2.4	2.2	No change
Garrett	2.8	1.0	▼

QN35: Percentage of students who had sexual intercourse for the first time before age 11 years			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	3.0	2.9	No change
Worcester	3.5	1.5	▼

QN36: Percentage of students who ever had sexual intercourse with three or more persons			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	2.7	2.1	▼
Allegany	1.4	3.1	▲
Baltimore City	7.9	4.5	▼

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- Red = "Negative" trend perception
- Green = "Positive" trend perception

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QN38: Percentage of students who described themselves as slightly or very overweight			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	23.6	25.0	▲
Baltimore City	19.7	24.7	▲

QN40: Percentage of students who did not eat breakfast (during the 7 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	9.1	11.1	▲
Calvert	9.5	13.1	▲
Dorchester	9.0	14.7	▲
Talbot	8.0	11.8	▲

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QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	53.3	46.6	▼
Allegany	49.1	43.0	▼
Anne Arundel	55.8	43.8	▼
Calvert	53.9	44.0	▼
Carroll	61.8	55.8	▼
Cecil	52.8	42.3	▼
Charles	51.6	45.7	▼
Dorchester	51.4	42.1	▼
Kent	53.5	40.6	▼
Montgomery	58.7	53.8	▼
Prince Georges	41.0	35.0	▼
Saint Mary's	53.6	46.2	▼
Talbot	52.9	44.2	▼
Wicomico	48.1	42.9	▼
Baltimore City	49.1	40.3	▼

QN41: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	54.0	50.5	▼
Calvert	60.6	53.6	▼
Dorchester	47.7	38.0	▼
Harford	65.9	59.1	▼

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QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	11.9	13.9	No change
Anne Arundel	10.1	13.6	▲
Charles	12.6	16.5	▲

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	31.7	29.6	No change
Calvert	27.9	24.8	▼
Caroline	31.5	37.4	▲
Carroll	42.8	36.8	▼
Harford	37.6	33.5	▼

QN42: Percentage of students who watched television 3 or more hours per day (on an average school day)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	32.2	28.5	▼
Cecil	31.8	26.1	▼
Charles	44.7	37.3	▼
Prince Georges	45.1	33.9	▼
Queen Anne's	25.4	20.0	▼

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QN43: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)

<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	37.4	42.7	▲
Calvert	32.7	41.0	▲
Carroll	30.0	38.9	▲
Saint Mary's	36.0	42.1	▲
Talbot	30.9	40.5	▲
Washington	35.5	42.5	▲
Wicomico	37.2	44.0	▲
Baltimore City	43.3	49.4	▲

QN44: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)

<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	86.4	83.6	▼
Cecil	90.5	85.2	▼
Charles	97.9	91.2	▼
Dorchester	52.0	70.1	▲
Kent	74.6	55.8	▼
Washington	91.5	84.2	▼
Worcester	98.9	97.1	▼

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QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	30.9	28.0	No change
Caroline	16.8	6.4	▼
Charles	18.0	29.0	▲
Kent	5.8	13.9	▲
Queen Anne's	5.6	2.5	▼
Somerset	12.0	20.5	▲
Washington	15.8	10.2	▼
Baltimore City	18.0	8.8	▼

QN45: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the past 12 months before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	62.8	61.7	No change
Carroll	76.2	69.9	▼

QN47: Percentage of students who had ever been told by a doctor or nurse that they had asthma			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	21.3	20.8	No change
Calvert	19.8	16.0	▼

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QN48: Percentage of students who got 8 or more hours of sleep (on an average school night)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	58.7	54.6	▼
Caroline	64.3	53.5	▼
Carroll	66.3	59.3	▼
Charles	55.9	50.1	▼
Dorchester	55.3	46.7	▼
Harford	58.2	50.0	▼
Prince Georges	53.7	44.5	▼
Saint Mary's	56.5	49.4	▼
Somerset	56.7	48.5	▼
Talbot	61.3	54.4	▼
Washington	56.7	50.6	▼

QN49: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	83.1	81.9	No change
Allegany	89.7	84.4	▼
Carroll	91.5	86.5	▼
Dorchester	73.4	83.6	▲
Queen Anne's	91.4	87.4	▼

QN50: Percentage of students who respond that their parents or guardians own the home or place where they live			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	65.1	63.5	No change
Harford	71.4	75.7	▲

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QN51: Percentage of students who have ever ridden in a car driven by someone who was texting while they were driving the car			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	51.2	59.6	▲
Allegany	56.1	67.9	▲
Anne Arundel	51.5	66.1	▲
Baltimore County	49.2	58.1	▲
Calvert	58.9	72.0	▲
Carroll	56.1	68.2	▲
Charles	57.4	65.2	▲
Dorchester	53.0	63.7	▲
Frederick	55.4	61.8	▲
Garrett	63.5	75.0	▲
Harford	56.2	65.0	▲
Howard	45.7	55.9	▲
Kent	63.6	77.1	▲
Montgomery	45.5	54.1	▲
Queen Anne's	62.4	69.1	▲
Saint Mary's	59.3	70.4	▲
Somerset	55.6	63.1	▲
Talbot	55.8	67.4	▲
Washington	55.2	62.8	▲

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QN58: Percentage of students who felt sad or hopeless (almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	21.3	25.5	▲
Allegany	18.9	25.1	▲
Calvert	17.4	23.5	▲
Carroll	18.6	23.4	▲
Garrett	15.5	24.5	▲
Harford	18.0	24.3	▲
Somerset	15.7	25.3	▲
Washington	20.0	26.6	▲
Wicomico	22.1	27.6	▲
Baltimore City	25.5	29.2	▲

QN59: Percentage of students who smoked a whole cigarette before age 11 years (for the first time)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	2.2	1.9	No change
Calvert	2.6	1.2	▼
Charles	3.5	1.1	▼
Kent	5.1	0.8	▼
Washington	3.8	2.2	▼
Wicomico	5.6	3.1	▼
Baltimore City	4.2	2.1	▼

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QN66: Percentage of students who used some flavored tobacco products (such as fruit-, candy-, or alcohol-flavored tobacco products, not counting menthol cigarettes, during the 30 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	3.1	2.3	▼
Caroline	3.7	2.1	▼
Washington	5.0	2.5	▼
Worcester	5.3	2.9	▼
Baltimore City	7.0	2.7	▼

QN69: Percentage of students who live with someone who now smokes cigarettes or cigars			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	34.9	32.8	▼
Howard	23.9	16.8	▼

QN72: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	7.9	9.1	▲
Charles	8.5	12.0	▲
Harford	6.5	9.3	▲
Worcester	13.8	8.1	▼

QN73: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	6.2	5.5	No change
Kent	8.0	3.2	▼
Washington	7.4	5.0	▼
Baltimore City	14.2	8.9	▼

- ▲ = Statistically significant upward trend (based on t-test analysis, $p < 0.05$)
- ▼ = Statistically significant downward trend (based on t-test analysis, $p < 0.05$)
- = "Negative" trend perception
- = "Positive" trend perception

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QN74: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)			
Jurisdiction	2014	2016	Significant Change
Maryland	5.4	4.4	▼
Caroline	5.6	2.3	▼
Cecil	5.5	3.2	▼
Charles	6.5	4.1	▼
Garrett	4.9	1.7	▼
Queen Anne's	5.5	2.0	▼
Worcester	8.1	3.9	▼
Baltimore City	6.4	4.1	▼

QN76: Percentage of students who were taught in any of their classes about the dangers of tobacco use (during the last school year)			
Jurisdiction	2014	2016	Significant Change
Maryland	80.2	74.0	▼
Allegany	84.3	73.2	▼
Anne Arundel	82.2	75.5	▼
Baltimore County	85.7	77.2	▼
Calvert	83.6	78.7	▼
Carroll	92.7	88.1	▼
Cecil	88.2	83.7	▼
Harford	86.4	81.9	▼
Howard	91.7	85.1	▼
Prince Georges	81.0	69.9	▼
Somerset	65.3	53.8	▼
Washington	53.6	48.2	▼
Worcester	78.3	59.2	▼
Baltimore City	52.5	43.0	▼

- ▲ = Statistically significant upward trend (based on t-test analysis, $p < 0.05$)
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- = "Positive" trend perception

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QN77: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	26.8	27.2	No change
Garrett	20.3	14.3	▼
Queen Anne's	21.2	16.0	▼

QN78: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	16.6	14.5	▼
Allegany	12.4	9.0	▼
Garrett	12.0	7.5	▼
Harford	13.7	8.9	▼
Queen Anne's	14.4	9.3	▼
Washington	17.2	12.8	▼
Baltimore City	29.5	19.9	▼

QN84: Percentage of students who would feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	81.2	79.1	▼
Calvert	84.6	79.6	▼
Montgomery	82.1	76.9	▼
Washington	82.4	78.2	▼

- ▲ = Statistically significant upward trend (based on t-test analysis, $p < 0.05$)
- ▼ = Statistically significant downward trend (based on t-test analysis, $p < 0.05$)
- = "Negative" trend perception
- = "Positive" trend perception

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QN85: Percentage of students who talked to a teacher or other adult in their school about a personal problem they had (during the 12 months before the survey)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	31.9	33.8	▲
Dorchester	31.0	38.6	▲
Prince Georges	29.5	35.4	▲

QN86: Percentage of students who strongly agree or agree that their teachers really care about them and give them a lot of encouragement			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	61.7	58.1	▼

QN87: Percentage of students who participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)			
<i>Jurisdiction</i>	<i>2014</i>	<i>2016</i>	<i>Significant Change</i>
Maryland	64.3	60.5	▼
Charles	66.4	59.5	▼
Harford	68.3	61.8	▼
Montgomery	66.5	57.8	▼

- ▲ = Statistically significant upward trend (based on t-test analysis, $p < 0.05$)
- ▼ = Statistically significant downward trend (based on t-test analysis, $p < 0.05$)
- = "Negative" trend perception
- = "Positive" trend perception