

**PHHS Advisory Committee Meeting**  
**MEETING MINUTES – April 23, 2015**

Chaired by Donna Gugel, Prevention and Health Promotion Administration (PHPA) Deputy Director (State Health Officer designee)

**MEMBERS PRESENT**

Abuzahra, Mohammed- *Maryland Hospital Association* (member)  
Avin, Brian- *MEDCHI* (member)  
Aycock, Anna- *Maryland Institute for Emergency Medical Services* (member)  
Barr, Nancy Beth- *Academy of Family Physicians* (member)  
Cooke, Catherine- *Maryland Pharmacy Association* (member)  
Davis, Kisha- *Public* (member)  
Donnelly-Strozzo, Mary- *Public* (member)  
Fedder, Michaeline- *AHA Mid-Atlantic Rep* (member)  
Graham, Leslie- *Public* (member)  
Harrell, Roger- *Maryland Association of County Health Officers* (member)  
Jordan, Surina Ann- *Physical Fitness Council* (member)  
McLean, Sandra- *Public* (member)  
Miller, Mike- *American Society of Internal Medicine* (member)  
Reed, Brent- *Public* (member)  
Silverman, Michael- *American College of Emergency Medical Services* (member)  
Stern, Barney- *American Stroke Association* (member)  
Wozniak, Marcella- *University of MD Medical School* (member)

**GUESTS PRESENT**

Fried, Ashley  
Martin, Seth  
Moncrief, Dana  
Pier, Kristi  
Smith, Erica  
Sue Vaeth

**Welcome and Introductions**

- Maryland Heart Disease and Stroke Advisory Council Chairperson Catherine Cooke, PharmD announced the meeting was beginning at 4:15 p.m., then turned the meeting over to Donna Gugel, to chair the Preventive Health and Health Services Block Grant, (PHHS), Advisory Committee.
- Ms. Gugel called the PHHS Advisory Committee to order at 4:16 p.m.
- Ms. Gugel introduced herself as the PHPA Deputy Director and the State Health Officer designee for the PHHS Block Grant, taking the place of Dr. Donald Shell who recently left the Maryland Department of Health and Mental Hygiene and took a position at the Department of Defense.
- Ms. Gugel introduced Kristi Pier, Center for Chronic Disease Prevention and Control (CCDPC) Director, to describe the role of the PHHS Advisory Committee, current year updates, and the fiscal year 2015 work plan.

### **PHHS Advisory Committee Role**

- PHHS allows states, tribes, territories, and D.C. to address unique public health needs/challenges by:
  - Addressing emerging health issues and gaps, decreasing premature death/disabilities by focusing on the leading preventable risk factors, working to achieve health equity and eliminate health disparities by addressing social determinants of health, supporting local programs to achieve healthy communities, and establishing data and surveillance systems to monitor the health status of targeted populations.
- Maryland Advisory Council for Heart Disease and Stroke is the designated Advisory Committee for PHHS
- Role of the PHHS Advisory Committee:
  - Provide feedback on and approve the Annual PHHS Work Plan for Maryland prior to submission to CDC and provide feedback on implementation of PHHS activities throughout the year
- Action Items for Advisory Committee – Today’s Meeting
  - Feedback and Workplan approval

### **Current FY14 Activities**

- Supported Million Hearts Coordinators in four Local Health Departments (LHDs) to implement quality improvement in health systems
- Supported 19 LHDs in continuing community transformation efforts
- Supported faith-based efforts to reduce hypertension risk factors
- Contracted with University of Baltimore to develop Maryland Million Hearts Implementation Toolkits
- Implemented Hypertension Module as part of the Chronic Disease Self-Management Program
- Trained three Master Trainers in the National Diabetes Prevention Program and supported lifestyle coach trainings across Maryland
- Increased YMCA Diabetes Prevention Programs from 0 to 5
- Provided trainings on building referral systems to community diabetes programs to support growth and sustainability
- Hired Obesity Coordinator in the Center for Chronic Disease Prevention and Control in April 2015
- Hosted Diabetes Symposium in June 2014, Maryland Million Hearts Symposium in February 2015 and hosting the Chronic Disease Conference in September 2015
- Funded University of Maryland to assess wellness policies statewide, develop data-driven recommendations, and provide technical assistance to schools and child care centers
- Contracted with University of Baltimore to conduct a Gap Analysis to assess opportunities to effectively use health information technology (Health IT) for chronic disease prevention and control
- Supported State Health Improvement Process (SHIP) and implementation of local improvement plans linked with SHIP
- Supported public health accreditation process
- Supported Local Health Improvement Coalitions (LHICs) and local health improvement plans

### **FY 2015 Annual Work Plan**

- Due to CDC on April 24, 2015
- PHHS activities must support Healthy People 2020 priorities

- Implementation period is October 1, 2014 (or as soon as funding is received) through September 30, 2016
- Priorities for FY 2015:
  - HDS-2: Reduce coronary heart disease deaths (\$806,462)
  - NWS-10: Decrease percent of high school youth who are overweight or obese (\$545,000)
  - NWS-8: Increase adults at a healthy weight (\$342,000)
  - PHI-15: Implement health improvement plan and increase proportion of local jurisdictions that have implemented a health improvement plan linked with their State plan (\$335,000)
  - PHI-13: Provide comprehensive epidemiology services to support essential public health services (\$308,522)
  - D-3: Reduce age-adjusted death rate for diabetes (\$205,000)
  - IPV-40 (required allocation): Reduce sexual violence (\$130,000)
  - OH-12: Increase proportion of children and adolescents who have received dental sealants on their molar teeth (\$50,000)
- **HDS-2 Heart Disease**
  - Fund up to 6 LHDs to implement health systems improvement strategies for hypertension and diabetes
  - Fund faith-based initiatives that support blood pressure control
  - Fund implementation of Chronic Disease Self-Management Programs, including additional H+ hypertension module
  - Support health IT and telemedicine initiatives, such as training around the use of imaging technology to improve stroke outcomes
  - Hire/maintain a Heart Disease Coordinator within the Department of Health of Mental Hygiene (DHMH), Center for Chronic Disease Prevention and Control (CCDPC)
- **NWS-10 Youth Obesity**
  - Continue to fund the Maryland Wellness Policies and Practices Study in collaboration with the University of Maryland and Maryland State Department of Education
  - Support up to 6 LHDs in working with schools and child care centers to implement wellness policy recommendations from the Maryland Wellness Policies and Practices Study
  - Support up to 10 local education agencies in implementing comprehensive school physical activity programs
  - Combat severe obesity in schools through increased collaboration among pediatricians, school nurses, community health workers, parents, and students
- **NWS-2 Adults at Healthy Weight**
  - Maintain an Obesity Coordinator within the DHMH, CCDPC, to develop and implement obesity workplan
  - Fund up to 11 LHDs with small grants for physical activity signage
  - Provide funding for farmers market incentives
  - Provide virtual support to help overweight and obese adults achieve a healthy weight
  - Support worksite wellness initiatives related to nutrition, physical activity, and breastfeeding
- **PHI-15 Population Health**
  - Maintain, update, and track 41 population health measures as part of the State Health Improvement Process

- Provide technical assistance and support to Local Health Improvement Coalitions in implementing and tracking local health improvement plans
- Complete the state public health accreditation process and support interested local health departments in accreditation
- Implement at least 2 quality improvement projects related to population health
- **PHI-13 Epidemiology**
  - Provide funding to support the Maryland Behavioral Risk Factor Surveillance System (BRFSS)
  - Hire an Outcomes Director in the Prevention and Health Promotion Administration to demonstrate outcomes across programs
  - Maintain a Graduate Research Assistant in the DHMH, Center for Chronic Disease Prevention and Control
  - Support additional epidemiological training or research as needed
- **D-2 Diabetes**
  - Support 3 Master Trainers to implement National Diabetes Prevention Program lifestyle coach training sessions across the state.
  - Increase the number of Diabetes Self-Management Education sites or satellite sites in Maryland
  - Continue working to build/enhance a statewide diabetes network
  - Host a Diabetes Conference to bring together diabetes stakeholders in Maryland and enhance the diabetes network
  - Support additional diabetes training opportunities
- **IVP-40 Sexual Violence**
  - Support the Sexual Assault Reimbursement Unit in funding providers for the physical examination, collection of evidence, and emergency treatment for injuries resulting from alleged rape, sexual assault, or child sexual abuse
- **OH-12 Oral Health**
  - Support 1-3 LHDs in providing caries prevention services and dental sealants to at-risk children in Title I schools

#### **PHHS Advisory Group—Action**

- **Feedback/Questions/Comments**
  - **Michaeline Fedder (Mid-Atlantic AHA Rep)** – Who is the ‘We’ mentioned in the presentation?
    - The “we” is DHMH. Partners include local health departments and community organizations. The Maryland Department of Health and Mental Hygiene provides PHHS oversight and the PHHS Block Grant is managed by CCDPC.
  - **Leslie Graham (Public)** – Are these renewal of funds or rolling?
    - The grant periods overlap, but the grant is awarded annually. Some of our activities continue from year to year.
  - **Leslie Graham (Public)** – What is a Statewide Diabetes Network?
    - A network of professionals across the State to build Diabetes Self-Management Education and Diabetes Prevention Program sites. A staff person will bring the professionals together to share information and resources, develop action plans, and build access to programs that prevent and manage diabetes.
  - **Brian Avin (MEDCHI)** - Where does the funding come from?

- Funds come from the CDC as part of the Prevention and Public Health Fund (PPHF). These funds give health departments much more flexibility because most are very specific.
- **Mike Miller (American Society of Internal Medicine)** – Can you describe the Outcomes Director position? Do you need assistance with this?
  - This individual will bring together all of the evaluators and epidemiologists within the Prevention and Health Promotion Administration (PHPA) to look at program/grant measures and strategies, and outcomes. We are still drafting the position description and will reach back out to the Council once position description is finalized.
- **Leslie Graham (Public)** - Do locals know who will be receiving the funds?
  - Some of the LHDs have existing projects and others will be a competitive RFP process.
- **Mohammed Abuzahra (Maryland Hospital Association)** – How do the Master Trainers and Obesity Coordinator make an impact?
  - The three trainers are very experienced in implementing the Diabetes Prevention Program. They were sent to Diabetes Training and Technical Assistance Center (DTTAC) in Atlanta to become Master Trainers and are now doing trainings in the state to train lifestyle coaches to implement the Diabetes Prevention Program. The Obesity Coordinator, Meghan Ames, is a registered dietitian from Johns Hopkins community program. She will work in CCDPC to develop an obesity plan and bring together a statewide workgroup.
- **Leslie Graham (Public)** – Had someone on the council previously discussed working with Master Trainers?
  - Yes, that is the Stanford Diabetes Self-Management Program. These are for management, whereas the Diabetes Prevention Program Master Trainers are for prevention.
- **Michaeline Fedder (Mid-Atlantic AHA Rep)** – Are the results available from the studies?
  - We have preliminary results for the school wellness policy study, but the health IT gap analysis is just beginning. We will follow up at the next meeting to share results on school wellness.

**Motion to Approve the FY15 PHS Work Plan**

- **Michaeline Fedder (Mid-Atlantic AHA Rep)** – 1<sup>st</sup> approve
- **Mike Miller(American Society of Internal Medicine)** – 2<sup>nd</sup> approve

**Adjourn**

Donna Gugel, Secretary’s designee adjourned the PHS Advisory Committee meeting at 4:45 pm.

**State Advisory Council for Heart Disease and Stroke**

- Introductions of Council members

**PHS open questions/Public comment**

- No questions or comments

### **Approval of Minutes**

- The minutes from the January 22<sup>nd</sup> meeting were approved at 4:50 pm by majority vote of the attendees after a motion was made by Leslie Graham and a second motion by Dr. Mohammed Abuzahra to approve the minutes.

### **Council Member Updates**

- M. Miller- Member of the AHA Nutrition Council, which will provide recommendations on the intake of saturated fats.
- M. Fedder- Not the best legislative session. No bills passed related to tobacco tax and healthy beverage options. Will try again next year.
- C.Cooke- Looking at ACO models- how the pharmacists get paid and integrated from population health perspective, tying payments towards drugs purchased.
  - Question from Leslie Graham- How does the model work? Response: Some look at the top spend for drugs, which may be limited, while others focus on chronic disease therapies to examine cost- at effectiveness.
- A. Aycock- Maryland now has 34 Primary Stroke Centers (> 80%) and 2 Comprehensive Stroke Centers. Discussed the usage of endovascular therapy and giving IV TPA, with great outcomes for those who received therapy, recently started working on guidelines to transfer patient to endovascular centers, 7 Centers in MD. Also, looking at image support, endovascular centers will have link to the software, currently looking for funding for centers to implement.
  - No Accreditation for endovascular centers. Most critical go to comprehensive stroke centers. The only accreditation is for primary stroke centers from MIEMSS.
- B. Stern- Therapy concept, patient has severe stroke and in good health, could patient bypass primary stroke center and go directly to endovascular center instead.
- B. Reed- Working with Policy analyst at the University and Second is an advocacy paper on drug shortages. Number of drug shortages that impact patients with CVD. Focuses on underlying causes and recommendations.
- B. Avin- Health initiatives are on hold. Tobacco tax and Tanning Bill didn't go anywhere. Addition of healthy beverages to children's menus didn't move forward. Looking forward to next year.
- M. Wozniak- Televideo stroke link started in mid Dec. at Carroll Hospital and very much enjoy using that. Very well received by physicians.

### **DHMH Updates**

- K. Pier- I will keep it brief since we went over a number of updates earlier. Donna told you about Dr. Shell going to the Department Of Defense. Will work on getting a new DHMH staff representative. Also some staff changes, Sara Barra went to Emergency Preparedness. Agnes Buanya, QI Analyst. Susannah Farabaugh, School Health Coordinator. Roberta Hines, Grants Specialist. Meghan Ames, Obesity Coordinator. Chronic disease conference in September. More information to come. Working on better tracking of NQF18 and 59. Also, working on a social network analysis through our 1422 grant and will share more at next meeting. Working to increase DPP capacity across the state and increase diabetes coaches. May have noticed diabetes prevention ads throughout DHMH. Transit ads will come out in about a week. For school health, we have 9 Local Education Agencies trained in Comprehensive School Physical Activity Program (CSPAP) for 208 schools. Plan on increasing to an additional 8 schools. Number of training opportunities coming up. On Monday, doing training on building provider referral

systems for diabetes prevention and control groups. Also, reimbursement and billing session on May 13 and 14 for diabetes/obesity. Also trying to increase how we are working with non-physician providers. June 26 working with oral health providers. Pharmacists July 16-18 point of care trainings to occur regionally.

### **Heal Your Heart Book- M. Miller**

- A lot of my patients have asked could you recommend a book on heart disease. I read the Oz book and full of misinformation.
- “Heal Your Heart,” combines emotions and heart disease. A lot of my patients have not been able to stick to a diet and have stress. Stress is common factor. Have had a program at University of Maryland to enhance positive emotions. This book is fully referenced and a reasonable guide. We were first medical school to receive nutrition medical award, where we taught medical students hands on cooking. Consequently, a lot of recipes are in the book. The book is something we think is a great addition for patients, anyone interested in heart health. Based on years of experience and research. Book is \$32 and available as a kindle.

### **New Council Information**

- Sodium Reduction in Long-term care, Adult Medical Day Care, and Assisted Living Facilities recommendation letter was sent off to the Deputy Secretary.
- Governor’s Biannual Report- Due this November and needs to be completed by August so it can go through the proper channels. More information to come.
- Stroke Center update. Anything to add Dr. Stern? No additional updates. The endovascular transfer issue has occupied us.
  - Has anyone applied for third designation? MIEMSS has determined no need to do additional designations. We as a state are not looking at stroke-ready hospital designation.
  - State EMS medical director call to begin discussions of EMS.
  - Data is that strong for endovascular centers? Yes, for select population. Don't want anything to slow the process. Relatively few of the other hospitals have 24/7 capacity for CTA (CT angiography). Not a criterion to initiate transfer. Could use dry CT scan and physical status of the patient.
- Chair and Co-Chair positions: Dr. Stern has been nominated for chair and Dr. Miller for co-chair. Will send biographies for vote by email.

**Meeting Adjourned:** 5:31 pm

**Next Meeting:** Upcoming meeting dates for 2015 are as follows:

July 23, 2015

October 23, 2015