

**HEART DISEASE AND STROKE COUNCIL  
MEETING MINUTES – July 23, 2014**

**MEMBERS & GUESTS PRESENT**

|                             |                                |
|-----------------------------|--------------------------------|
| Aycock, Anna (member)       | Moncrief, Dana (guest)         |
| Avin, Brian (member)        | Pier, Kristi (guest)           |
| Bhowmik, Shelly (guest)     | Shell, Donald (member)         |
| Blumenthal, Roger (member)  | Stern, Barney (member)         |
| Charleston, Jeanne (member) | Vaeth, Sue (guest)             |
| Cooke, Catherine (member)   | Walker Harris, Vanessa (guest) |
| Davis, Kisha (member)       | Wozniak, Marcella (member)     |
| Fedder, Michaeline (member) |                                |
| Fried, Ashley (guest)       |                                |
| Harrell, Roger (member)     |                                |
| Jordan, Surina Ann (member) |                                |
| Miller, Mike (member)       |                                |

**WELCOME**

Council Chairperson Catherine Cooke, PharmD convened the meeting at 6:08 p.m.

**Approval of Minutes**

- The minutes from the April 23<sup>rd</sup> meeting were approved at 6:11 pm by majority vote of the attendees after a motion was made by Dr. Roger Blumenthal and a second motion by Dr. Brian Avin to approve the minutes.
- Minutes for upcoming meetings will be sent via email shortly after the meeting for your approval. **\*\*Action Item:** Please email whether you approve the minutes within one week of receiving them.\*\*

**Council Updates**

- Dr. Jordan discussed that the Fitness Council established the speaker's bureau and completed its first event at a library in Timonium. Also, promoting the Bay-Walk event and will verify the date for us.
- Dr. Stern discussed telemedicine is moving forward, proposing an online directory (so groups can see who is using telemedicine).
- Catherine Cooke discussed that the University of Maryland School of Pharmacy is developing P3 eHealth Services to expand pharmacy services such as comprehensive medication review (CMR) beyond in person via technology. Eligible members of commercial healthplans and Medicare beneficiaries who meet certain requirements may receive an annual CMR. .
- Dr. Avin discussed that MedChi is working on addressing issues of decreasing sugar sweetened beverages, tobacco tax, and healthier meals.
- Roger Harrell has been working on the SIM grant and working within the HEZ on Diabetes initiatives.
- Dr. Miller is participating on the nutrition committee on an Omega 3 initiative.
- Dr. Blumenthal stated that the AHA guidelines were published
- Anna Aycock discussed the new neurological protocol for EMS providers

**Department of Health and Mental Hygiene (DHMH) Updates**

- Diabetes Symposium: Over 240 individuals attended the Diabetes Symposium on 6/26/14
- Diabetes Self-Management Education (DSME) radio and transit campaign ran throughout the month of June, over 2100 radio spots and more than 3,000,000 impressions.
- Staff Updates:
  - Behavior Risk Factor Surveillance System (BRFSS) coordinator -Georgette Lavetsky started on 7/22/14.
  - The Medical Director-Dr. Vanessa Walker Harris, is leaving, her last day is 7/31/14
- Council members requested a copy of the PPT presentation on the BRFSS.
- Association of State and Territorial Health Officials (ASTHO) grant finished in July 2014
- In the 2<sup>nd</sup> year of the 1305 grant, The Center for Chronic Disease Prevention and Control (CCDPC) within the DHMH is applying for supplemental funds.
- The Community Transformation Grant (CTG) is ending at the end of September 2014-currently working on surveys for Smoke Free multi-unit housing, DHMH will present the closeout summary at a 2015 Heart Disease and Stroke Council meeting
- Submitted the 1422 grant and expecting a response in early fall.

#### **Preventive Health and Health Services Block Grant Update**

- Kristi Pier (Director, Center for Chronic Disease Prevention and Control) discussed the involvement of the council members in the planning and implementation of the 2015 Million Hearts Symposium and Chronic Disease Conference. Currently, staff is working offline to put together a 1-pager, which describes goals and objectives of the events. Once this is finalized we will contact individuals to be on the planning team.
- Council members had questions regarding a timeline and exactly when we will be reaching out to them.
- DHMH staff will inform the Council in the next 2 months on assistance needed for both events. For the Million Hearts symposium, this may be speakers or breakout session moderators. For the Chronic Disease Conference, the Center will ask the Council for member representation on a planning team for content. Additional representation may be requested closer to the event.

#### **New Information**

- New Location and time –a doodle poll was sent out to Council members
  - Meetings will now be on Thursdays from 4-6pm at DHMH
  - The next meeting is on October 23<sup>rd</sup> and parking will be available. An email will go out to remind council members to send vehicle information.
- Council Bylaws
  - The Council currently does not have ‘official’ bylaws. A workgroup will be formed to put this together. Please email Catherine Cooke if you are interested in serving on this workgroup.
- Legislative Process
  - Dr. Avin will be developing and leading this process.
  - MedChi’s website: <http://medchi.org/law-and-advocacy/legislative-focus>
  - Med Chi produces newsletters every Friday during the session to discuss and summarize proposed healthcare related bills
  - These newsletters can be disseminated to council
  - The Council will be asked to respond to proposed healthcare related bills

- Council asked questions as how to improve and expedite the process: Discussions included sending text messages to members to check email during the legislative session.
- The workgroup will create a document to summarize the process for addressing legislative issues for consideration by the Council.

### **Sodium Reduction in Long-term care, Adult Medical Day Care, and Assisted Living Facilities**

- Submitted a request for comment in November 2013, but it initially began in March 2013, and received 4 comments.
- The goal is for the council members to review the information and provide a recommendation; to identify whether or not there is a need to regulate by the State.
- There was a lot of discussion on the experts, ensuring that we involve dietitians, cardiovascular disease providers, etc.
  - Do any states have regulations that could be reviewed?
  - Could we focus on data that is related to this?
  - Is there a centralized website regarding dietetic options?
  - Are there any heart healthy programs available?
- DHMH will send out the packet of information within the next few weeks describing the process and available evidence.
- Council members feel as though more time will likely be needed after discussing the information presented at the October Council meeting prior to proposing recommendations. We will try and reach consensus off-line, but reserve time at the January 2015 Council meeting to finalize recommendations, if necessary.

### **Goals and Objectives**

- American College of Cardiology (ACC)/American Heart Association (AHA) guidelines- Drs. Miller and Blumenthal will develop a document that is patient friendly and Council members can add it to their websites.
  - A webinar is not needed, if possible maybe a video discussing guidelines
- Ad-Hoc group for Communication Campaign- Council will put together a workgroup to begin these discussions
- Catherine had a brief discussion with Dana to discuss Smoking Cessation opportunities. These will be further discussed at the January 2015 council meeting.

**Meeting Adjourned:** 7:50 pm

**Next Meeting:** Upcoming meeting dates for 2014 are as follows:  
October 23, 2014