

**HEART DISEASE AND STROKE COUNCIL
MEETING MINUTES – October 23, 2014**

MEMBERS & GUESTS PRESENT

Abuzahra, Mohammed (member)	Graham, Leslie (member)	Stern, Barney (member)
Alavi, Reza (guest)	Jordan, Surina Ann (member)	Wozniak, Marcella (member)
Avin, Brian (member)	McLean, Shiela (guest)	
Barr, Nancy Beth (member)	Miller, Mike (member)	
Bellantoni, Michele (guest)	Moncrief, Dana (guest)	
Blumenthal, Roger (member)	Nay, Tricia (guest)	
Celnik, Debi (guest)	Pier, Kristi (guest)	
Conron, Gena (guest)	Reed, Brent (guest)	
Cooke, Catherine (member)	Rogers, Kathy (member)	
Fedder, Michaeline (member)	Silverman, Mike (member)	
Fried, Ashley (guest)	Simon, Judy (guest)	

WELCOME

Council Chairperson Catherine Cooke, PharmD convened the meeting at 4:04 p.m.

Approval of Minutes

- The minutes from the July 23rd meeting were approved at 4:07 pm by majority vote of the attendees after a motion was made by Dr. Brian Avin and a second motion by Dr. Marcella Wozniak to approve the minutes.
- Minutes for upcoming meetings will be sent via email shortly after the meeting for your approval. ****Action Item:** Please email whether you approve the minutes within one week of receiving them.**

Council Updates

- Dr. Roger Blumenthal sent out a summary of the Prevention Guidelines from 2013. Please provide any final edits. The intent is to post on the DHMH website and disseminate among providers.
- Dr. Brian Avin discussed progress on the sugar sweetened beverages, bill that prohibits any beverage other than low-fat milk or bottled water in kids' meals. Other beverage selections will cost extra. Additionally, increases of the tobacco tax and water consumption.
- Dr. Marcella Wozniak anticipates that televideo stroke services between the UMMC and Carroll Hospital will begin in December.
- Dr. Barney. Stern discussed telehealth and the 3 focus groups. A report of the telehealth task force will be submitted to the Governor before the end of the calendar year.
- C. Cooke discussed the new Telehealth Center at the University of Maryland School of pharmacy, opening January 2015. This new center will enable an extended reach of pharmacy services to different patient populations.
- Ms. Fedder, from the American Heart Association discussed increase of tobacco tax, only water or nonfat milk for kids' meals, restriction of e-cigs (exemption of bars and restaurants). If you would like to send a letter of support, submit it to Jack Young.
- Ms. Moncrief, from the Maryland Department of Health and Mental Hygiene, Tobacco Center, discussed obtaining a letter of support from the Council for the Tobacco Center's newest funding opportunity. She will draft something and disseminate.

Department of Health and Mental Hygiene (DHMH) Updates

- Received the CDC 1422 grant—\$3.5 million to target diabetes and heart disease prevention activities in five communities—Baltimore City; Washington, Allegany/Garrett; Caroline/Dorchester; and Somerset/Wicomico/Worcester counties.

Preventive Health and Health Services Block Grant Update

- Kristi Pier (Director, Center for Chronic Disease Prevention and Control) discussed that the Center for Chronic Disease Prevention and Control is planning to release a Request for Bids to fund up to 9 local National Diabetes Prevention Program sites to build referral systems with health systems and provider organizations. Additionally, the Center is working with the National YMCA Diabetes Prevention Program to engage and build DPPs in the 7 local YMCAs in Maryland. DHMH plans to provide funding to all interested Maryland YMCAs to support staff time to build their internal capacity and partnerships to meet the YUSA Diabetes Prevention Program standards.
- The Center for Chronic Disease Prevention and Control continues Million Hearts work in 4 local jurisdictions, including Baltimore City, Washington County, Cecil County, and St. Mary's County. Local health departments will work with health systems, providers, and community partners on efforts to improve the control of hypertension and diabetes through health systems improvements and strengthened community-clinical linkages.
- The Center for Chronic Disease Prevention and Control has started conversations with potential vendors to conduct a gap analysis to assess existing health information technologies in Maryland that facilitate bi-directional data sharing and communication among health care providers, community-based prevention and control programs, and payers.
- The Center continues to collaborate with Health Systems Infrastructure Administration (HSIA) on implementation of local health improvement plans and public health accreditation.

New Information

- The Chair and Co-Chair terms end June 30, 2015. In order to be appointed, you must have served on the Council for 1 year.
- Begin sending nominations and letters of interest after our January 22, 2015 meeting. Voting will occur at the April 23, 2015 meeting. New chairs will begin their term July 1, 2015.
- 3 Council member openings. If you know someone that is interested please email his or her resume to C. Cooke.
- Attendance-Members must attend at least 50% of the meetings in a year; otherwise the member must submit an attendance waiver request.

Acute Stroke Ready Hospital Certification

- Using the Brain Attack Coalition guidelines to establish Stroke System of Care
- Should the Council submit comments? Comments are due by October 29
- Ms. Aycock, from MIEMSS states that there are 2 Comprehensive Stroke Center hospitals, 35 of Maryland's 47 acute care hospitals have been designated as a Primary Stroke Center. The remaining hospitals not currently designated may have limited resources or are situated close to a primary or comprehensive stroke center and the EMS Neurological protocol directs providers to take the possible acute stroke patient to the closest Primary Stroke Center. The majority of the state's population currently lives within a 30-minute ambulance ride to a comprehensive or primary stroke center.

- The certification seems that it will benefit critical care access hospitals where geographical distance to an acute care hospital or Primary Stroke Center is an issue. Having these centers designated as an Acute Stroke Ready Hospital will ensure timely assessment and standardized the treatment and care of the stroke patient.
- ***The Council decided to submit a letter of comment, which discussed that the proposed certification will be of great benefit to those critical care access hospitals where geographical distance to an acute care hospital or Primary Stroke Center is an issue. Having these centers designated as an Acute Stroke Ready Hospital will ensure timely assessment and standardized treatment and care of the stroke patient. ***

Sodium Reduction in Long-term care, Adult Medical Day Care, and Assisted Living Facilities

- Dr. Tricia Nay, Executive Director and Acting Medical Director, Office of Health Care Quality, Maryland Department of Health and Mental Hygiene- presented information on the facilities (Long term care, Assisted Living, and Adult Medical Daycare), which included: patient demographics. Important to note that competent patients have a choice in their foods and facilities can get fined if they do not follow orders.
- Dr. Michele Bellantoni, Associate Professor & Clinical Director, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine- presented information on quality of life, dietary needs, and the role of electrolytes and sodium in the elderly population.
- Teena Felton, registered dietitian, Optum- presented information on the nutrition and dietary guidelines for patients in Long-term care facilities.

Meeting Adjourned: 6:18 pm

Next Meeting: Upcoming meeting dates for 2015 are as follows:

January 22, 2015

April 23, 2015

July 23, 2015

October 23, 2015