Overall Activity:
During the week ending October 17, 2020, overall influenza-like illness (ILI) activity in Maryland was Minimal.

Activity Indicators:
The proportion of visits to Maryland sentinel outpatient providers that were for ILI was 1.0%, which is BELOW the Maryland baseline of 2.0%.

The proportion of visits to the Maryland Emergency Departments that were for ILI was 1.0%.

The proportion of the Maryland Resident Influenza Tracking Survey (MRITS) respondents who reported ILI was 0.0%.

Maryland sentinel clinical laboratories reported testing 738 specimens for flu and 8 (1.1%) tested positive for influenza virus. Of those testing positive, 6 (75%) were influenza Type A and 2 (25%) were influenza Type B.*

The Maryland Department of Health Laboratories Administration tested 34 specimens for influenza and 0 (0%) tested positive.

No influenza outbreaks were reported to the Maryland local health departments this week.

Severity Indicators:
Two influenza-associated hospitalization were reported for the week ending October 17, 2020.*

One influenza-associated adult death was reported for the week ending October 17, 2020.

* Flu antigen test positive, not confirmed by PCR testing.

Where to get an influenza vaccination
Interested in getting a flu vaccine for the 2020-2021 influenza season? Go to https://phpa.health.maryland.gov/influenza/Pages/getvaccinated.aspx and click on your county/city of residence. You will be redirected to your local health department website for local information on where to get your flu vaccine.