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ASTHMA

Asthma is a chronic inflammatory disease of the airways. It can be life threatening. Airway inflammation contributes to limited airflow, hyperresponsive airways, respiratory symptoms, and chronic disease status. Airflow limitation occurs in several forms including acute broncho-constriction, airway edema, mucus plug formation, and airway wall remodeling.

Asthma symptoms may include coughing (worse at night), recurring breathing difficulty, chest tightness, and wheezing. Symptoms occur most often as a person with asthma is exposed to environmental triggers.

The National Institutes of Health (NIH) has developed guidelines to advise the clinician to diagnose asthma through careful medical history taking, physical examination, lung function measurement, and additional testing (as appropriate). The clinician may make the asthma diagnosis by determining that:

• episodic symptoms of airflow obstruction are present
• airflow obstruction as at least partially reversible and
• alternative diagnoses are excluded.

Asthma cannot be cured but it can be controlled. The NIH guidelines also outline effective treatment options which can prevent much of the unnecessary disability and disruption to daily lives due to asthma.

BURDEN OF ASTHMA IN MARYLAND

Asthma impacts personal and public health, quality of life, and economy in Maryland. Asthma in Maryland 2003, prepared by the Maryland Asthma Control Program, describes those Maryland residents directly affected by asthma: an estimated 511,000 adults (12.7%) and 151,000 children (11%) with a history of asthma; more than 32,000 residents treated for asthma in emergency departments in an average year; and approximately 8000 residents hospitalized for asthma in an average year. Even more persons in Maryland are touched by asthma-related problems in their families, schools, workplace, and communities.

Asthma in Maryland 2003 adds that asthma affects some in Maryland more than others. African-Americans, women, young adults, persons with low income and limited education are the adults disproportionately burdened by asthma. Children with asthma with parents who are African-American, Hispanic, unmarried, poor, or with limited education miss a disproportionate number of school days. Emergency department visits and hospitalizations are also disproportionate. Maryland residents who are African-American, female, and/or less than 5 years of age seek and require institutional asthma care most often. Annually over the past five years, an average of 88 Maryland residents has died from asthma. Nearly three times as many African-Americans compared to whites and nearly twice as many women as men have died from asthma.

MARYLAND ASTHMA CONTROL PROGRAM

The Department of Health and Mental Hygiene, Family Health Administration, Center for Maternal and Child Health administers the Maryland Asthma Control Program. The Maryland Asthma Control Program seeks to prevent asthma and maximize the health and well being of children, adolescents, and adults living with asthma. The Program’s objectives are to decrease the prevalence of asthma and the occurrence of its complications in Maryland through education, outreach and surveillance; and to decrease the disparity in health outcomes related to asthma.

MACP convene the Maryland Asthma Planning Task Force, a group of asthma stakeholders including persons with asthma, public and private agencies, educational institutions, asthma care providers, and others, to develop the Maryland Asthma Plan (spring, 2004). The group, now meeting as the Maryland Asthma Coalition, continues to actively pursue the implementation of the Maryland Asthma Plan and other statewide Coalition functions. Direct inquiries to: Maryland Asthma Control Program, Center for Maternal and Child Health, Maryland Department of Health and Mental Hygiene; 201 West Preston Street; Room 317; Baltimore, MD 21201. Phone is 410-767-6713.
INTENT

The **Maryland Asthma Resource Guide** (Guide) is designed to be used by those in Maryland who suffer from asthma, their caretakers, and providers.

The **Guide** is intended to identify national, state, and local resources to:

- support prevention and management of asthma episodes
- support modification of existing resources to minimize duplication
- encourage development of new resources to address current resource gaps
- promote partnering possibilities in all of the above.

The qualitative methods employed to collect the information found in this guide include computer survey, personal interviews, and/or telephone interviews of health care professionals, health department staffs, and others with knowledge of asthma resources in Maryland. Contributors have been invited to edit their comments for accuracy.

The information specialists of the Health Sciences and Human Services Library, University of Maryland propose the following criteria for screening Web site information:

- **Criteria for Web Information**
  - **Sponsorship.** The sponsorship of the site should be easily identified and be a credible source such as a government agency (.gov), educational institution (.edu), organization (.org), medical center or hospital or selected commercial site (.com).
  - **Currency.** The site should be updated frequently with the date of the revision clearly posted.
  - **Factual Information.** Information should be factual and verifiable. If the information represents an opinion, the source should be easily identified.
  - **Audience.** The intended audience should be evident.
  - **Ease of Use.** The site should be easy to navigate and be logically organized.

It is not the intent of the University of Maryland or of the State of Maryland Department of Health and Mental Hygiene to endorse any of the content.

This publication was supported by Grant/Cooperative Agreement Number 04035 from the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention.

The Maryland Department of Health and Mental Hygiene, Family Health Administration, Center for Maternal and Child Health contracted with the University of Maryland, School of Nursing to complete this endeavor. We thank the authors of this publication: Ann F. Yeamans, RN, MS, a community health specialist affiliated with the Environmental Health Education Center at the University of Maryland School of Nursing. Additional contributors include: Brenda Afzal, RN, MS; Janel Parham, RN, MS; Barbara Sattler, RN, Dr. Ph; Claudia Smith, RN, BC, MPH, PhD; and Wendy Thompson, RN, MS.

**State of Maryland Department of Health and Mental Hygiene (DHMH) Discrimination Policy**

The services and facilities of the Maryland Department of health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex, or national origin and applies to the provisions of employment and granting advantages, privileges, and accommodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, program, benefits, and employment opportunities.
GENERAL ASTHMA RESOURCES

AIR QUALITY
Air quality resources provide information which may prevent asthma episodes.

Environmental Protection Agency (EPA) – AIRNow
Internet: www.epa.gov/airnow

Environmental Protection Agency (EPA)– AIRNow – Kids Air
Internet: www.epa.gov/airnow/aqikids_new/

Environmental Protection Agency (EPA)– Maryland Air Quality.
Internet: www.epa.gov/cgi-bin/airnow.cgi?MapDisplay=WHEREILIVE&MapDomain=md

Indoor Air Quality (IAQ) Information Clearinghouse
1-800-438-4318

Maryland Department of the Environment – Air Quality Ozone Forecast.
Internet: www.mde.state.md.us/Air/AirForecast.asp

ALLERGY/ASTHMA EQUIPMENT
Allergy, asthma, and environmental control product resources provide information which may be used to prevent and treat asthma episodes.

Airpure International
24 Roy Street, Suite 203
Seattle, Washington 98109
1-800-858-2932
Internet: www.airpure.com

Allergy and Asthma Technology, LTD
8224 Lehigh Avenue
Morton Grove, Illinois 60053
1-800-621-5545
Internet: www.allergyasthmatech.com/allergyasthmatech/default.asp

Allergy Control Products, Inc.
1-800-422-3878
Internet: www.allergycontrol.com/

Allergy Supply Company
11994 Star Court
Herndon, Virginia 20171
1-800-323-6744
Internet: www.allergysupply.com

DOSER – Meditrack Products
433 Main Street
Hudson, Massachusetts 01749
978-567-9412
Internet: www.doser.com

Monaghan Medical Corporation
5 Latour Avenue, Suite 1600
Plattsburgh, New York 12901
1-800-833-9653
Internet: www.monaghanmed.com
ALLERGY/ASTHMA SPECIALTY PHYSICIAN REFERRAL
Allergy, Asthma and Immunology Physician professional organizations provide assistance in locating an allergy/asthma specialty physician.

American Academy of Allergy, Asthma, and Immunology Physician Referral Directory
1-800-822-ASMA
Internet: www.aaaai.org/physref/

American College of Allergy, Asthma, and Immunology Physician Referral
1-800-842-7777
Internet: www.allergy.mcg.edu/patients/find.html

ASTHMA STATISTICS
Data provides a means to address asthma from a public health perspective.

Asthma in Maryland 2003

Centers for Disease Control and Prevention (CDC) National Center for Health Statistics
Internet: www.cdc.gov/nchs/fastats/asthma.htm

Centers for Disease Control and Prevention (CDC) National Asthma Control Program
Internet: www.cdc.gov/nceh/airpollution/asthma/

National Institutes of Health National Heart, Lung, and Blood Institute
Internet: www.nhlbi.nih.gov/health/prof/lung.asthma/asthstat.htm

INTERNET SITES
The internet provides a broad offering of asthma information on numerous Web sites. Please see Page three for proposed Screening Criteria for Web Information: easily identified sponsor, current updates and revisions, factual and verifiable information, intended audience, and ease of use.

ASK NOAH
• Internet: www.noah-health.org
• Author: New York Online Access to Health (NOAH)
• Provides information about asthma, care, treatment, and links to other resources (English/Spanish)

ASTHMA BUSTERS
• Internet: www.asthmabusters.org
• Author: American Lung Association of Nebraska
• Provides online club for children with asthma, newsletter, and links for school nurses

ASTHMA AND SCHOOLS
• Internet: www.asthmaandschools.org
• Author: National Education Association Health Information Network
• Links teachers, administrators, and other school staff with asthma information and resources
• Provides general asthma information, resource database, and resource submission

ASTHMA MOMS
• Internet: www.asthmamoms.com
• Author: Network of families of children with asthma
• Provides interactive information in English and Spanish
• Provides allergy trigger information, air quality forecasts, asthma background, camp and school information, diagnosis and management guidelines, and statistics

SCHERING PLOUGH
• Internet: www.schoolasthmaallergy.com
• Author: Schering Plough
• Site developed for school nurses and others to provide allergy and asthma information for children, teens, coaches, school nurses, teachers, etc; state specific information including daily pollen count by zip code; teaching tool-kits; online Continuing Education Units (CEUs); and newsletter
MEDICATION ASSISTANCE
Patient assistance programs are available to provide asthma medications at little or no cost to those who qualify.

Asthma Medications for Indigent Patients
  Internet: www.ashp.org/homecare/asthma-resource.cfm
  • Provides listing of asthma medications, pharmaceutical assistance programs, and contact phone information

Maryland Pharmacy Assistance Program (See State Asthma Resources)
  1-800-226-2142
  Internet: www.dhmh.state.md.us/mma/mpap
  • Program administers Medicaid Pharmacy Services, Maryland Pharmacy Assistance Program, and Maryland Pharmacy Discount Program
  • Web site provides income eligibility information

MEDBANK of Maryland, Inc.
  Internet: www.medbankmd.org
  • Non-profit mail order licensed pharmacy serves eligible low-income, chronically ill, underinsured and uninsured individuals in Maryland who meet certain financial criteria
  • Web site provides regional site contact phone information

3M Pharmaceuticals
  3M Center Bldg. 275-6W-13
  St. Paul, Minnesota 55144
  1-800-328-0255
  Internet: www.3m.com

Astra Zeneca Foundation Patient Assistance Program
  PO Box 15197
  Wilmington, Delaware 19850-5197
  1-800-424-3737
  Internet: www.astrazeneca.com

Aventis Pharmaceuticals Patient Assistance Program
  PO Box 759
  Somerville, New Jersey 08876
  1-800-221-4025
  Internet: www.aventis.com

Boehringer Ingelheim Pharmaceuticals Boehringer Ingelheim Cares Foundation, Inc.
  P.O Box 368
  900 Ridgebury Road
  Ridgefield, CT 06877-0368
  1-800-556-8317
  Internet: www.boehringer-ingelheim.com

Forest Pharmaceuticals Patient Assistance Program
  13600 Shoreline Drive
  St. Louis, Missouri 63045
  1-800-851-0758
  Internet: www.forestpharm.com

GlaxoSmithKline, Inc. Bridges to Access
  PO Box 29038
  Phoenix, Arizona 85038-9038
  866-728-4368
  Internet: www.gsk.com (link: bridges to access)
Merck & Company, Inc. Merck Patient Assistance Program
PO Box 690
Horsham, Pennsylvania 19044-9979
1-800-994-2111
Internet: www.merck.com

Pfizer, Inc. Pfizer Connection to Care Program
PO Box 66585
St. Louis, Missouri 63166-6585
1-800-707-8990
Internet: www.pfizer.com

Schering Labs / Key Pharmaceuticals Patient Assistance Program
PO Box 52122
Phoenix, Arizona 85072
1-800-656-9485
Internet: www.schering-plough.com

MEDICATION INFORMATION
The internet provides medication information on numerous Web sites.
MEDLINEplus - Drug Information
- Internet: www.nlm.nih.gov/medlineplus/druginformation.html
- The National Library of Medicine provides prescription and non-prescription drug information in English and Spanish without advertising or endorsement.
NATIONAL ASTHMA RESOURCES

GOVERNMENTAL AGENCIES
Environmental Protection Agency
Ariel Rios Building
1200 Pennsylvania Avenue NW
Washington, D.C. 20460
202-272-0167
Internet: www.epa.gov
• “The Environmental Protection Agency (EPA) develops and enforces regulations that implement federal environmental laws in order to protect human health and the environment.”
• Provides asthma education materials and programs addressing indoor air quality in homes and schools including “Tools for Schools”
• Provides asthma education materials addressing secondhand smoke

Office of Child Health Protection
Ariel Rios Building Room 2512
1200 Pennsylvania Avenue NW
Mail Code 1107A
Washington, DC 20460
202 564-2188
Internet: www.epa.gov/ochp
• “The Office of Child Health Protection (OCHP) makes the protection of children’s health a fundamental goal of public health and environmental protection in the United States.”
• Provides online link to EPA and non-EPA Web sites containing asthma information

Region III Office, The Mid-Atlantic Region
1650 Arch Street
Philadelphia, PA 19103-2029
215-814-5000
Internet: www.epa.gov/region03
• Serves Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia
• Partners with the Department of Health and Human Services Region III Office in collaboration with regional asthma stakeholders to protect Mid Atlantic children with asthma from environmental risk that worsens the disease via the Mid-Atlantic Regional Asthma Initiative (MARAI)
United States Department of Health and Human Services
200 Independence Avenue
Washington, DC  20201
1-877-696-6775
Internet:  www.hhs.gov

• “The Department of Health and Human Services serves as the principal governmental agency for protecting the health of Americans and providing essential human services.”
• Provides links to federal asthma information on Web site  www.hhs.gov

Centers for Disease Control and Prevention
National Center for Environmental Health
1600 Clifton Road
Atlanta, GA 30333
404-639-3311
Internet:  www.cdc.gov/nceh

• “The Centers for Disease Control and Prevention (CDC) works with states and other partners to provide a system of health surveillance, implement disease prevention strategies, and maintain national health statistics.”
• Provides funding to state and local health departments via The National Asthma Control Program to support asthma tracking, intervention, and partnerships to reduce the burden of asthma
• Addresses broad range of environmental topics including asthma as a disease, the National Asthma Control Program, surveillance data, legislation and policy, and Healthy People 2010 on Web site  www.cdc.gov.nceh

National Institutes of Health
National Asthma Education and Prevention Program
National Heart, Lung, and Blood Institute (NHLBI) Health Information Network
PO Box 30105
Bethesda, MD 20824-0105
301-592-8573
Internet:  www.nhlbi.nih.gov or  www.nhlbisupport.com/asthma

• “The National Asthma Education and Prevention Program (NAEPP) addresses asthma in the United States by working to educate patients, health professionals, and the public to raise awareness of asthma, to ensure recognition of asthma symptoms and appropriate diagnoses and to ensure effective asthma control by means of a treatment and education partnership among patients, physicians, and other health professionals.”
• Provides asthma educational materials including asthma management models, books, fact sheets, school and child care information, and videos

National Institute of Allergy and Infectious Diseases
Office of Communications & Public Liaison
6610 Rockledge Drive, MSC 6612
Bethesda, MD 20892-6612
301-496-5717
Internet:  www.naid.nih.gov

• “The National Institute of Allergy and Infectious Diseases (NAID) is the lead agency for immunology research at the National Institutes of Health (NIH).”
• The NAID Inner-City Asthma Study focuses on reducing burden of asthma in inner-city children by researching environmental and physician feedback intervention.
• Provides online listing of current asthma documents

National Institute of Environmental Health Sciences
P.O. Box 12233
Research Triangle Park, NC 27709
919-541-1919
Internet:  www.niehs.nih.gov

• “The National Institute of Environmental Health Science (NIEHS) conducts basic research on environmental health and environment-related diseases.”
• Addresses asthma episode prevention and research, consumer health information (English/Spanish) on Web site  www.niehs.nih.gov
NON-GOVERNMENTAL ORGANIZATIONS

Asterisk (*) identifies national non-government organizations with local chapters in Maryland.

Allergy and Asthma Network/Mothers of Asthmatics, Inc.
2751 Prosperity Ave, Suite 150
Fairfax, Virginia 22031
1-800-878-4403
Internet: www.aanma.org
• “The Allergy and Asthma Network/Mothers of Asthmatics, Inc. (ANMA) is a national non-profit network of families whose desire is to overcome, not cope with, allergies and asthma.”
• Provides “Breatherville”, a unique asthma education site at www.aanma.org
• Provides books, monthly newsletters, online pharmacy information, quarterly magazine, videos, books (English/Spanish)

Allies Against Asthma
University of Michigan School of Public Health
109 South Observatory Street
Ann Arbor, Michigan 48109-2029
734-615-3312
Internet: www.asthma.umich.edu
• “The Allies Against Asthma is a program to improve asthma care for children and adolescents.”
• The Robert Wood Johnson Foundation funds this national demonstration project
• The National Program Office located at the University of Michigan School of Public Health provides overall direction and technical assistance for the initiative
• Provides interactive resource bank and community tools for developing and sustaining effective coalitions

American Lung Association * (See State Asthma Resources)
61 Broadway, 6th floor
New York, New York 10006
212-315-8700
Internet: www.lungusa.org
• “The American Lung Association (ALA) works to prevent lung disease and promote lung health.”
• Advocates for the Clean Air Act and laws that protect citizens from secondhand smoke
• Funds research on causes of and treatments for lung disease
• Provides general information and education for children and adults living with asthma on managing their condition via publications, videos, and online (English/Spanish)
• Teaches children the dangers of tobacco use and helps teenage and adult smokers overcome addiction

Asthma and Allergy Foundation of America * (See State Asthma Resources)
1233 20th Street NW, Suite 402
Washington, DC 20036
202-466-7643
Internet: www.aafa.org
• “The Asthma and Allergy Foundation of America (AAFA) is dedicated to improving the quality of life for persons with asthma and allergies and their caregivers, though education, advocacy and research.”
• Provides asthma information and support via network of local chapters and support groups
• Provides multi-media allergy and asthma education programs to caregivers of those with asthma
• Sponsors research toward better treatments and a cure for asthma and allergic diseases

Children’s Health Environmental Coalition
P.O. Box 1540
Princeton, New Jersey 08542
609-252-1915
Internet: www.checnet.org
• “The Children’s Health Environmental Coalition (CHEC) is dedicated to educating public, specifically parents and caregivers, about environmental toxins that affect children’s health.”
• Identifies environmental health actions which can prevent asthma episodes and listing of current asthma documents on Web site www.checnet.org
PROFESSIONAL ORGANIZATIONS

National professional organizations can provide contact information concerning state and local affiliates.

American Academy of Allergy, Asthma, and Immunology
611 East Wells Street
Milwaukee, Wisconsin 53202
1-800-822-2762
Internet: www.aaaai.org
- “The American Academy of Allergy, Asthma, and Immunology (AAAAI) is the professional organization of practicing allergist/immunologists and allied health professionals dedicated to advancing knowledge and practice of allergic disease and the mission of optimal patient care.”
- Provides allergy and asthma education and information to consumers and patients (English/Spanish)
- Provides allergy and asthma disease management information to members and professionals
- Provides allergy and asthma information releases for media
- Uses educational brochures, newsletters, professional training opportunities and Web site

American Academy of Family Physicians
11400 Tomahawk Creek Parkway
Leawood, Kansas 66211-2672
1-800-274-2237
Internet: www.aafp.org
- “The American Academy of Family Physicians (AAFP) is the professional organization of the medical specialty which provides continuing and comprehensive health care for the individual and the family, encompassing all ages, both sexes, each organ system and every disease entity.”
- Provides allergy and asthma disease management information and online education to members and professionals via Web site www.aafp.org
- Provides allergy and asthma education and information and a review of online asthma resources to consumers, patients, and families via Web site www.familydoctor.org

American Academy of Pediatrics
141 Northwest Point Boulevard
Elk Grove Village, Illinois 60007-1098
847-434-4000
Internet: www.aap.org
- “The American Academy of Pediatrics (AAP) is the professional organization of pediatricians dedicated to the health, safety, and well-being of infants, children, adolescents, and young adults.”
- Provides allergy and asthma disease management information and online education to health care professionals, members, and parents
- Provides pediatric asthma speakers kit

American Association for Respiratory Care
9425 N. MacArthur Boulevard Suite 100
Irving, Texas 75063-4706
972-243-2272
Internet: www.aarc.org
- “The American Association for Respiratory Care (AARC) is the professional organization for respiratory care practitioners dedicated to promoting growth and development in respiratory care professionals.”
- Provides resources including professional news and continuing education opportunities for respiratory therapists
- Provides listing of current asthma documents on Web site www.aarc.org

American College of Allergy, Asthma, and Immunology
85 W. Algonquin Road, Suite 550
Arlington Heights, Illinois 60005
857-427-1200
Internet: www.acaai.org or www.allergy.mcg.edu
- “The American College of Allergy, Asthma, and Immunology (ACAAI) is the professional association of allergists/immunologists dedicated to improving the quality of patient care through research, advocacy, and education.”
- Provides consumer education, practice resources and parameters, and continuing education
American Public Health Association
800 I Street, NW
Washington, DC 20001
202-777-2500
Internet: www.apha.org
- “The American Public Health Association (APHA) brings together public health professionals from more than 50 public health occupations to address issues affecting personal and environmental health.”
- Collaborates with Medscape to provide online asthma information and continuing education opportunities at Web site www.medscape.com

Association of Asthma Educators
1215 Anthony Avenue
Columbia, South Carolina 29201-1701
1-888-988-7747
Internet: www.asthmaeducators.org
- “The Association of Asthma Educators (AAE) works to promote asthma education as an integral comprehensive asthma program, to raise the competence of health care professionals who educate individuals and families affected by asthma, and to raise the standard of care and quality of asthma education delivered to those with asthma.”
- Provides consultation, continuing education, lecture series, speakers bureau and workshops
- Provides asthma educator certification information

National Association of School Health Nurses
1416 Park Street Suite A
Castle Rock, CO 80109
1-866-627-6767
Internet: www.nasn.org
- “School nursing is a specialized practice of professional nursing that advances the well being, academic success, and life-long achievement of students.”
- Provides asthma information to nurses providing asthma care and education to students in the parochial, private and public school settings
- Partners with Centers for Disease Control Division of Adolescent and School Health (CDC-DASH) to provide School Nurse Asthma Management Program (SNAMP), a continuing education asthma management program for school nurses
STATE ASTHMA RESOURCES

GOVERNMENTAL AGENCIES
Maryland Department of the Environment (MDE)
1800 Washington Boulevard
Baltimore, MD 21230
1-800-633-6101/410-537-3000
Internet: www.mde.state.md.us
- Implements the Federal Clean Air Act
- Administers ambient air pollution control programs to improve and maintain air quality
- Addresses Air Monitoring, Air Quality Compliance, Air Quality Permitting, Air Quality Planning, Mobile Sources (including Diesel Emissions), Asbestos and Industrial Hygiene, and Radiological Health on its Web site www.mde.state.md.us

Maryland Department of Health and Mental Hygiene (DHMH)
201 W. Preston Street
Baltimore, MD 21201
410-767-5300
Internet: www.dhmh.state.md.us

FAMILY HEALTH ADMINISTRATION
Center for Maternal and Child Health
Maryland Asthma Control Program
410-767-6713
Internet: www.fha.state.md.us/mch and
Internet: www.MarylandAsthmaControl.org
- Seeks to decrease prevalence of asthma and occurrence of its complication through education, outreach, and surveillance
- Seeks to decrease disparity in health outcomes related to asthma by ensuring that all persons with asthma receive appropriate culturally competent, community-based care and services
- Exists in statute (per Maryland Legislature, 2002) to develop a statewide asthma surveillance system and a state asthma plan and implement an asthma intervention program partnering with community stakeholders, other state and local agencies, and selected private organizations
- Provides The Maryland Asthma Plan (spring, 2004) and Asthma Action Plan (DHMH Form Number: 4643) on websites

Center for Genetics and Children with Special Health Care Needs
Maryland Children’s Medical Services
1-800-638-8864/410-767-1818
Internet: www.fha.state.md.us/genetics
- Assists families of children with chronic medical conditions who are financially eligible based on income and family size

Maryland Office of Primary Care and Rural Health
1-877-4MD-DHMH ext 5301/410-767-5301
Internet: www.fha.state.md.us/opcs
- Assures availability and accessibility of comprehensive primary health care services to all Maryland residents regardless of their ability to pay
- Administers Maryland Primary Care Program to assure access to ambulatory services for some low income adults with conditions that require ongoing care
- Provides information on Federally Qualified Health Centers (FQHC), a comprehensive primary care provider provide care to all persons regardless of ability to pay (governed by consumer-dominated board of directors)
- Provides information on Maryland Qualified Health Centers (MQHC), a non-profit health center that provides same scope of services as a FQHC at discounted fees to low income uninsured
- Provides information on non-profit health centers (HC) and private practices (PRIV) that are not FQHC or MQHC that provide services for discounted fees to low income uninsured
- Provides information for sites in specific jurisdictions via contact phone and/or Web site
Maryland Department of Health and Mental Hygiene (continued)

Maryland Children’s Health Program (MCHP)
1-800-456-8900
Internet: www.dhmh.state.md.us/mma/mchp
• Medicaid provides health care and pharmacy coverage to low income individuals who meet income guidelines.
• MCHP provides health care coverage to low income children (up to age 19 years) and pregnant women of any age who meet income guidelines
• Local health and social service departments can assist with the application process. School nurses can assist individuals or families complete applications and schedule appointments with social services departments.
• Local health departments can provide or arrange transportation to and from medical appointments.

Maryland HealthChoice Program
1-877-463-3464 ext 1482/410-767-1482
• Provides managed care for Medicaid and MCHP recipients
• Eligible Medicaid recipients enroll in one of seven Managed Care Organizations (MCOs) and choose a Primary Care Provider (PCP) to oversee their health care.
• The recipient’s MCO provides the majority of medically necessary health care services.
• MCO enrolled recipients can access several services in the Medicaid fee-for service program: mental health; occupational, physical, and speech therapies; audiology; medical day care; transportation for medical appointments through the local health department; and others.

Maryland Pharmacy Program
1-800-226-2142
Internet: www.dhmh.state.md.us/mma/mpap
• Assists low-income persons with prescription drugs according to financial guidelines of Medicaid Pharmacy Services, The Maryland Pharmacy Assistance Program, and/or The Maryland Pharmacy Discount Program
• Persons eligible for this program are not Medicaid recipients.
• Clients over 65 years of age may qualify for additional programs
• Income eligibility information is available on the Web site www.dhmh.state.md.us/mma/mpap

Maryland Department of Human Resources (DHR)
Child Care Administration
311 West Saratoga Street
Baltimore, MD 21201
1-800-332-6347
Internet: www.dhr.state.md.us/cca
• Provides for availability and quality of child care and improving access of child care for low income families
• Provides for the Maryland State Child Care Credential in six Core of Knowledge domains
• Maintains 12 regional child care licensing and technical assistance offices around the state
• Maintains Healthy Child Care campaign funded by DHMH
• Partners with organizations to improve quality through training (including asthma training)
• Hosts Children and Caregivers: Building Healthy Futures, annual health and safety training conference (including asthma management)

Maryland State Department of Education (MSDE)
Student Services and Alternative Programs
410-767-0313
Internet: www.marylandpublicschools.org
• Addresses school health services in Maryland schools
• Collaborates with other agencies, community organizations, and stakeholder groups
• Coordinates mandated training for school-based staff (other than nurses) who administer medication in school setting
• Informs school health services programs throughout the state regarding asthma via the publication Maryland State School Health Services Guidelines on Management of Students with Asthma in School
• Has provided the Maryland State School Medication Administration Authorization form to local health care providers and school health services programs (form includes addressing emergency medications)

MANAGED CARE ORGANIZATIONS
Managed Care Organizations (MCOs) provide case manager service to assist enrolled clients with asthma, their families, and their providers.

Amerigroup Maryland, Inc.
1-800-600-4441 (Main phone contact)
Internet: www.amerigroupcorp.com

Helix Family Choice
1-888-404-3549 (Main phone contact)
410-933-2226 (Case management phone contact)
Internet: Web site not available at this time

Jai Medical Systems
1-888-524-1999 (Main phone contact)
410-433-2200 (Case management phone contact)
Internet: www.jaimedical.com

Maryland Physicians Care
1-800-953-8852 (Main phone contact)
Internet: www.marylandphysicianscare.com

Priority Partners
1-800-654-9728 (Main phone contact)
Internet: Web site information pending

The Diamond Plan
1-866-533-5154 (Main phone contact)
1-800-727-9951
Internet: www.chcde.com

United Health Care
1-800-318-8821 (Main phone contact)
Internet: www.americhoice.com
MARYLAND CHAPTERS OF NATIONAL NON-GOVERNMENTAL ORGANIZATIONS

American Lung Association of Maryland, Inc.
11350 McCormick Road Suite 600
Hunt Valley, MD 21031
410-560-2120/1-800-LUNG-USA
Internet: www.marylandlung.org

- Provides asthma information materials for children, teens, adults, and elderly addressing asthma as a disease, use of asthma equipment and medications, and home environmental factors such as cockroaches and secondhand smoke (English/ some Spanish)
- Provides “Open Airways for Schools”, multi-cultural asthma self-management program for elementary children 8-12 years of age (English/Spanish) and training for community/school-based presenters
- Sponsors “Camp Superkids”, one-week residential asthma camp for Maryland children 7.5-11 years of age
- Provides annual community-based fund-raising activities including Breath of Life Celebration Gala (April); Chesapeake Bay Asthma Ride Bike Tour (June); and Capital Region Asthma Walk, Eastern Shore Asthma Walk, and Greater Baltimore Asthma Walk (all in October)
- Regional offices in Cumberland, Laurel, Salisbury and Hunt Valley facilitate resource availability including support for local asthma coalition building

Asthma and Allergy Foundation of America, Maryland-Greater Washington D.C. Chapter
1777 Reisterstown Road Suite 290
Baltimore, MD 21208
1-800-727-9333/410-653-2880
Internet: www.aafa-md.org

- Provides direct program services including allergy and asthma specialist locator; one time aid to patients with a demonstrated need such as medication or equipment;
- Provides resident camp for children with allergies or asthma
- Supports community-based asthma care by making “Breathmobile” available in Baltimore City
- Provides asthma educational materials including asthma care training (“ACT Program”) for children, “You Can Control Asthma” workbook for children 6-12 years of age /parents, and “Power Breathing” for teens
- Provides asthma management education including “Asthma Basics for the Athletic Coach”, “Essentials for Child Care Providers” (English/Spanish), and a school education program for school nurses and others
- Provides “Wee Wheezers”, a validated program to be used by health professionals to teach children under seven and parents how to recognize, prevent and manage asthma symptoms. Program is also available as “Wee Wheezers at Home” to be used by health professionals to teach asthma management during home visits. Programs are available in English and Spanish.
- Provides speakers bureau of health professionals and “Meeting in a Box” materials
- Supports allergy and asthma research and hosts conferences for health professionals
- Invites community-based support by individuals

Maryland Committee for Children
608 Water Street
Baltimore, MD 21202
410-752-7588
Internet: www.mdchildcare.org

- Provides a network of 12 Regional Child Care Resource and Referral Centers
- Publishes Maryland Statewide Training Resource Guide
- Maintains a Statewide Training Clearinghouse for child care-related educational materials, organizations, and trainers
LOCAL ASTHMA RESOURCES

ALLEGANY COUNTY

Allegany County Health Department
Box 1745  12500 Willowbrook Road
Cumberland, MD  21501
301-777-5600    Internet:  www.alleganyhealthdept.com

Hospitals with Emergency Departments
Western Maryland Health System:
Memorial Campus:  600 Memorial Avenue, Cumberland, MD  21502
  301-723-4100  Internet:  www.wmhs.com
Sacred Heart Campus:  900 Seton Drive, Cumberland, MD  21502
  301-723-5161  Internet:  www.wmhs.com

Regional Child Care Resource and Referral Center
Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children)
325 West Memorial Boulevard
Hagerstown, MD  21740
301-733-0000

Educational Offerings
Allegany County Health Department
301-777-5688
• School nurses provide school-based asthma management for children and youth in 23 schools.
• School nurses use American Lung Association (ALA) materials to provide “Open Airways” education to 4th and 5th graders in 14 schools.

Cigarette Restitution Fund Program
301-777-5680
• Provides original “Take It Outside!” environmental tobacco smoke campaign utilizing print materials, billboards, etc addressing general community
• Partners with ALA to combine “Take It Outside!” campaign with ALA pledge card program to address families of children in pre-school programs
• Provides smoking cessation materials and programs

Allegany County Human Resources Development Commission, Inc. Head Start
301-724-2547 ext. 113
• Supports parent of child with asthma enrolled in any of six Head Start sites in Allegany County to access provider and manage asthma
• Monitors asthma status
• Uses “A for Asthma” to provide periodic asthma education

Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children)
301-733-0000
• Provides child care resources to residents of Allegany, Garrett, and Washington counties
• Provides periodic asthma education for child care providers. Parents are welcome.
• Projects Director can provide schedule, site, and fee information.

Governor’s Wellmobile
410-706-0141
• Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
• Links clients with health insurance and ongoing health as appropriate
Western Maryland Health System
Memorial Campus
301-777-4000
- Pulmonary rehabilitation staff provides inpatient asthma education.
- On-site pulmonary function laboratory provides lung function assessments (provider order required). Contact 301-723-4238.
- **Pulmonary Rehabilitation Program** provides 12-week medically supervised evaluation, education, and exercise program for outpatient clients with chronic lung problems (provider order required). Contact 301-723-4075.

Sacred Heart Campus
301-759-4200
- Memorial Campus pulmonary rehabilitation staff provides inpatient asthma education.
- On-site pulmonary function laboratory provides lung function assessments (provider order required). Contact 301-723-5037.

Western Maryland Health System Wellness Center
301-759-9355  938 National Highway, LaVale, MD
- Provides care coordination to uninsured adults (19-64 years) for diseases including asthma
- Community Access Program grant funding (ending 8-04) supports 1-1 asthma education and provides asthma equipment to Allegany County residents (sliding scale fee).

Environmental Health

Allegany County Environmental Health Division
301-777-5648 or 5642
- Indoor Air Quality Program utilizes Environmental Protection Agency (EPA) training to investigate concerns and issues.
- School-based partners use “Tools for Schools” program to address environmental concerns as needed.
- Agency provides environmental health web page.

Allegany County Public Schools Plant Operations
301-722-498
- Uses preventive maintenance program to proactively address indoor air quality in county schools
- Partners with Allegany County Health Department Environmental Health Division to provide periodically scheduled indoor air quality training for head custodians
- Maintains school-based building service manual

Support Groups
- None available at this time
ANNE ARUNDEL COUNTY

Anne Arundel County Department of Health
Health Services Building
3 Harry Truman Parkway
Annapolis, MD 21401
410-222-7375 Internet: www.aahealth.org

Hospitals with Emergency Departments
Anne Arundel Medical Center: 2001 Medical Parkway, Annapolis, MD 21401
443-481-1200 Internet: www.aahs.org
North Arundel Hospital: 301 Hospital Drive, Glen Burnie, MD 21061
410-787-4565 Internet: www.northarundel.org

Regional Child Care Resource and Referral Center
Arundel Child Care Connections
77 West Street, Suite 300
Annapolis, MD 21401
410-222-1712 Internet: www.arundelccc.org

Educational Offerings
Anne Arundel County Department of Health
410-222-6838
• School nurses provide asthma health appraisals, case management, and asthma education to K-
  Grade 12 students in 118 schools.
• Asthma education materials are available in English and Spanish.
• School nurses provide “Open Airways” to students with asthma in third grade as schedules permit.
• School nurses provide “Power Breathing” to high school students with asthma and general asthma 
education in physical education classes as schedules permit.

Learn To Live Program
410-222-7979
• Healthy living program for county residents includes information on smoking prevention for youth 
  and adolescents, adult smoking cessation and more.
• Web site: www.aahealth.org (click on Learn To Live)

Anne Arundel Medical Center
Broncho Junction Asthma Camp
• Summer day camp was not held in summer, 2004.

Community Health and Wellness Department
443-481-5360
• Provides periodic asthma education programs to community
• Provides health information on website: www.aahs.org

Respiratory Services Department
443-481-4065
• Provides inpatient asthma management and education
• On-site pulmonary function laboratory provides lung function assessments (provider order required).
• Pulmonary Rehabilitation Program provides medically supervised evaluation, education, and 
exercise program for outpatient clients with chronic lung problems (provider order required).

Arundel Child Care Connections
410-222-1712
• Provides periodic asthma education for child care providers. Parents are welcome.
• Director can provide schedule, site, and fee information.
• Provides training information in quarterly training newsletter and on website: www.arundelccc.org
Community Action Agency Head Start Program  
410-626-1900  
- Partners with family and health care provider of child with asthma enrolled in any of six Head Start centers located in Anne Arundel County to develop individual asthma care plan for that child  
- Provides one to one asthma education to Head Start staff  
- Facilitates Prescription Discount Program to assist caregivers of Head Start children with asthma to obtain asthma medications and equipment

Friends of the Family, Inc  
410-659-7701  
- Provides early Head Start program for pregnant women and children (newborn-three years of age) in Baltimore City or Anne Arundel (southern), Caroline, Cecil, Dorchester or Talbot counties  
- Partners with family and health care provider of child with asthma enrolled in any of the programs to develop individual asthma care plan for that child  
- Provides periodic asthma education for staff and parents  
- Partners with local health agencies and providers for appropriate asthma care and resources

Governor’s Wellmobile  
410-706-0141  
- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing  
- Links clients with health insurance and ongoing health care as appropriate

North Arundel Hospital  
410-787-4484  
- Provides inpatient and emergency department asthma care and education

Camp Airways Asthma Camp  
410-787-4484  
- North Arundel Hospital sponsors one week summer asthma day camp  
- Serves up to 30 children with asthma aged 6-12 years/open to county residents and others  
- Held at the Woods Presbyterian Church in Severna Park (no transportation)  
- Fee of $70 includes snacks and resources (scholarships available)  
- Referrals from parents, school nurses – Apply March-May

Night Time Pediatrics North  
Festival Plaza, 8125 H Ritchie Highway, Pasadena, MD  
410-544-6483  
- Utilizes University of Maryland pediatricians to provide evening and weekend outpatient asthma care and education by appointment

Environmental Health  
Anne Arundel County Department of Health, Division of Community and Environmental Health  
410-222-7363  
- Program addressing air quality is concern-responsive

Anne Arundel County Public Schools, Operations Division  
410-360-0138  
- Utilizes pro-active preventive maintenance program to address heating, ventilation, air conditioning (HVAC) and exhaust systems; integrated pest management program; and other initiatives to reduce asthma triggers in 125 buildings

Support Groups  
- None available at this time
BALTIMORE CITY

Baltimore City Health Department
210 Guilford Avenue 3rd Floor
Baltimore, MD 21202
Internet: www.ci.baltimore.md.us

Hospitals with Emergency Departments

Bon Secours Hospital: 2000 West Baltimore Street, Baltimore, MD 21223
   410-362-3075

Good Samaritan Hospital: 5601 Loch Raven Boulevard, Baltimore, MD 21239
   410-532-4040 Internet: www.goodsam-md.org

Johns Hopkins Bayview Medical Center: 4940 Eastern Avenue, Baltimore, MD 21224
   410-550-0350 Internet: www.hopkins-allergy.org

Maryland General Hospital: 301 St. Paul Place, Baltimore, MD 21202
   410-550-0350 Internet: www.mdmercy.com

Mercy Medical Center: 301 St. Paul Place, Baltimore, MD 21202
   410-332-9477 Internet: www.mdmercy.com

Sinai Hospital of Baltimore: 2401 West Belvedere Avenue, Baltimore, MD 21215
   410-601-8800 Internet: www.lifebridgehealth.org/sinahospital

St. Agnes HealthCare: 900 Caton Avenue, Baltimore, MD 21229
   410-368-2000 Internet: www.stagnes.org

The Johns Hopkins Hospital: 600 North Wolfe St., Baltimore, MD 21287
   410-955-2280 Internet: www.hopkinsmedicine.org

Union Memorial Hospital: 201 East University Parkway, Baltimore, MD 21218

University of Maryland Medical Center: 22 South Green Street, Baltimore, MD 21201
   410-328-9595 Internet: www.umm.edu

Regional Child Care Resource and Referral Center

Baltimore City Child Care Resource Center
1645 Ridgley Street Suite 200
Baltimore, MD 21230
410-685-5150 Internet: www.bcccrc.org

Educational Offerings

Baltimore City Child Care Resource Center
410-685-5150
- Provides periodic asthma education to licensed child care providers and other interested persons
- Training director can provide schedule, site, and fee information
- Provides training information on website: www.bcccrc.org

Baltimore City Head Start
410-396-7414
- Partners with provider and family of child with asthma to develop individual asthma care plan for child with asthma enrolled in any of 17 Head Start programs located in Baltimore City
- Partners with University of Maryland School of Medicine to schedule the Breathmobile at two Head Start program sites
- Partners with Baltimore City Health Department Childhood Asthma Program to assist family of child with asthma to link with provider and obtain asthma medication and equipment as appropriate
- Partners with The Johns Hopkins and University of Maryland Schools of Medicine on the A+ Asthma Study: Improving Asthma Care for Children in Head Start to provide:
  - specialist asthma care through the Breathmobile to pre-school children with asthma at selected Head Start sites
  - training to parents to help them better communicate information regarding their child’s asthma to the child’s health care provider
  - site-based group asthma education to all interested children, their parents, and Head Start program staff
Baltimore City Health Department
Baltimore City Childhood Asthma Program
410-361-9645
- Utilizes asthma advocacy, education, and direct service; environment information; home visits; and research to address needs of child with asthma under six years of age in Baltimore
- Provides asthma education materials in English, Korean, and Spanish
- Provides mattress covers, peak flow meters, spacers as appropriate

Baltimore City School Health Assessment Program
410-396-4604
- Serves Baltimore City Public Schools students six years of age and older with asthma, their parents/caregivers, and Baltimore City Health Department school health staff including health suite aides, contractual and civil service school nurses
- Provides support to students, families, and staff regarding health insurance, asthma equipment, medication, and education
- Facilitates staff asthma training and provides asthma education materials including “Open Airways” (elementary), “Power Breathing” (middle and high school), “Starbright”, and materials to observe May as Asthma Awareness Month.

Baltimore City School Health Services
410-396-3185
- School nurses provide asthma management and asthma education to K-Grade 12 students in 185 schools
- Asthma education materials are available in
- School nurses provide “Open Airways” to students with asthma in upper elementary grades as schedules permit
- School nurses provide “Power Breathing” to students with asthma in high school as schedules permit
- Partners with University of Maryland School of Medicine to schedule Breathmobile at school sites

Tobacco Health Coalition
410-396-9932
- Utilizes Cigarette Restitution Funds to fund mini-grants in four program categories: community-based, enforcement, school-based, and tobacco use cessation
- Focuses on African-American, Asian-American, and Hispanic persons; pregnant women; pre-school children and families; school-aged children and youth; and college-aged persons
- Invites community members to join the coalition which meets annually (January/February) to establish priorities and develop an annual action plan for awarding the CRF monies

Baltimore City Public Schools Elementary Curriculum “Breathing Easier”
410-396-8811
- Program funded by Centers for Disease Control and Prevention, Division of Adolescent and School Health (CDC-DASH)
- Provides asthma education for all students and staff so as to improve quality of life and educational outcomes for child with asthma
- Provides mini-grants to school faculty for school-based projects which include but are not limited to: presenting health fairs for students; establishing asthma action teams in all schools; assuring that all students diagnosed with asthma have an Asthma Action Plan on file; using “Tools for Schools” to survey environmental issues in schools; implementing Starbright’s “Quest for the Code” technology-based asthma education program; infusing asthma activities into reading activities; providing professional development to all staff regarding the recognition and prevention of asthma triggers, exercise-induced asthma, and asthma emergencies; providing asthma education activities for parents; and providing school-wide activities that include parent, staff, students and community partners

Bon Secours Hospital
410-362-3592
- Multi-discipline team provides asthma care and education as appropriate for adults and children in the Emergency Department setting and in future will include patients.
- Provides asthma education to community groups upon request.
Good Samaritan Hospital
410-532-4097
- Uses asthma protocol to provide asthma care and education in the Emergency Department and inpatient setting
- On-site pulmonary function laboratory provides lung function assessments (provider order required).
- **Pulmonary Rehabilitation Program** provides an 18-session medically-supervised evaluation, education, and exercise program for outpatient clients with chronic lung problems (provider order required).

Greater Baltimore Asthma Alliance
410-396-4452
- Exists as a community partnership of individuals and organizations with an interest in asthma
- Promotes optimum health and quality of life of persons affected by asthma by increasing awareness, knowledge and the use of effective asthma treatments and resources
- Intends to accomplish its mission by:
  - advocating for persons affected by asthma, with a primary focus on those with the highest identified need
  - promoting optimum health and quality of life of persons affected by asthma
  - providing opportunities to increase awareness, knowledge and the use of effective asthma treatments and resources
  - facilitating community partnerships of individuals and organizations with an interest in asthma promoting awareness of asthma activities in the greater Baltimore area

Mercy Medical Center
Respiratory Care Services
410-332-9173
- Provides individual inpatient asthma care and education to adults with asthma as appropriate
- On-site pulmonary function laboratory provides lung function assessments (provider order required)

Sinai Hospital of Baltimore
Respiratory Care
410-601-5717
- Provides multidisciplinary asthma care and education in Emergency Department and inpatient setting
- On-site pulmonary function laboratory provides lung function assessments (provider order required)
- **Pulmonary Rehabilitation Program** provides medically-supervised evaluation, education, and exercise program for out-patient clients with chronic lung problems (provider order required).
- Staff is available to provide asthma education in the community setting especially to children via school programs and/or other activities.

St. Agnes HealthCare
Family Health Resource Center
410-368-3216
- Community Outreach Nurse provides 6-week asthma education program for students with asthma who attend West Baltimore Middle School.
- Provides asthma club for 7th and 8th graders serving nearly 10% of students diagnosed with asthma

Respiratory Care Department
410-368-2040
- Uses asthma protocol to provide asthma care and education to adults and children in the adult and chest pain Emergency Departments, in the pediatric Emergency Department and in the inpatient setting
- On-site pulmonary function laboratory uses state-of-the-art equipment to provide lung function assessments to inpatient and outpatient clients (provider order required)
- **Certified Pulmonary Rehabilitation Program** provides medically-supervised evaluation, education, and exercise program for out-patient clients with chronic lung problems (provider order required).
The Johns Hopkins Health System
Johns Hopkins Bayview Medical Center
410-550-0562

Camp Superkids
410-560-2120 (American Lung Association of Maryland)
- Partners with American Lung Association of Maryland to provide annual one week sleepover camp serving up to 64 children state-wide (Camp is held in summer in Montgomery County.)
- Fee is $300 per week (scholarships available).
- Principals and school nurses distribute brochures in February.

Respiratory Care Services
410-550-0562
- Uses critical pathway following NIH guidelines for diagnosing and managing asthma
- Partners with physicians and nurses to provide multidisciplinary asthma care and education
- Provides peak flow meter for ongoing asthma self-management to anyone receiving Emergency Department or inpatient asthma care
- Provides asthma education via community outreach at health fairs and other community events
- On-site pulmonary function laboratory provides lung function assessments for inpatient and outpatient clients (provider order required).

Pulmonary Rehabilitation Program welcomes asthmatics and others with chronic lung conditions to participate in a medically supervised evaluation, education and exercise program (provider order required).

The Johns Hopkins Asthma and Allergy Center (at Bayview)
410-550-2300
- Provides evaluation, treatment and research to serve children and adults with allergies, asthma, and other immunological disorders in a facility combining outpatient clinics and research laboratories
- Provides education for providers who wish to specialize in treating persons with these conditions
- Provides referral information per phone or on Web site: www.hopkins-allergy.org

Johns Hopkins School Of Medicine Division of Pulmonary and Critical Care Medicine
A+ Asthma: Improving Asthma Care for Children in Head Start
410-550-1505
- Partners with the University of Maryland School of Medicine Department of Pediatrics and Baltimore City Head Start to provide:
  - specialist asthma care through the Breathmobile to pre-school children with asthma at selected Baltimore City Head Start sites
  - training to parents to help them better communicate information regarding their child’s asthma to the child’s health care provider
  - site-based group asthma education to all interested children, their parents, and Head Start program staff

Johns Hopkins School of Nursing
A+ Asthma Rural Partnership Study
1-866-800-2739 (toll-free) or 410-614-4104
- National Institutes of Nursing Research (NINR) funds study
- Program examines effectiveness of school-based asthma education on quality of life of participating elementary children with asthma, their parents, and school health personnel in Caroline, Cecil, Dorchester, Kent, Queen Anne’s, Talbot and Worcester counties

The Johns Hopkins Hospital
Respiratory Care Services
410-955-5303
- Provides inpatient asthma management and education for children with asthma
- Nurses provide Emergency Department asthma care for adults with asthma. Respiratory therapists provide inpatient asthma care for adults, including provisions of a peak flow meter.
- Provides asthma education to the community via health fairs and other community events.
Union Memorial Hospital
Respiratory Care
410-554-2000
• Uses asthma protocol for children and adults in Emergency Department
• Provides multidisciplinary inpatient asthma education for children and adults
• On-site pulmonary function laboratory provides lung function assessments (provider order required)
• Provides pulmonary function screenings at health fairs and other community events as requested
• Provides asthma information on Web site: www.unionmemorial.org

University of Maryland Medical System
Maryland General Hospital
410-225-8016
• Provides multi-disciplinary asthma care and education in the Emergency Department and inpatient setting
• On-site pulmonary function laboratory provides lung function assessments to inpatient and outpatient clients (provider order required)
• Provides lung function screenings at health fairs and other community events as requested

Mt. Washington Pediatric Hospital
410-578-8600
• Provides on-line link to asthma information for children at: www.mwph.org
• Provides inpatient care for asthma and other health conditions
• Partners with Johns Hopkins Department of Pediatric Pulmonology to provide outpatient care for children with asthma and/or other pulmonary diseases in the Mount Washington outpatient facility (Contact phone is 410-955-2035.)
• Pulmonary Rehabilitation Program teaches patients with asthma, chronic lung disease, and other breathing conditions. (Contact phone is 410-367-2222.)

University of Maryland School of Medicine Division of Pulmonary and Critical Care
Asthma Treatment Center
410-605-7000 ext 5762
• Provides consultation, treatment, and research services for adults with asthma

University of Maryland School of Medicine Division of Pediatric Pulmonology and Allergy
410-706-2443
• Provides evaluation, management and education for children with asthma and their families
• Provides services to physicians including consultation, evaluation and special procedures
• Services include research in the Emergency Department, inpatient, outpatient, and community setting

Breathmobile Program
410-706-4000
• Provides community-based asthma diagnosis and management services to Baltimore City children with asthma at scheduled school and Head Start program sites in a mobile asthma clinic setting
• Supporting partners include University of Maryland Hospital for Children; Asthma and Allergy Foundation of America, Maryland-Greater Washington, D.C Chapter; Apple Ford, Baltimore City Public Schools; Maryland State Department of Education; Maryland Department of Health and Mental Hygiene; and GlaxoSmithKline.

University of Maryland School of Nursing
Governor’s Wellmobile
410-706-0141
• Utilizes this mobile clinic to provide care for asthma and other health needs to uninsured adults and children by appointment at scheduled sites in Allegany, Anne Arundel, Caroline, Dorchester, Garrett, Kent, Montgomery, Prince George’s, Wicomico, and Worcester counties
Environmental Health
Baltimore City Health Department Environmental Health
311 (Baltimore City contact phone)
- Environmental sanitarians respond to air quality issues that may include mold concerns for tenant-occupied housing, odor concerns, and dust from demolition sites

Baltimore City Public Schools
410-396-6534
- Proactively addresses school-based environmental indoor air quality by using a preventive maintenance program
- Partners with Baltimore City Department of Public Works, Baltimore City Health Department and/or Baltimore City Safety Office to address indoor air and mold concerns as appropriate
- Contracts for assessment and remediation responses as needed
- Activating Health and Safety Office with responsibilities to include addressing indoor air quality, coordinating maintenance staff training, and coordinating and monitoring contractor services

Support Groups
- None available at this time
BALTIMORE COUNTY

Baltimore County Department of Health
Drumcastle Government Center, 3rd floor
6401 York Road
Baltimore, MD 21212
410-887-3740 Internet: www.co.ba.md.us /link: Health

Hospitals with Emergency Departments
Franklin Square Hospital Center: 9000 Franklin Square Drive, Baltimore, MD 21237
443-777-7357 Internet: www.franklinsquare.org
Greater Baltimore Medical Center: 6701 N. Charles Street, Baltimore, MD 21204
410-849-2226 Internet: www.gbm.org
Northwest Hospital Center: 5401 Old Court Road, Randallstown, MD 21133
410-521-5950 Internet: www.lifebridgehealth.org /link: Northwest
Saint Joseph Medical Center: 7601 Osler Drive, Towson, MD 21204-7582
410-337-1226 Internet: www.sjmcmd.org

Regional Child Care Resource and Referral Center
Child Care Links
1101 North Point Boulevard, Suite 112
Baltimore, MD 21224
410-288-5942 Internet: www.childcarelinks.net

Educational Offerings
Baltimore County Department of Health
Health Education and Staff Development
410-887-3078
• Provides asthma education materials and referrals to asthma resources
Tobacco Prevention Program
Program privatized 7/1/04: contact telephone pending
• Uses Cigarette Restitution mini-grants to fund eight grass-roots community projects addressing smoking prevention and environmental tobacco smoke including:
  • American Cancer Society QUITLINE Project uses phone contact to support smoking cessation
  • American Lung Association provides smoking cessation programs
  • Faith-based ACHIEVE Program targets youth to make positive decisions and to seek success in life including saying "NO to Tobacco" and addressing the dangers of environmental tobacco smoke
  • Children’s Theater Program promotes environmental tobacco smoke awareness in middle school students
  • DISCOVERY Program promotes environmental tobacco smoke awareness in elementary school students

Baltimore County Public Schools School Health Services
410-887-6368
• School nurses provide school based asthma care and education for preK–12th grade students and asthma education to parents, care givers, and school staff in 163 schools.
• School nurses use peak flow monitoring and nebulizers in schools as appropriate.
• Health staff in 14 school-based wellness centers provide medical care for students with asthma including both ongoing monitoring as well as management of acute exacerbations.
• Will provide original peak flow meter power point education program, asthma protocol, and other handouts as requested

Child Care Links
410-288-5942
• Provides LOCATE Child Care resources for Baltimore County resident parents seeking child care
• Provides periodic asthma education to licensed child care providers. Parents welcomed.
• Training Coordinator can provide schedule, site, and fee information by phone or per Web site: www.childcarelinks.net .
Franklin Square Hospital Center  
Cardiopulmonary Department  
443-777-7325  
- Provides inpatient asthma education using respiratory therapy education protocol (print materials and return demonstrations for adults; video and print materials and return demonstrations for children as appropriate)  
- On-site pulmonary function laboratory provides lung function assessment (provider order required)  
- **Pulmonary Rehabilitation Program** provides medically supervised evaluation, education, and exercise program for out-patient clients with chronic lung problems (provider order required)  

Health Education Center  
443-777-7900  
- Annually incorporates **Asthma Management Fair** within **Community Harvest Fair** event whereby pediatric and family practice physicians present creative and unique asthma education experiences (To be held October 23, 2004)  
- Web site includes asthma information in on-line health library: www.franklinsquare.org.

Greater Baltimore Medical Center  
Community Relations  
443-849-2400  
- Provides health fair, health screening, and workplace program information per phone or on Web site: www.gbmc.org

Respiratory Care Department  
443-849-2000  
- Utilizes pediatric asthma pathway to provide aggressive emergency department and inpatient asthma care  
- Nursing and respiratory care staffs provide asthma education.  
- On-site pulmonary function laboratory assesses lung function (provider order required).

Northwest Hospital Center  
Cardiopulmonary Services  
410-521-5526  
- On-site pulmonary function laboratory provides lung function assessments (provider order required).  
- **Pulmonary Rehabilitation Program** provides medically supervised evaluation, education, and exercise program for out-patient clients with chronic lung problems (provider order required).  
- **Respiratory Therapy Services:**  
  - Provides asthma screenings and healthy lung education at community events in Baltimore and Carroll counties.  
  - Provides respiratory therapy career education in Baltimore County Public Schools.  
  - Partners with Community College of Baltimore County (Essex Campus) in Respiratory Care Therapist Program.

Saint Joseph's Medical Center  
Community Outreach Department  
410-337-1479  
- Provides smoking cessation program in three sessions for adolescents and ongoing smoking cessation classes for adults  
- Provides class information per phone or on Web site: www.sjmc/md.org

Respiratory Care  
410-337-1510  
- Provides inpatient and outpatient asthma education  
- On-site pulmonary function laboratory provides lung function assessments (provider order required)

YMCA Baltimore County Head Start Program  
410-285-7030  
- Supports parent/caregiver of child with asthma enrolled in any of ten Head Start sites in Baltimore County  
- Partners with Baltimore County Department of Health to provide periodic asthma education to staff  
- Partners with Amerigroup to provide asthma education to parents  
- Links families with Baltimore County Department of Health Resource Centers for health insurance, ongoing asthma care connections, asthma management equipment and medications as needed
Environmental Health
Baltimore County Department of Environmental Protection and Resource Management
410-887-4065
- Refers persons with air quality and/or mold concerns to Maryland Department of Environment at 1-800-633-6101 (ext 3200 for indoor air and mold concerns; ext 3220 for outdoor air and emissions concerns)

Baltimore County Public Schools Department of Physical Facilities
410-887-6300
- Utilizes contracted services to deliver a preventive maintenance program on critical equipment
- Maintains an integrated pest management program with an experienced team of BCPS staff with certifications in various pest management techniques
- Meets regularly to prioritize facilities-related issues; proactively addresses building maintenance and mechanical equipment concerns that could develop into indoor air quality and moisture problems
- Maintains lists of latex-sensitive and chemical-sensitive students and staff
- Environmental Services Section conducts all indoor air quality investigations and consults with Customer Service and/or Maintenance staff for health follow-up and facility repairs as appropriate

Support Groups
- None available at this time
CALVERT COUNTY

Calvert County Health Department
P.O. Box 980
975 Solomons Island Road
Prince Frederick, MD 20678
410-535-5400 / 301-855-1353  Internet: www.calverthealth.org

Hospital with Emergency Department
Calvert Memorial Hospital: 100 Hospital Road, Prince Frederick, MD 20678
410-535-8344  Internet: www.calverthospital.com

Regional Child Care Resource and Referral Center
Southern Maryland Child Care Resource Center
29958 Kilpeck Creek Court
Charlotte Hall, MD 20622
301-290-0040  Internet: www.smccrc.org

Educational Offerings
Calvert County Health Department
410-535-5400
• Provides “Single Point of Entry” service to assist with resource access for children with special
  needs (including asthma)

Calvert County Tobacco Coalition
410-535-5400
• Meets quarterly to promote healthy behaviors, address means of tobacco use prevention and
  cessation services, and increase public awareness of the harmful effects of environmental tobacco
  smoke
• Cigarette Restitution Fund provides funding to award mini-grants to community organizations and
  agencies for program development and implementation in accord with Coalition priorities

Calvert County Public Schools
410-535-7240
• School nurses provide school-based asthma management including direct service, asthma
  education, advocacy, and environment information to children with asthma in preschool through
  grade 12 in 22 schools.
• School nurses use “Asthma Care Training” (ACT) materials as scheduling permits.
• Provides asthma information in English and Spanish.

Calvert Memorial Hospital
Cardiopulmonary Department
410-535-8311
• Provides inpatient and Emergency Department patient asthma education
• Provides free pulmonary function screenings at community health fairs and other community events
• On-site pulmonary function laboratory provides lung function assessments (provider order required).

Community Wellness Department
410-535-8233
• Serves as clearinghouse for community requests for information, education, and referrals for care
• Partners with Cardiopulmonary Department to provide pulmonary function screenings in community

Twin Beaches Community Health, an affiliate of Calvert Memorial Hospital
410-257-7279
• Provides primary and preventive care to address asthma and other health needs in uninsured,
  insured, and self-pay adults and children
Southern Maryland Child Care Resource Center
301-290-0040
• Provides child care resources to residents of Calvert, Charles, and St. Mary’s Counties
• Provides periodic asthma education for licensed child care providers. Parents welcome
• Training Director can provide schedule, site, and fee information
• Training information also available on Web site: www.smccrc.org

Southern Maryland Tri County Community Action Head Start Program
301-274-4474 ext. 225
• Supports parent of child with asthma enrolled in Calvert, Charles, or St. Mary’s County Head Start
to access provider, obtain written asthma plan, and manage asthma
• Provides nebulizer for site use with child’s tubing as ordered
• Utilizes local health care providers to present periodic asthma education to staff and parents

Environmental Health
Calvert County Health Department Division of Environmental Health
410-535-3922
• Responds to air quality and mold concerns by providing information and referrals as appropriate.

Calvert County Public Schools
410-535-7280
• Uses preventive maintenance program
• Uses upgraded assessment equipment and staff with advanced training to be concern-responsive
regarding indoor air quality, mold, and other issues
• Uses “Tools for Schools” model to support active indoor air quality committees in several schools

Support Groups
• None available at this time
CAROLINE COUNTY

Caroline County Health Department
403 South 7th Street
P.O. Box 10
Denton, MD 21629
410-479-8000 Internet: www.carolinehd.org

Hospital with Emergency Department
None
- Residents utilize Shore Health System Hospital, Easton MD or Kent General Hospital, Dover DE

Regional Child Care Resource and Referral Center
Chesapeake College Child Care Resource Center
Chesapeake College, Room E104
P.O. Box 8
Wye Mills, MD 21679
410-822-5400 Internet: www.chesapeake.edu/partners/cccrc.asp

Educational Offerings
Caroline County Health Department
410-479-8080
- Local health care providers refer for allergy and asthma specialty care in Talbot County
- Programs pending to address environmental tobacco smoke impact on children

Caroline County Public Schools
410-479-8000
- School nurses provide school based asthma care to students in nine schools.
- Agencies partner to provide asthma care in six school based wellness centers.
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff.

Chesapeake College Child Care Resource Center
410-822-5400
- Provides child care resources to residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties
- Provides training information via phone or on Web site: www.chesapeake.edu/partners/cccrc.asp

Friends of the Family, Inc
410-659-7701
- Provides early Head Start program for pregnant women and children (newborn-three years of age) in Baltimore City or Anne Arundel (southern), Caroline, Cecil, Dorchester or Talbot counties
- Partners with family and health care provider of child with asthma enrolled in any of the programs to develop individual asthma care plan for that child
- Provides periodic asthma education for staff and parents
- Partners with local health agencies and providers for appropriate asthma care and resources

Governor's Wellmobile
410-706-0141
- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
- Links clients with health insurance and ongoing health care as appropriate
Maryland Rural Development Corporation Head Start Program
410-482-2585/ext 17
- Supports parent of child with asthma enrolled in Caroline, Cecil, or Harford County Head Start to access provider and manage asthma
- Monitors asthma status
- Partners with American Lung Association to provide periodic asthma education for educational and health services staff
- Utilizes American Lung Association “Clean Air/Tools for Schools” program information

Shore Kids Camp (Shore Health System Asthma and Diabetes Camp)
410-882-1000 ext 5286
- Shore Health System sponsors annual summer day camp (July 19-22, 2004, in Easton, MD).
- Serves 10 children with asthma and 10 children with diabetes ages 7-12 years from Caroline, Dorchester, and Talbot counties (no transportation)
- Fee is $50 (scholarships available).
- Brochure available per contact phone

Environmental Health
Caroline County Health Department Environmental Health
410-479-8045
- Agency is concern-responsive.

Caroline County Public Schools Maintenance Department
410-479-1210
- Uses preventive maintenance program with emphasis on proactive practices to address indoor air quality in county schools
- Partners with school nurses to monitor illness patterns
- Partners with environmental testing service to monitor moisture and to process air samples

Support Groups
- None available at this time
CARROLL COUNTY

Carroll County Health Department
P.O. Box 845
290 S. Center Street
Westminster, MD 21158-0845
410-876-2152  Internet: www.carr.org/cchd

Hospital with Emergency Department
Carroll Hospital Center: 200 Memorial Avenue, Westminster, MD 21157
410-871-6700  Internet: www.ccgh.com

Regional Child Care Resource and Referral Center
Child Care Choices
263 West Patrick Street
Frederick, MD 21701
1-800-753-6841

Educational Offerings
Carroll County Health Department
Cigarette Restitution Fund Program
410-876-4443

• Provides a variety of smoking cessation materials and programs including:
  • free membership in on-line smoking cessation program at www.quitnet.com for persons with Carroll County zip code
  • free smoking cessation classes starting every other month with nicotine patch vouchers ($15 value) for participants

• Provides ongoing environmental tobacco smoke education to support smoke free public space for children including “Thank you for not smoking” signs in parks, schools, etc.

• Provides smoking cessation program and support group promoting alternative coping skills for pregnant women

• Provides minority youth tobacco prevention program

• Publishes quarterly newsletter

Community Clinic
410-876-4949

• Nurse practitioner provides clinical asthma care and education to financially eligible, uninsured Carroll County adults (19-64 years of age).

Carroll County Public Schools
410-751-3124

• School nurses provide school based asthma management, patient education, and advocacy in 40 county schools.

• School nurse provides “Open Airways” asthma education to Manchester Elementary School students with asthma in an after-school program.

Carroll Hospital Center
Cardiopulmonary Services
410-871-6514

• Provides inpatient asthma management education

• Considering program development to address need for asthma education as follow-up to Emergency Department visits at Carroll Hospital Center

Learning Center
410-871-6841

• Learning Center will facilitate asthma education programs as requested.
Catholic Charities Head Start of Carroll County
410-871-2450
- Supports parent of child with asthma enrolled in any of six Head Start sites in Carroll County to access provider and manage asthma
- Monitors asthma status
- Partners with Carroll County Health Department to provide asthma education to staff and parents
- Periodically uses “A is for Asthma” materials

Child Care Choices
1-800-753-6841
- Provides child care resources to residents of Carroll and Frederick counties
- Provides periodic asthma education for child care providers. Parents are welcome.
- Training Director can provide schedule, site, and fee information

Environmental Health
Carroll County Board of Education Plant Operations
410-751-3000
- Agency is concern-responsive.
- Provides enhanced indoor air quality training for building service supervisors of 40 schools
- Provides preventive maintenance program and school-based school environmental health program using EPA “Tools for Schools” model
- Written report addressing indoor air quality assessment of all relocatable units is pending.

Carroll County Health Department Bureau of Environmental Health
410-876-1884
- Carroll County Health Department will review asthma issues in its environmental health strategic planning process.

Support Groups
- See Cigarette Restitution Fund Program
CECIL COUNTY

Cecil County Health Department
John Byers Health Center
401 Bow Street
Elkton, MD 21921
410-996-5550
Internet: www.cecilcountyhealth.org

Hospital with Emergency Department
Union Hospital of Cecil County: 106 Bow Street, Elkton, MD 21921
410-392-7061
Internet: www.uhcc.com

Regional Child Care Resource and Referral Center
Open Doors Child Care Resource Center
1250 Brass Mill Road, Suite 5
Belcamp, MD 21017
410-297-6590
Internet: www.opendoorscareercenter.org

Educational Offerings
Cecil County Health Department
410-996-5168

Tobacco Task Force
Tobacco Use Prevention and Cessation Program
410-996-5168
- Provides Pre-Quit Classes, Stop Smoking Classes and Nicotine Patch Program for eligible residents throughout the community.
- Provides Smoke Free Moms Program and Secondhand Smoke Educational Session to pregnant women and parents with young children.
- Trains minority volunteers in tobacco use prevention and cessation services.
- Awards mini-grants for community tobacco use prevention activities.

Cecil County Public Schools
410-996-5400
- School nurses provide asthma management and informal one to one asthma education to students with asthma in 29 schools.
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff in two schools.

Friends of the Family, Inc
410-659-7701
- Provides early Head Start program for pregnant women and children (newborn-three years of age) in Baltimore City or Anne Arundel (southern), Caroline, Cecil, Dorchester or Talbot counties
- Partners with family and health care provider of child with asthma enrolled in any of the programs to develop individual asthma care plan for that child
- Provides periodic asthma education for staff and parents
- Partners with local health agencies and providers for appropriate asthma care and resources

Maryland Rural Development Corporation Head Start Program
410-482-2585/Ext 17
- Supports parent of child with asthma enrolled in Caroline, Cecil, or Harford County Head Start to access provider and manage asthma
- Monitors asthma status
- Partners with American Lung Association to provide periodic asthma education for educational and health services staff
- Utilizes American Lung Association’s “Clean Air/Tools for Schools” program information
Open Doors Child Care Resource Center
410-297-6590
• Provides child care resources to residents of Cecil and Harford counties
• Provides periodic asthma education to child care providers
• Training director can provide schedule, site, and fee information.
• Web site: www.opendoorscareercenter.org

Union Hospital Respiratory Care Department
410-398-4000
• Provides inpatient asthma care and education
• Pulmonary function laboratory provides outpatient lung assessments (provider order required).

Environmental Health
Cecil County Health Department Environmental Health Services
410-995-5160
• Agency is concern-responsive.

Cecil County Public Schools Indoor Air Quality Program
410-996-5495
• Utilizes team effort to complete scheduled and concern responsive assessments
• Utilizes preventative maintenance, integrated pest management, and green products programs
• Provides air quality training to maintenance staff and school administrators
• Addresses diesel emission intake in school air by implementing two-minute warm-up/idling program for school buses parked at schools
• Budget supports current efforts by adding Indoor Air Quality Specialist for School Year 2004-05.

Support Groups
• None available at this time
CHARLES COUNTY

Charles County Health Department
P.O. Box 1050, 4545 Crain Highway
White Plains, MD 20695-1050
301-609-6900         Internet: www.charlescountyhealth.org

Hospital with Emergency Department
Civista Medical Center: 701 E. Charles Street, LaPlata, MD 20646
301-609-4160         Internet: www.civista.org

Regional Child Care Resource and Referral Center
Southern Maryland Child Care Resource Center
29958 Killpeck Creek Court
Charlotte Hall, MD 20622
301-290-0040         Internet: www.smccrc.org

Educational Offerings
Charles County Health Department
Health Promotion Division
301-609-6934
• Utilizes Cigarette Restitution Fund monies as mini-grants for programs to serve county residents
• Incorporates environmental tobacco smoke information in all community education programs
• Provides tobacco cessation programs; one to one cessation counseling
• Partners with other county agencies to provide the Tobacco Education Group (TEG) to educate teens about the dangers of tobacco products and second hand smoke

School Health Division
301-609-6866
• School nurses provide school-based asthma management and informal one to one asthma education to insured/uninsured students with asthma in pre K- Grade 12 at 32 sites.
• School nurse supports parent in obtaining written asthma action plan from provider.
• Provides “Open Airways” in two schools.
• Provides asthma materials in English and Spanish

Civista Medical Center
301-609-4339
• Civista Medical Center asthma management program provides a direct asthma service and advocacy link with health care provider, pharmacy, social services, and case management.
• Staff provides inpatient, school-based, community-based, and provider-based asthma education serving all ages, insured and uninsured.
• Staff uses print material, audio/visuals, and Web sites (English and Spanish available).
• Includes asthma equipment required during inpatient care in discharge planning

Civista Women’s Health Center
301-609-5200
• Partners with Charles County Health Department to provide environmental tobacco smoke education and smoking cessation program to prenatal clients

College of Southern Maryland Wellness Center
301-934-7705
• Provides wellness resource center at Charles County and St. Mary’s County campuses (Calvert County center pending)
• Provides tobacco use and environmental tobacco smoke resource materials including print, demonstration equipment, display boards, videos, etc for use by individuals and groups in classrooms, meetings, health fairs, and other community events
• Provides educator to integrate tobacco use and environmental tobacco smoke information into full range of educational curricula
• Publishes and distributes guide to smoke-free restaurants in Calvert, Charles, and St. Mary’s counties
• Participates in health networks including Partnership for Healthier Charles County; Tobacco Coalition of College of Southern Maryland (LaPlata Campus of Charles County); and Tobacco Coalitions in Calvert, Charles, and St. Mary’s counties
Southern Maryland Child Care Resource Center
301-290-0040
- Provides child care resources to residents of Calvert, Charles, and St. Mary’s counties
- Provides periodic asthma education for licensed child care providers. Parents welcome.
- Training Director can provide schedule, site, and fee information.
- Training information also available on Web site: www.smccrc.org.

Southern Maryland Tri County Community Action Head Start Program
301-274-4474
- Supports parent of child with asthma enrolled in Calvert, Charles, or St. Mary’s County Head Start to access provider, obtain written asthma plan, and manage asthma
- Provides nebulizer for site use with child’s tubing as ordered
- Utilizes local health care providers to present periodic asthma education to staff and parents

Environmental Health
Charles County Health Department Environmental Health Division
301-609-6751
- Agency will address air quality and mold concerns as needed.

Charles County Public Schools
301-934-7275
- Uses preventive maintenance, integrated pest management to address indoor air quality
- Lists use of pesticide chemicals in calendar so that a chemically-sensitive parent, student, or staff member can request to be notified prior to product use

Support Groups
- None available at this time
DORCHESTER COUNTY

Dorchester County Health Department
3 Cedar Street
Cambridge, MD 21613
410-228-3223 Internet: Web site under development

Hospital with Emergency Department
Shore Health System Dorchester General Hospital: 300 Byrn Street, Cambridge MD 21613
410-228-5511 Internet: www.shorehealth.org

Regional Child Care Resource and Referral Center
Chesapeake College Child Care Resource Center
Chesapeake College, Room E104
P.O. Box 8
Wye Mills, MD 21679
410-822-5400 ext 357 Internet: www.chesapeake.edu/partners/cccrc.asp

Educational Offerings
Chesapeake College Child Care Resource Center
410-822-5400-ext 358
- Provides child care resources to residents of Caroline, Dorchester, Kent, Queen Anne’s and Talbot counties
- Provides training information via phone or on Web site: www.chesapeake.edu/partners/cccrc.asp

Dorchester County Health Department
410-228-3294
- School nurses provide school-based asthma management program including direct service, case management and asthma education to school-aged children with asthma in 12 schools.
- English and Spanish available
- Nurse practitioners provide asthma care in four wellness centers.
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff.

Health Education Department
410-228-3223
- Utilizes Cigarette Restitution Fund monies to provide mini-grants for environmental tobacco smoke programs to serve county residents
- Partners with American Lung Association to provide “Open Airways” program
- Partners with Chesapeake College to provide environmental tobacco smoke program in Cambridge
- Partners with Dorchester Hospital to provide smoking cessation program
- Provides tobacco awareness and smoking cessation program in two high schools

Friends of the Family, Inc
410-659-7701
- Provides early Head Start program for pregnant women and children (newborn-three years of age) in Baltimore City or Anne Arundel (southern), Caroline, Cecil, Dorchester or Talbot counties
- Partners with family and health care provider of child with asthma enrolled in any of the programs to develop individual asthma care plan for that child
- Provides periodic asthma education for staff and parents
- Partners with local health agencies and providers for appropriate asthma care and resources

Governor’s Wellmobile
410-706-0141
- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
- Links clients with health insurance and ongoing health care as appropriate
Shore Health System
Dorchester General Hospital
410-228-5551 ext 8399
- Uses multidisciplinary approach to provide inpatient asthma care and education
- On-site pulmonary function laboratory provides lung function assessments (provider order required).
- Pulmonary Rehabilitation Program provides medically supervised evaluation, education, and exercise program for outpatient clients with chronic lung disease (provider order required).

Shore Kids Camp (Shore Health System Asthma and Diabetes Camp)
410-882-1000 ext 5286
- Shore Health System sponsors annual summer day camp (July 19-22, 2004 in Easton, MD).
- Serves 10 children with asthma and 10 children with diabetes ages 7-12 years from Caroline, Dorchester, and Talbot counties (no transportation)
- Fee is $50 (scholarships available)
- Brochure available per contact phone

Environmental Health
Dorchester County Health Department Environmental Health Division
410-228-1167
- Utilizes Environmental Protection Agency (EPA) information to be concern-responsive

Dorchester County Public Schools Maintenance/Operations Department
410-228-1065
- Utilizes preventive maintenance program

Support Groups
- None available at this time
FREDERICK COUNTY

Frederick County Health Department
350 Montevue Lane
Frederick, MD 21701
301-694-1029 Internet: www.frederickhealth.org

Hospital with Emergency Department
Frederick Memorial Hospital: 400 West Seventh Street, Frederick, MD 21701
301-698-3500 Internet: www.fmh.org

Regional Child Care Resource and Referral Center
Child Care Choices
263 West Patrick Street
Frederick, MD 21701
1-800-753-6841

Educational Offerings
Child Care Choices
1-800-753-6841
- Provides child care resources to residents of Carroll and Frederick counties
- Provides periodic asthma education for child care providers. Parents are welcome.
- Training Director can provide schedule, site, and fee information.

Frederick County Head Start Program
301-694-1024
- Supports parent of child with asthma enrolled in any of 15 Head Start program sites to access provider and manage asthma
- Monitors asthma
- Partners with Frederick County Health Department to provide asthma education

Frederick County Health Department
301-631-3312
- School nurses provide school based asthma management, patient education, and advocacy to children and youth in county schools (24 nurses/60 schools).
- Provides asthma information in English and Spanish
- School nurses provide “Open Airways” in elementary schools.

Cigarette Restitution Fund Program
301-631-3311
- Awards mini-grants addressing smoking education, cessation services and environmental tobacco smoke dangers
- Partners with American Lung Association to provide environmental tobacco smoke messages in local movie theaters
- Partners with faith-based pre-schools to provide environmental tobacco smoke “goody bags”
- Partners with Frederick Keys Baseball Team to incorporate environmental tobacco smoke message at sporting events
- Partners with Frederick Memorial Hospital to provide smoking cessation and environmental tobacco smoke materials for hospital employees and for use at community health fairs
- Partners with area Girl Scouts and Big Brothers and Big Sisters agencies in educational environmental tobacco smoke projects

Frederick Memorial Hospital
Cardiopulmonary Service
301-698-3305
- Provides inpatient asthma care and education

Wellness Center
Frances Scott Key Mall, 5500 Buckeystown Pike, Frederick, MD
240-379-6000
- Has provided community and provider asthma education in the past and is available to facilitate future asthma education programs as funding becomes available
**Environmental Health**
Frederick County Health Department Environmental Health
301-631-3179
- Agency is concern-responsive.

**Frederick County Public Schools Facilities Services Division**
301-644-5150
- Proactively addresses environmental indoor air quality issues in 60 schools
- Utilizes cluster-based maintenance teams promoting staff familiarity with school equipment and ready-response to maintenance concerns
- Has partnered with various agencies to provide periodic indoor air quality training and other specialized training to school-based custodial staff
- Uses “Tools for Schools” materials as appropriate
- Is concern-responsive to mold issues and indoor air quality issues

**Support Groups**
- None available at this time
GARRETT COUNTY

Garrett County Health Department
1025 Memorial Drive
Oakland, MD 21550
301-334-7777          Internet: www.garretthealth.org / www.health.allconet.org

Hospital with Emergency Department
Garrett County Memorial Hospital: 251 N. Fourth Street, Oakland, MD 21550
301-533-4190          Internet: www.gcmh.org

Regional Child Care Resource and Referral Center
Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children)
325 West Memorial Blvd.
Hagerstown, MD 21740
301-733-0000

Educational Offerings
Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children)
301-733-0000
• Provides child care resources to residents of Allegany, Garrett, and Washington counties
• Provides periodic asthma education for child care providers. Parents are welcome.
• Projects Director can provide schedule, site, and fee information.

Garrett County Asthma Coalition
301-334-7731
• Meets periodically to address these goals for persons with asthma and their caregivers in the county:
  • To improve access to care
  • To increase asthma self-management knowledge
  • To support appropriate asthma management behaviors

Garrett County Community Action Committee Head Start Program
301-334-9431
• Supports parent of child with asthma who is included among 260 children aged 0-5 years receiving
  Head Start services in Garrett County to access provider and to develop an asthma management
  plan in partnership with the provider in order to manage the child’s asthma
• Partners with the Garrett County Health Department to provide asthma education

Garrett County Health Department
301-334-7777
• General practice providers provide asthma care in Garrett County.
• Specialist asthma care is available in Cumberland, MD and Morgantown, WV.
• Garrett County has high asthma and high smoking incidence.
• Clinic outreach program addresses asthma as secondary diagnosis.

Cigarette Restitution Fund Program
301-334-7730
• Tobacco Free Coalition serves as advisory board.
• Establishing geographically diverse community planning groups scattered throughout Garrett County
• Awards mini-grants to address tobacco use prevention incorporating environmental tobacco smoke
  information
• Working to effect policy change to make town parks tobacco-free to protect children and other park
  users from environmental tobacco smoke
• Celebrates “World No Tobacco Month”
• Partners with Head Start to provide environmental tobacco smoke information to parents
Garrett County Memorial Hospital
Patient Education Department
301-533-4318
• Provides asthma materials to be used by physician, nurse or respiratory therapist in presenting inpatient asthma education
• Provides periodic grand rounds on asthma for area providers (Last presented: May 21, 2004)

Cardiopulmonary Services Department
301-533-4000
• Assists with inpatient and Emergency Department asthma education
• Provides asthma education and resources to the Garrett County community as requested
• On-site pulmonary function laboratory provides lung function assessments (provider order required)
• Partners with area therapy services to provide evaluation, education and exercise program for outpatient clients with chronic lung disease (provider order required)

Mobile Medical Services
• Provides respiratory care equipment for in-home use

Garrett County Public Schools
301-334-8900
• School nurses provide school-based asthma management and one to one informal asthma education in 16 schools.

Governor's Wellmobile
410-706-0141
• Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
• Links clients with health insurance and ongoing health care as appropriate

Environmental Health
Garrett County Health Department Environmental Health Services
301-334-7760
• Agency will address mold concerns as needed.

Garrett County Public Schools Department of Facilities, Maintenance, and Operations
301-334-8906
• Uses preventive maintenance program and indoor air quality manual to address indoor air quality
• Provides annual indoor air quality training to custodial staff of Garrett County Public Schools
• Partners with Garrett County Health Department Environmental Health staff to address concerns

Support Groups
• None available at this time
HARFORD COUNTY

Harford County Health Department
119 S. Hays Street Box 797
Bel Air, MD 21014
410-838-3047 Internet: www.co.ha.md.us

Hospitals with Emergency Departments
Upper Chesapeake Health System
Harford Memorial Hospital: 501 S. Union Avenue, Havre de Grace, MD 21078
443-843-5500 Internet: www.uchs.org
Upper Chesapeake Medical Center: 500 Upper Chesapeake Drive, Bel Air, MD 21014
443-643-2000 Internet: www.uchs.org

Regional Child Care Resource and Referral Center
Open Doors Child Care Resource Center
1250 Brass Mill Road, Suite 5
Belcamp, MD 21017
410-297-6590 Internet: www.opendoorscareercenter.org

Educational Offerings
Harford County Health Department Cigarette Restitution Fund
410-638-8498
• Publishes guide of smoke-free businesses and provides awards program to recognize county establishments committed to being smoke-free
• Partners with American Lung Association-Maryland (ALAM) to provide environmental tobacco smoke awareness education in county movie theaters
• Partners with local church group to provide environmental tobacco smoke awareness education program in county child care and pre-school programs
• Partners with ALAM and Upper Chesapeake Health System to provide “Keep Little Me Tobacco Free” education program to prenatal clients and new parents

Harford County Public Schools
410-588-5361
• School nurses provide school-based asthma management including informal one to one asthma education to preschool-Grade 12 students with asthma in 50 schools.
• Pediatric Asthma Manual guides school nurses to be proactive in addressing asthma.
• School-based indoor air quality teams utilize the “Tools for Schools” model.

Maryland Rural Development Corporation Head Start Program
410-482-2585/ext 17
• Supports parent of child with asthma enrolled in Caroline, Cecil, or Harford County Head Start to access provider and manage asthma
• Monitors asthma status
• Partners with American Lung Association to provide periodic asthma education for educational and health services staff
• Utilizes American Lung Association’s “Clean Air/Tools for Schools” program information

Open Doors Child Care Resource Center
410-297-6590
• Provides child care resources to residents of Cecil and Harford counties
• Provides periodic asthma education to child care providers
• Training director can provide schedule, site, and fee information.
• Web site: www.opendoorscareercenter.org
Upper Chesapeake Health
Harford Memorial Hospital (Havre De Grace)
443-843-5000
- Respiratory Care Department provides inpatient asthma education.
- On-site pulmonary function laboratory provides lung function assessments (provider order required).

Upper Chesapeake Medical Center (Bel Air)
443-643-1000
- Respiratory Care Department provides inpatient asthma care and education.
- On-site pulmonary function laboratory available for inpatient and outpatient lung assessments (provider order required).
- Pulmonary rehabilitation program is under development.

HealthLink Community Resource Library
- Lends multi-media health information (print, videos, CDs, etc) appropriate for both children and adults
  - Contact 443-643-2923 for Monday/Wednesday/Friday schedule and other information (Upper Chesapeake Medical Center, Bel Air)
  - Contact 443-843-5400 for Tuesday/Thursday schedule and other information (Harford Memorial Hospital, Havre De Grace)

Environmental Health
Harford County Health Department Bureau of Environmental Health
443-643-0303
- Agency addresses indoor air quality and mold concerns.

Harford County Public Schools Facilities Department
410-638-4088
- Partners with school-based indoor air quality committees established in each of 50 schools to address concerns
- Utilizes preventive maintenance program, integrated pest management, and green products

Support Groups
- None available at this time
HOWARD COUNTY

Howard County Health Department
6751 Columbia Gateway Drive
Columbia, MD 21046
410-313-6300 Internet: www.co.ho.md.us

Hospital with Emergency Department
Howard County General Hospital: 5755 Cedar Lane, Columbia, MD 21044
410-740-7777 Internet: www.hcgh.org

Regional Child Care Resource and Referral Center
Howard County Child Care Resource Center
3300 North Ridge Road, Suite 380
Ellicott City, MD 21043
410-313-1940 Internet: www.co.ho.md.us/childcareresourcecenter

Educational Offerings
Community Action Council, Howard County Head Start
410-313-6443
• Provides individualized asthma management according to asthma action plan for each child with asthma enrolled in any of three Head Start sites in Howard County
• Links parent and child with asthma with needed resources which might include emergency funds for asthma care, equipment, and/or medication as well as transportation to access resources
• Facilitates asthma education for parents and provides periodic asthma education for staff

Howard County Asthma Coalition
1-800-445-6016
• Represents more than 20 public and private organizations, meets every other month, and is dedicated to improving quality of life for Howard County residents with asthma
• Focuses on National Institutes of Health (NIH) asthma goals in implementing the Partners in Care Project to:
  • Increase awareness and application of NIH asthma diagnosis and management guidelines by Howard County pediatricians
  • Increase asthma education in primary care settings

Howard County Child Care Resource Center
410-313-1940
• Provides asthma education for licensed childcare providers and families
• Provides training information via phone or on Web site: www.co.ho.md.us/childcareresourcecenter

Howard County General Hospital Respiratory Therapy
410-740-7808
• Current program focus is on inpatient asthma care.

Howard County Health Department
410-313-6300
• Provides no direct adult asthma care or education at this time.

Howard County Health Department Tobacco Control Program
410-313-6265
• Assumes lead in providing tobacco use education, prevention, and cessation activities for county residents through print materials and health fairs
• Provides free adult 10 week smoking cessation program with free nicotine replacement for enrollees (18 + years)/teen smoking cessation program under development
• Provides periodic lung function screenings at community health fairs
• Provides tobacco education via Howard County Public Schools curriculum
Howard County Public Schools
410-313-6637
- School nurses provide asthma care and education in the school setting.
- School nurses provide “Open Airways” in grades 3-5 as scheduling permits.
- Provides asthma information in Chinese, English, Korean, Spanish, Urdu, and Vietnamese

Environmental Health
Howard County Department of Inspection and Enforcement
410-313-1831
- Agency addresses physical maintenance issues that may result in mold concerns in rental housing.

Howard County Health Department Bureau of Environmental Health
410-313-1773
- Agency provides information and referrals relative to indoor air and mold concerns.

Parent Teacher Association Council of Howard County (PTACHC)
410-740-5153/ email: ptachc@erols.com
- The EPA-recognized and award-winning School Environment Team (SET) Program is a PTACHC initiative developed in cooperation with Howard County Public Schools. SET was initiated as a pilot program in 1999 and currently is in 24 schools where it monitors environmental factors that affect health, safety, and education of building users, especially children. SET is intended to be a positive initiative whereby school communities can work proactively as a team to monitor and improve indoor and outdoor school environments.
- SET program goals include raising awareness regarding the importance of indoor and outdoor school environments and educating participants of the relationship between healthy environments, healthy children, and better education.
- SET is designed to be simple and straightforward requiring minimal implementation time and costs. Participants use a checklist in a walk-through process to identify areas requiring attention.

Support Groups
- None available at this time
**KENT COUNTY**

*Kent County Health Department*  
Box 359 125 S. Lynchburg Street  
Chestertown, MD 21620  
410-778-1350  
Internet: [www.kenthd.org](http://www.kenthd.org)

*Hospital with Emergency Department*  
*Chester River Hospital Center:* 100 Brown Street, Chestertown, MD 21620  
410-778-3300  
Internet: [www.chesterriverhealth.org](http://www.chesterriverhealth.org)

*Regional Child Care Resource and Referral Center*  
*Chesapeake College Child Care Resource Center*  
Chesapeake College, Room E104  
P.O. Box 8  
Wye Mills, MD 21679  
410-822-5400 ext 357  
Internet: [www.chesapeake.edu/partners/cccrc.asp](http://www.chesapeake.edu/partners/cccrc.asp)

*Educational Offerings*  
*Chesapeake College Child Care Resource Center*  
410-822-5400 ext 358

- Provides child care resources to residents of Caroline, Dorchester, Kent, Queen Anne's, and Talbot counties
- Provides training information via phone or on Web site [www.chesapeake.edu/partners/cccrc.asp](http://www.chesapeake.edu/partners/cccrc.asp)

*Chester River Hospital Center Respiratory Care Department*  
410-778-3300 ext 2222

- Provides inpatient asthma management education
- On-site pulmonary function laboratory provides lung function assessment (provider order required).
- **Pulmonary Rehabilitation Program** provides supervised exercise program with informal one to one education (provider order required).

*Governor's Wellmobile*  
410-706-0141

- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
- Links clients with health insurance and ongoing health care as appropriate
Kent County Health Department
School Health Services
410-778-1350
- School nurses provide school-based asthma care including case management and one to one asthma education to students with asthma
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff

Tobacco Use Prevention and Cessation Program
410-778-7028
- Awards Tobacco Prevention mini-grants to community groups
- Promotes environmental tobacco smoke education targeting pre-school children and parents, youth and families, and others
- Provides signage in parks, playing fields, and other youth recreation areas reading “Tobacco use during youth activities is not permitted”
- Provides smoking cessation materials and programs

SHORE UP! Inc. Head Start
410-749-1142 ext 335
- Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma
- Provides nebulizers for Head Start program sites
- Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents

Environmental Health
Kent County Health Department Environmental Program
410-778-1361
- Refers public to sources of information on air quality issues.
- Provides consultant lists to address private indoor air and mold concerns.
- Provides fact sheets regarding mold, upon request.

Kent County Public Schools Environmental Services
410-778-7141
- Utilizes preventive maintenance and integrated pest management programs
- Utilizes investigative process and remediation as appropriate to address indoor air quality and moisture concerns
- Partners with school administrator, school nurse, and family of child with asthma to address school-based asthma issues

Support Groups
- None available at this time
MONTGOMERY COUNTY

Montgomery County Department of Health and Human Services
401 Hungerford Drive  5th floor
Rockville, MD  20850
240-777-3860 Internet:  www.montgomerycountymd.gov (click on Departments/Health)

Hospitals with Emergency Departments
Holy Cross Hospital:  1500 Forest Glen Road, Silver Spring, MD  20910
301-754-7500 Internet:  www.holycrosshealth.org
Montgomery General Hospital:  18101 Prince Phillip Drive, Olney, MD  20832
301-774-8900 Internet:  www.montgomerygeneral.com
Shady Grove Adventist Hospital:  9901 Medical Center Drive, Rockville, MD  20850
301-279-6053 Internet:  www.adventisthealthcare.com/SGAH
Suburban Hospital:  8600 Old Georgetown Road, Bethesda, MD  20814
301-896-3880 Internet:  www.suburbanhospital.org
Washington Adventist Hospital:  7600 Carroll Avenue, Takoma Park, MD  20912
301-891-5070 Internet:  www.adventisthealthcare.com/WAH

Federal Government Hospital with Emergency Department
National Naval Medical Center:  8901 Wisconsin Avenue, Bethesda, MD  20889
301-295-4810 Internet:  www.bethesda.med.navy.mil

Regional Child Care Resource and Referral Center
Montgomery County Child Care Resource and Referral Center
332 West Edmonston Drive
Rockville, MD  20852
301-279-1006 Internet:  www.montgomerycountymd.gov
(click on Services A-Z/ scroll to Child Care)

Educational Offerings
Adventist Health Care
Prevention and Wellness
301-315-3140
• Partners with Montgomery AIR Coalition to provide lung function screenings to community at spring
  Young Child celebration at Lake Forest Mall, Gaithersburg
• Partners with American Lung Association to sponsor fall Asthma Walk, Wheaton Regional Park
• Presents periodic community asthma education programs
• Provides asthma information on Web site:  www.adventisthealthcare.com

Shady Grove Adventist Hospital Cardiopulmonary Therapy
301-279-6328
• Provides inpatient asthma education program
• Provides periodic community asthma education in partnership with community-based agencies
  and/or organizations i.e. Upcounty YMCA, etc.

Washington Adventist Hospital Respiratory Services
301-891-5451
• Utilizes asthma pathway for inpatient and emergency department asthma care and education
• Provides pulmonary function screening at periodic community events

Camp Superkids (American Lung Association of Maryland Asthma Camp)
410-560-2120
• Serves up to 64 children with asthma state-wide in annual, one-week, sleep-over camp
  (July 18-23, 2004)
• Fee is $300 per week (scholarships available)
• Brochures distributed via principals and school nurses in February

Governor’s Wellmobile
410-706-0141
• Provides care for asthma and other health needs to uninsured adults and children in a mobile health
  unit managed by University of Maryland School of Nursing
• Links clients with health insurance and ongoing health care when possible
Holy Cross Hospital  
Community Health  
301-754-7149

- Partners with Montgomery AIR Coalition to provide lung function screenings to community at Month of the Young Child celebration at Westfield Mall, Wheaton held annually in April  
- Partners with American Lung Association to sponsor fall asthma walk, Wheaton Regional Park  
- Partners with Montgomery County’s Linkages to Learning School-Based Health Centers to utilize Catholic University grant to provide spring health fair for Harmony Hills Elementary School students

**Respiratory Care Services**

- Provides inpatient asthma management education to adults using videos and return demonstrations  
- Uses pediatric asthma pathway to provide inpatient pediatric asthma care

**Outpatient Pulmonary Rehabilitation Program:** 301-754-7382

- Asthmatics are welcome to exercise in a high-tech supportive environment and receive informal one to one education.

Montgomery Asthma Improvement Resources Coalition (Montgomery AIR)  
240-777-1550

- Montgomery AIR is a coalition of nearly 60 public and private organizations dedicated to improving asthma management in Montgomery County.  
- Goals are to:  
  - Reduce the rate of childhood asthma hospitalizations especially among minorities  
  - Reduce school and work absences  
  - Improve awareness about asthma management among both health care providers and the public

Montgomery County Department of Health and Human Services

**Child Care Health Consultation**  
301-279-1050

- Provides asthma education to child care center staff using print materials and audio-visuals

**Health Promotion Department Cigarette Restitution Fund Program**  
240-777-1772

- Addresses tobacco prevention and second hand smoke in African-American, Asian-American and Latino communities  
- **GOSPEL Program** utilizes monthly program opportunities and community outreach workers to address health disparities in African American community in collaboration with the Black Ministers Conference.

**School Health Services**  
240-777-1550

- School nurses provide asthma expertise and education to the school staff and school community.  
- School nurses provide school-based asthma management with support from health room technicians to more than 6000 students with asthma in 200 school settings.  
- School nurses and American Lung Association volunteers provide “Open Airways” education in school prioritized by Emergency Department visit data and in Linkages to Learning schools.  
- School Health Services distributes culturally sensitive information packets to families of students with asthma advising parents to manage asthma in partnership with health care providers, school nurses and school staff. Information regarding access to care and other resources is also shared.  
- Nurse practitioners provide asthma care in two school-based health centers.  
- School nurses assist parents with asthma resources and provide one to one asthma education in Head Start/Pre K and Linkages to Learning programs.

**Tobacco Use Prevention and Control Program**  
240-777-3848

- Initiatives address the hazards of second hand smoke exposure via workshops and educational seminars for childcare providers and women of child bearing age.  
- American Lung Association partners with Holy Cross Hospital to provide second hand smoke exposure education to Holy Cross Hospital maternity clients.
Montgomery General Hospital
Cardiopulmonary Services
301-774-8735
• Provides inpatient asthma management education
• Provides outpatient pulmonary testing
• Outpatient Pulmonary Rehabilitation Program: 301-774-8778
  • Asthmatics are welcome to exercise in a high-tech supportive environment and receive informal one to one education.

Community Outreach Services
301-774-8881
• Provides information regarding lectures and programs on website: www.montgomerygeneral.com

Suburban Hospital Respiratory Care
301-896-2055
• Provides inpatient asthma management education program
• Recently initiated "Zoe" pediatric inpatient education program
• Anticipating two certified asthma educators on staff

Environmental Health
Montgomery County Code, Chapter 24-9
240-777-3986
• Legislation creates smoke-free eating and drinking business environments.

Montgomery County Department of Environmental Protection
240-777-7770
• Provides information to address ambient air quality issues and concerns on Web site www.askdep.com ("Air Quality Primer")
• "Indoor Air Primer" is under development for this Web site

Montgomery County Department of Housing
240-777-3671
• Addresses physical maintenance issues primarily in rental housing to assure that structural moisture damage is eliminated.

Montgomery County Public Schools Indoor Air Quality Preventative Maintenance Program
301-926-4409
• Provides comprehensive preventive maintenance services to mechanical ventilation systems for 20 schools per year
• Develops and delivers building maintenance plans to ensure optimum performance of heating, ventilation, and air conditioning (HVAC) systems
• Trains school staffs on how to implement their building maintenance plans

Support Groups
• None available at this time
PRINCE GEORGE'S COUNTY

Prince George’s County Health Department (Main Office)
1701 McCormick Drive
Largo, MD 20774
301-883-7879 Internet: www.goprincegeorgescounty.com (click on government/health)

Hospitals with Emergency Departments
Dimensions Healthcare System
Laurel Regional Hospital: 7300 Van Dusen Street, Laurel, MD 20707
301-497-7954 Internet: www.dimensionshealth.org/lrh
Prince George’s Hospital Center: 3001 Hospital Drive, Cheverly, MD 20785
301-618-3751 Internet: www.dimensionshealth.org/pghc

Doctor’s Community Hospital: 8118 Good Luck Road, Lanham, MD 20706
301-552-8665 Internet: www.dchweb.org

Southern Maryland Hospital Center: 7503 Surratts Road, Clinton, MD 20735
301-877-4500 Internet: not available at this time

Regional Child Care Resource and Referral Center
Prince George’s Child Resource Center
9475 Lottsford Road, Suite 202
Largo, MD 20774
301-772-8420 Internet: www.childresource.org

Educational Offerings

Dimensions Healthcare System

• Links with American Lung Association asthma information on Web site: www.dimensionshealth.org

Bowie Health Campus
301-262-5511
• Provides emergency services and urgent care including asthma care for all ages
• Nightlight Pediatric Care provides after-hours pediatric care by board-certified pediatricians (301-464-2800)
• Refers children in need of acute asthma care to Children’s National Medical Center and adults in need of acute asthma care to Prince George’s Hospital Center and other area facilities.

Dimensions Smoking Cessation Program
301-618-6363
• Welcomes volunteers to support smoking cessation community outreach efforts
• Provides smoking cessation education materials, information
• Provides free nicotine patch with provider approval (donation requested)
• Provides smoking cessation groups at Bowie Health Center, Laurel Regional Hospital, and Prince George’s Hospital Center ($25 donation requested but not required)
• Provides program and volunteer opportunity information as well as schedules via phone and web site: www.dimensionshealth.org

Laurel Regional Hospital
Respiratory/Pulmonary Services
301-497-7920
• Provides inpatient asthma care
• On-site pulmonary function laboratory provides inpatient and outpatient lung function assessments (provider order required).
• Pulmonary Rehabilitation Program welcomes those with asthma to exercise in medically supervised environment and to receive informal one to one asthma education.
• Provides pulmonary function screening and asthma information at annual Health Fair

Prince George’s Hospital Center
Respiratory Care Department
301-618-3140
• Partners with nurses and physicians to provide asthma care to children, youth, and adults in Emergency Department and inpatient units
• Partners with nurses to provide asthma education in Emergency Department and inpatient units
• On-site pulmonary function laboratory provides lung function assessments (provider order required)
• Provides pulmonary function screenings at health fairs and other community events as requested
• Provides asthma education counseling for Public Health merit badge (Boy Scouts of America)
Doctor’s Community Hospital
Medical Library
301-552-8072
- On-site facility makes health information available to health staff and community

Respiratory Therapy Services
301-552-8002
- Utilizes asthma protocol to provide asthma care and education to adults in emergency department and on inpatient units
- On-site pulmonary function laboratory provides lung function assessments (provider order required

Governor's Wellmobile
410-706-0141
- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
- Links clients with health insurance and ongoing health care when possible

Greater Baden Medical Services, Inc.
301-599-0460
- Provides programs, services, and care for asthma and other conditions by serving as a comprehensive primary care provider for all persons regardless of their ability to pay (FQHC: Federally Qualified Health Center)
- Staff serves at sites in Charles, Prince George’s and St. Mary’s counties which include:
  - Greater Baden Health Services (Brandywine, MD)
    301-888-2233
  - Nanjemoy Health Services (Nanjemoy, MD)
    301-246-4031
  - St. Mary’s Health Center (Leonardtown, MD)
    301-997-1029
  - Walker Mill Health Center (Capitol Heights, MD)
    301-324-1500

Prince George’s Child Resource Center
301-772-8420
- Provides child care resource information to those who need and/or provide child care in Prince George’s County
- Partners with Care Resources, Inc. to provide periodic asthma education for licensed child care providers and families
- Provides training information per phone or on Web site: www.childresource.org

Prince George’s County Public Schools
Head Start Program
301-408-7100
- Provides individualized asthma management according to asthma care plan for the child with asthma enrolled in one of 50 Head Start classrooms at 37 sites
- Provides asthma education and outreach support to staff and parents of child with asthma

Health Services
301-749-4556
- School nurses provide school-based asthma management including informal one to one asthma education to students with asthma in 188 schools.
- School nurses provide “Open Airways” to students with asthma in grades 3-6 as schedules permit.
- School nurses provides asthma care to staff as needed.
- School nurses serve on school-based Indoor Air Quality Teams using the “Tools for Schools” program.
- Nurse Practitioners provide asthma care and education in three school-based wellness centers.
Prince George’s County Tobacco Control Program
301-883-3516
• Partners with American Lung Association of Maryland to provide environmental tobacco smoke education targeting the school-aged population. Additional programs also target individuals 0-5 years of age in faith-based preschool programs, Prince George’s County Public Schools students in health education classes, and other minority groups.
• Incorporates EPA Smoke-Free Pledge Program into health fairs and other events.
• Held school-sponsored event targeting county youth (May, 2004).

Southern Maryland Hospital Center
Asthma and Allergy Center of Southern Maryland
301-877-4616
• Links with inpatient asthma care as appropriate.
• Provides outpatient pulmonary function screening, asthma rehabilitation, asthma education and equipment, allergy testing and immunotherapy (allergy shots) to pediatric and adult clients.
• Serves self-referred and provider-referred clients, serves self-pay clients and those with insurance.

Environmental Health
Prince George’s County Health Department Division of Environmental Health
301-883-7605
• Assists persons who have indoor air quality or mold concerns by referring to EPA Web site and/or to consulting firms as appropriate.

Prince George’s County Public Schools Environmental Office
301-952-6507
• Provides comprehensive environmental program including serious consideration of indoor air quality.
• Provides periodic training to maintenance staff to ensure proactive indoor air quality management and reactive addressing of indoor air quality concerns.

Support Groups
• None available at this time.
QUEEN ANNE’S COUNTY

Queen Anne’s County Health Department
206 N. Commerce St.
Centreville, MD  21617
410-748-0720          Internet: www.qahealth.org

Hospital with Emergency Department
None

Regional Child Care Resource and Referral Center
Chesapeake College Child Care Resource Center
Chesapeake College, Room E104
P.O. Box 8
Wye Mills, MD  21679
410-822-5400             Internet: www.chesapeake.edu/partners/cccrc/asp

Educational Offerings
Chesapeake College Child Care Resource Center
410-822-5400
• Provides child care resources to residents of Caroline, Dorchester, Kent, Queen Anne’s and Talbot counties
• Provides training information via phone or on Web site at www.chesapeake.edu/partners/cccrc/asp

Queen Anne’s County Health Department
School Health Services
410-758-720  0 ext 354
• School nurses provide school-based asthma care including case management and informal one to one asthma education to pre K-grade 12 students in 13 schools
• A+ Asthma Rural Partnership Study (Johns Hopkins School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents and school health staff.

Tobacco Program
410-758-1083
• Awards mini-grants to provide tobacco use prevention and cessation programs and environmental tobacco smoke education
• Provides “Not in Mama’s Kitchen” event addressing faith-based African American community
• Utilizes 120 radio spots and local newspapers to provide ongoing media campaign
• Partners with State of Maryland to place 118 “Smoking Stops Here” signs in parks and other youth recreation areas
• Sponsors environmental tobacco smoke pennant art contest for children in after-school program

SHORE UP! Head Start
410-749-1142  Ext 335
• Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma
• Provides nebulizers for Head Start program sites
• Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents

Environmental Health
Queen Anne’s County Health Department Environmental Health
410-758-2281
• Program responds to indoor air quality concerns and provides guidance and assessment referrals for mold concerns.

Queen Anne’s County Public Schools
410-758-2403
• Utilizes preventive maintenance program
• Provides technical response to address indoor air quality and mold concerns
• Provides periodic training for building maintenance staff
• Establishing school-based indoor air quality committees
Support Groups

- None available at this time
**SOMERSET COUNTY**

**Somerset County Health Department**
7920 Crisfield Highway  
Westover, MD 21871  
443-523-1700  
Internet: www.somersethd.org

**Hospital with Emergency Department**
McCready Memorial Hospital: 201 Hall Highway, Crisfield, MD 21817  
410-968-332  
Internet: www.mccreadyfoundation.org

**Regional Child Care Resource and Referral Center**
Lower Shore Child Care Resource Center  
Power Professional Building, Suite 500  
Salisbury University  
Salisbury, MD 21804  
410-543-6650  
Internet: www.lowershoreccrc.org

**Educational Offerings**
A.C.T.I.O.N. Tri-County Coalition (Alliance to Conquer Tobacco In Our Neighborhood)
410-548-1613
- Community coalition in Somerset, Wicomico, and Worcester counties is dedicated to reducing tobacco use among youth and ensuring smoke-free air for all.
- Coalition goals include:
  - Prevent youth from using tobacco
  - Educate Lower Shore residents about the ill effects of tobacco and secondhand smoke
  - Empower residents to create positive changes to protect children, families, and community

Lower Shore Child Care Resource Center
410-543-6650
- Provides child care resources to residents of Somerset, Wicomico, and Worcester counties
- Provides periodic asthma education for child care providers. Parents welcome.
- Provides training information via phone and on Web site: www.lowershoreccrc.org

McCready Memorial Hospital
410-968-3001
- Provides adult inpatient asthma care and education
- Providers individualize adult outpatient asthma care and education in provider offices
- Peninsula Regional Health System, Salisbury, provides pediatric inpatient asthma care and education.

SHORE UP! Inc. Head Start
410-749-1142 ext 335
- Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma
- Provides nebulizers for Head Start program sites
- Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents

Somerset County Health Department
Cigarette Restitution Fund Program
443-523-1760
- Provides community mini-grants to address tobacco use prevention and cessation and to provide environmental tobacco smoke education
- Organizes Cancer and Tobacco Coalition whose members include church, community, and organizational leaders
- Partners with community organizations to provide community environmental tobacco smoke campaign
- Partners with Somerset County Public Schools to provide several educational activities for children
- Promotes environmental tobacco smoke education at health fairs
- Provides tobacco cessation classes
Somerset County Public Schools
443-523-1740
• School nurses provide school-based asthma care including case management and informal one to one asthma education to PreK-Grade 12 students with asthma in nine schools.
• School nurse provides annual asthma education in-service to Somerset County Public Schools faculty and transportation staff.
• School nurses have available the American Lung Association's "Open Airways for School" to implement in elementary schools.

Environmental Health
Somerset County Health Department Environmental Health
443-523-1730
• Provides information and referrals relative to indoor air and mold concerns

Somerset County Public Schools
410-651-1616/ext 227
• Provides preventive maintenance program
• Provides aggressive assessment and treatment addressing indoor air quality and mold issues

Support Group
• None available at this time
**ST. MARY’S COUNTY**

**St. Mary’s County Health Department**
21580 Peabody Street  
Leonardtown, MD 20650  
301-475-4330  
Internet: www.smchd.org

**Hospital with Emergency Department**
St. Mary’s Hospital: 25500 Fort Lookout Road, Leonardtown, MD 20650  
301-475-6110  
Internet: www.smhwecare.com

**Regional Child Care Resource and Referral Center**
Southern Maryland Child Care Resource Center  
29958 Killpeck Creek Court  
Charlotte Hall, MD 20622  
301-290-0040  
Internet: www.smccrc.org

**Educational Offerings**

**St. Mary’s County Health Department Cigarette Restitution Fund**
301-475-4348
- Incorporates environmental tobacco smoke information in all health education messages to county residents
- Partners with Community Outreach program to incorporate environmental tobacco smoke education into child car seat safety program
- Partners with Healthy Start and WIC programs to incorporate environmental tobacco smoke education for families of young children

**St. Mary’s County Public Schools**
301-475-5511
- School nurses provide school-based asthma management program to students in 25 schools.
- St. Mary’s County Public Schools partners with American Lung Association to provide “Open Airways” to elementary students, and their families, as well as staff.

**St. Mary’s Hospital**
**Health Connections**
301-475-6019
- Provides community based spirometry screening via the Health Connections Mobile Outreach Program (40 foot van)
- Sponsors asthma support groups (See Support Groups below)
- Provides additional information on hospital Web site: www.smhwecare.com

**Respiratory Care Department**
301-475-6066
- Provides inpatient asthma education and quarterly community asthma education programs making asthma equipment available at no cost as appropriate
- Pulmonary function laboratory provides inpatient and outpatient lung function assessments (provider order required)
- Partners with county PTA groups to present respiratory care career information

**Southern Maryland Child Care Resource Center**
301-290-0040
- Provides child care resources to Calvert, Charles, and St. Mary’s County residents
- Provides periodic asthma education for licensed child care providers. Parents welcome
- Training Director can provide schedule, site and fee information
- Training information also available on Web site: www.smccrc.org

**Southern Maryland Tri County Community Action Head Start Program**
301-274-4474- ext 225
- Supports parent of child with asthma enrolled in Calvert, Charles or St. Mary’s Head Start to access provider, obtain written asthma plan, and manage asthma
- Provides nebulizer for site use with child’s tubing as ordered
- Utilizes local health care providers to present periodic asthma education to staff and parents
**Environmental Health**
St. Mary’s County Health Department Environmental Health Division
301-475-4321
- Partners with St. Mary’s County Public Schools to provide trained staff with assessment equipment to address indoor air and mold concerns at school sites as needed
- Provides print materials and consultant lists to address private indoor air and mold concerns

**St. Mary’s County Public Schools Department of Maintenance Operations**
301-475-4256 - ext 2
- Utilizes preventive maintenance program for ventilation equipment in 26 schools
- Has procedure in place to dispatch personnel to assess reported mold concerns.

**Support Groups**
St. Mary’s Hospital
301-475-6019
- **Pulmonary Partners**
  - Monthly program for adults with asthma and chronic lung disease
- **Asthma 101**
  - Provides program for children with asthma in spring and fall
TALBOTH COUNTY

Talbot County Health Department
100 S. Hanson Street
Easton, MD 21601
410-819-5600
Internet: www.talbothealth.org

Hospital with Emergency Department
Shore Health System Memorial Hospital (Easton)
410-822-1000 ext. 5557 219 S. Washington Street, Easton, MD 21601
Internet: www.shorehealth.org

Regional Child Care Resource and Referral Center
Chesapeake College Child Care Resource Center
Chesapeake College, Room # E104
PO Box 8
Wye Mills, MD 21679
410-822-5400

Educational Offerings
Chesapeake College Child Care Resource Center
410-822-5400-ext 358
• Provides child care resources to residents of Caroline, Dorchester, Kent, Queen Anne’s and Talbot counties
• Provides training information via phone or on Web site at www.chesapeake.edu/partners/cccrc.asp

Friends of the Family, Inc
410-659-7701
• Provides early Head Start program for pregnant women and children (newborn-three years of age) in Baltimore City or Anne Arundel (southern), Caroline, Cecil, Dorchester or Talbot counties
• Partners with family and health care provider of child with asthma enrolled in any of the programs to develop individual asthma care plan for that child
• Provides periodic asthma education for staff and parents
• Partners with local health agencies and providers for appropriate asthma care and resources

Shore Health System
Memorial Hospital, Easton
410-822-1000-ext 5810
• Uses multidisciplinary approach to providing inpatient asthma care and education
• On-site pulmonary function laboratory provides lung function assessment (provider order required)
• Pulmonary Rehabilitation Program provides medically supervised evaluation, education, and exercise program for outpatient clients with chronic lung disease (provider order required)

Shore Kids Camp (Shore Health System Asthma and Diabetes Camp)
410-882-1000/ext 5286
• Shore Health System sponsors annual summer day camp (July 19-22, 2004 in Easton, MD).
• Serves 10 children with asthma and 10 children with diabetes ages 7-12 years from Caroline, Dorchester, and Talbot counties (no transportation)
• Fee is $50 (scholarships available).
• Brochure available per contact phone

SHORE UP! Inc. Head Start
410-749-1142 ext 335
• Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma
• Provides nebulizers for Head Start program sites
• Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents
Talbot County Health Department
Cigarette Restitution Fund
410-819-5600
- Talbot County Clean Air Bill establishes smoke-free environments in public bars and restaurants (smoking is permitted in private clubs).
- Provides smoking cessation assistance to Talbot County residents by making free nicotine patches available to those who wish to stop smoking

School Health
410-819-5665
- School nurses provide school-based asthma care to students with asthma in nine schools.
- Health care providers partner to provide asthma care in three school-based wellness centers.
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) has provided asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff.

Environmental Health
Talbot County Health Department Environmental Health
410-819-5660
- Responds to indoor air quality concerns by providing information and referrals as appropriate.

Talbot County Public Schools
410-822-3360
- Agency is sensitive to those with allergies and asthma and responds to individual air quality concerns.
- Utilizes preventive maintenance program to address indoor air quality in nine schools
- Utilizes indoor air quality testing as appropriate

Support Groups
- None available at this time
WASHINGTON COUNTY

Washington County Health Department
1302 Pennsylvania Ave
Hagerstown, MD 21742
240-313-3200 Internet: www.washhealth.org

Hospital with Emergency Department
Washington County Hospital: 251 E. Antietam Street, Hagerstown, MD 21740
301-790-8300 Internet: www.wchsys.org

Regional Child Care Resource and Referral Center
Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children, Inc.)
325 West Memorial Boulevard
Hagerstown, MD 21740
301-733-0000

Educational Offerings
Alliance for Parent, Provider and Local Employer Solutions (APPLES for Children, Inc.)
301-733-0000
• Provides child care resources to residents of Allegany, Garrett, and Washington counties
• Provides periodic asthma education for child care providers. Parents are welcome.
• Projects Director can provide schedule, site, & fee information.

Head Start of Washington County, Inc.
301-733-0088
• Provides Early Head Start and Head Start services via many program options to pregnant women and families of children less than five years of age who are Washington County residents
• Supports family of child with asthma enrolled in Head Start of Washington County, Inc, with asthma management, asthma education and access to asthma care, medications, and equipment

Washington County Health Department
240-313-3290
• School nurses provide school-based asthma management including patient education and advocacy to children and adolescents with asthma, insured and uninsured in 46 schools.
• Provides asthma materials in English and Spanish
• Nurse practitioner provides asthma care at Western Heights Middle School School-Based Wellness Center.

Cigarette Restitution Fund Program
240-420-1796
• Provides mini-grants to address second-hand smoke and other tobacco education programs
• Provides second-hand smoke education to youth via school programs, community groups, and summer camps
• Partners with Walnut Street Community Health Center, a federally qualified health center, to provide second-hand smoke education to young parents and other patients
• Partners with Head Start to provide second-hand smoke education to Head Start families
• Partners with Hagerstown Suns to make Municipal Stadium a smoke-free facility
Washington County Hospital
Asthma Management Program
301-790-8523
- Health Management Department provides admission follow-up asthma case management program.
- Program targets children with asthma diagnosis, children less than one year of age with asthma symptoms, those over 18 years of age with COPD symptoms
- Program is available in English and limited Spanish.
- Program follows clients with phone contact, asthma education and equipment and facilitates communication with primary care practitioners when needed.

Camp Breathe Easy Asthma Camp
301-790-8195
- Annual day camp serves 24 children with asthma ages 7-12 years who are Washington County residents.
- Camp is held at Antietam Recreation Center (no transportation).
- Fee is $75/scholarships available.

Second Wind Club
301-790-8195
- Adults with asthma, chronic obstructive pulmonary disease, etc. meet nine or ten times per year.

Environmental Health
Washington County Health Department Environmental Health Program
301-791-3270
- Provides physician-requested, health-related indoor air quality assessments

Washington County Public Schools
301-766-8757
- Sensitive to environmental health issues and proactively addresses indoor air with scheduled maintenance actions
- Uses laboratory analysis as appropriate to be responsive to indoor air quality concerns

Support Groups
- See Washington County Hospital Second Wind Club
WICOMICO COUNTY

Wicomico County Health Department
108 East Main Street
Salisbury, MD 21801
410-749-1244           Internet: www.co.wicomico.md.us/health

Hospital with Emergency Department
Peninsula Regional Medical Center: 100 E. Carroll Street, Salisbury, MD 21801
410-543-7101                         Internet: www.peninsula.org

Regional Child Care Resource and Referral Center
Lower Shore Child Care Resource Center
  Power Professional Building-Suite 500
  Salisbury University
  Salisbury, MD 21804
  410-543-8850

Educational Offerings
A.C.T. I.O.N. Tri County Coalition (Alliance to Conquer Tobacco In Our Neighborhood)
  410-548-1613
  • Community coalition in Somerset, Wicomico, and Worcester counties is dedicated to reducing tobacco use among youth and ensuring smoke-free air for all.
  • Coalition goals include:
    • Prevent youth from using tobacco
    • Educate Lower Shore residents about the ill effects of tobacco and secondhand smoke
    • Empower residents to create positive changes to protect children, families, and community

Eastern Shore Asthma Coalition
  410-543-6942/ext 1700
  • Is currently active on the Lower Shore (Somerset, Wicomico, and Worcester counties) with expansion planned for Upper Shore (Caroline, Dorchester, Kent, Queen Anne’s and Talbot counties)
  • Exists to maximize health and well being of Eastern Shore children ages 18 years and under living with asthma though outreach, education, and public awareness

Governor’s Wellmobile
  410-706-0141
  • Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
  • Links clients with health insurance and ongoing health care as appropriate

Lower Shore Child Care Resource Center
  410-543-6650
  • Provides child care resources to residents of Somerset, Wicomico, and Worcester counties
  • Provides periodic asthma education for child care provider. Parents welcome.
  • Provides training information via phone and on Web site: www.lowershoreccrc.org
Peninsula Regional Medical Center
410-543-7268

Asthma Lock-In
• Provides overnight experience at the Salisbury Zoological Park for children with asthma ages eight to 12 years in the fall and spring
• Contact 410-543-7286 to apply

Camp Huff N’Puff
• Peninsula Regional Medical Center Respiratory Care Department and Salisbury University Respiratory Therapy Program partner to provide annual one-week asthma day camp (August, 2004).
• Serves 30 children with asthma ages five to 12 years
• No fee
• Contact 410-543-7286 to apply

Respiratory Care Department
• Provides inpatient asthma care and education
• Pulmonary function laboratory provides inpatient and outpatient lung function assessments (provider order required).
• Pulmonary Rehabilitation Program provides medically supervised evaluation, education and exercise for outpatient clients with chronic lung disease (provider order required).

Salisbury University College Health Center
410-543-6262
• Provides asthma education to student athletes and students who need to manage asthma
• Utilizes original asthma management manual in one to one asthma education
• Provides allergy desensitization
• Provides additional information available on Web site: www.salisbury.edu/health

SHORE UP! Inc. Head Start
410-749-1142 ext 335
• Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma
• Provides nebulizers for Head Start program sites
• Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents

Wicomico County Health Department
Cigarette Restitution Fund Program
410-546-5311
• Provides mini-grants to community agencies to address second-hand smoke and tobacco use prevention
• Provides free smoking cessation programs and makes nicotine patches or Zyban available for small fee
• Provides signage in athletic complex promoting area to be tobacco-free
• Provides second-hand smoke media campaign including billboard featuring local student athletes stating “We choke on second-hand smoke”
• Provides community billboard featuring 18 smoking cessation program graduates who remain tobacco-free stating “We did it -- You can too!”

Wicomico County Public Schools
410-677-4412
• School nurses provide school-based asthma management including one to one informal asthma education to students with asthma in 24 schools.
• Provides “Open Airways” program in elementary schools.
• Participates in American Lung Associations “Asthma Friendly Schools Initiative” to maximize asthma management in schools.

Environmental Health
Wicomico County Health Department Environmental Health Division
410-546-4446
• Responds to air quality and mold concerns by providing information and referrals as appropriate
• Consults with Maryland Department of Environment Eastern Shore Air Quality representative at 410-543-6913 as needed
Wicomico County Public Schools Facility Services Department
410-677-4593
- Utilizes preventive maintenance program in 24 schools
- Utilizes American Society of Heating, Refrigerating, and Air Conditioning Engineers (ASHRAE) and Occupational Safety and Health Administration (OSHA) guidelines in response to indoor air quality and mold concerns

**Support Groups**
- None available at this time
**WORCESTER COUNTY**

**Worcester County Health Department**  
P.O. Box 249, 6040 Public Landing Road  
Snow Hill, MD 21863  
410-632-1100  
Internet: [www.worcesterhealth.org](http://www.worcesterhealth.org)

**Hospital with Emergency Department**  
**Atlantic General Hospital:**  
9733 Healthway Drive, Berlin, MD 21811  
410-641-1100  
Internet: [www.atlanticgeneral.org](http://www.atlanticgeneral.org)

**Regional Child Care Resource and Referral Center**  
Lower Shore Child Care Resource Center  
Power Professional Building-Suite 500  
Salisbury University  
Salisbury, MD 21804  
410-543-6650

**Educational Offerings**

**A.C.T.I.O.N. Tri-County Coalition (Alliance to Conquer Tobacco In Our Neighborhood)**  
410-548-1613

- Community coalition in Somerset, Wicomico, and Worcester counties is dedicated to reducing tobacco use among youth and ensuring smoke-free air for all.
- Coalition goals include:
  - Prevent youth from using tobacco
  - Educate Lower Shore residents about the ill effects of tobacco and secondhand smoke
  - Empower residents to create positive changes to protect children, families, and community

**Atlantic General Hospital**  
410-641-9700/641-9268

- Provides asthma and smoking cessation education as appropriate in emergency department
- Uses asthma pathway with ongoing inpatient asthma education and discharge directions including smoking cessation information
- Maintains bedside asthma education record
- Provides smoking cessation class schedule in online community education calendar at: [www.atlanticgeneral.org](http://www.atlanticgeneral.org)
- Provides periodic asthma education in community, spirometry at health fairs, etc.
- Partners with other agencies to address prevention via regional women’s health magazine, American Association of Retired Persons (AARP) Health Fair, and other projects
- On-site pulmonary function laboratory provides inpatient and outpatient lung function assessments (provider order required).
- Affiliated off-site **Pulmonary Rehabilitation Program** provides medically supervised evaluation, education and exercise program for outpatient clients with chronic lung disease (provider order required).

**Governor’s Wellmobile**  
410-706-0141

- Provides care for asthma and other health needs to uninsured adults and children in a mobile health unit managed by University of Maryland School of Nursing
- Services are available on Thursday at the Worcester County Health Department, 6040 Public Landing Road, Snow Hill. Contact 1-877-327-1385 for appointment.
- Links clients with health insurance and ongoing health care when possible

**Lower Shore Child Care Resource Center**  
410-543-6650

- Provides child care resources to residents of Somerset, Wicomico, and Worcester counties
- Provides periodic asthma education for child care provider. Parents welcome.
- Provides training information via phone and on Web site: [www.lowershoreccrc.org](http://www.lowershoreccrc.org)
**SHORE UP! Inc. Head Start**  
410-749-1142 ext 335  
- Supports parent of child with asthma enrolled in Head Start in Kent, Queen Anne’s, Somerset, Talbot, Wicomico, or Worcester County to access provider and manage asthma  
- Provides nebulizers for Head Start program sites  
- Partners with American Lung Association to periodically provide “A is for Asthma” education for children and parents

**Worcester County Health Department**  
410-632-0056  
- Uses Cigarette Restitution Fund monies to provide mini-grants for Worcester County programs to address adult smoking cessation; youth smoking education programs; preschool and Head Start parent education regarding clean smoke-free indoor air for young children  
- Participates in **Play It Safe**, a prevention program providing over 40 drug-free, alcohol-free, and tobacco-free events serving 10,000 youth in Ocean City.

**Worcester County Public Schools**  
410-632-2582  
- School nurses provide school-based asthma care in 14 schools.  
- A+ Asthma Rural Partnership Study (Johns Hopkins University School of Nursing) provides asthma education to elementary students with asthma enrolled in the study, their parents, and school health staff.

**Environmental Health**  
**Worcester County Health Department**  
410-352-3234  
- Refers public to sources of information on air quality issues.  
- Provides fact sheets regarding mold as requested.

**Worcester County Public Schools**  
410-632-2582  
- Provides custodial and maintenance staff training to raise prevention awareness in addressing facility and equipment leaks, mildew, and mold  
- Utilizes preventive maintenance program to care for indoor air equipment  
- Responds to indoor air quality concerns as needed

**Support Groups**  
- None available at this time