Preventing Child Abuse and Neglect: A Technical Package for Policy, Norm, and Programmatic Activities

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Child Abuse And Neglect

- Highly prevalent
  - 1 in 7 children experienced abuse and neglect in the last year.
  - True number of victims is likely much higher.

Child Abuse And Neglect

- Associated with negative health and economic consequences
  - Children may suffer immediate physical injuries, as well as emotional and psychological problems.
  - Total lifetime burden was approximately $124 billion in 2008.


Child abuse and neglect is **PREVENTABLE**.

- May prevent other forms of violence.
- Requires a comprehensive focus that crosscuts key sectors of society (e.g., public health, government, education, social services, and justice)
One of the six key components for effective public health program implementation as they

- Sharpen and focus what otherwise might be vague commitments to "action" by encouraging implementation of specific interventions known to be effective.
- Avoid a scattershot approach of using a large number of interventions, many of which have only a small impact.
Select group of strategies with a focus on **PREVENTING** child abuse & neglect from happening in the first place as well as approaches to **LESSEN** the immediate and long-term harms of child abuse & neglect.
<table>
<thead>
<tr>
<th>Strategy</th>
<th>Approach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strengthen economic supports to families</td>
<td>▪ Strengthen household financial security</td>
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<tr>
<td></td>
<td>▪ Family friendly work policies</td>
</tr>
<tr>
<td>Change social norms to support parents and</td>
<td>▪ Public engagement and education campaigns</td>
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<tr>
<td>positive parenting</td>
<td>▪ Legislative approaches to reduce corporal punishment</td>
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<tr>
<td>Provide quality care and education early in</td>
<td>▪ Preschool enrichment with family engagement</td>
</tr>
<tr>
<td>life</td>
<td>▪ Improved quality of child care through licensing &amp; accreditation</td>
</tr>
<tr>
<td>Enhance parenting skills to promote healthy</td>
<td>▪ Early childhood home visitation</td>
</tr>
<tr>
<td>child development</td>
<td>▪ Parenting skill and family relationship approaches</td>
</tr>
<tr>
<td>Intervene to lessen harms and prevent future</td>
<td>▪ Enhanced primary care</td>
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<td>risk</td>
<td>▪ Behavioral parent training programs</td>
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Strengthen Economic Supports to Families

- Strengthen household financial security
  - Child support payments
  - Tax credits
  - State nutrition assistance programs
  - Assisted housing mobility
  - Subsidized child care
Strengthen Economic Supports to Families

- Family friendly work policies
  - Livable wages
  - Paid leave
  - Flexible and consistent schedules
Change Social Norms to Support Parents & Positive Parenting

- Public engagement and education campaigns
  - The Raising of America

- Legislative approaches to reduce corporal punishment
  - Bans pertaining to home, school, & other settings
Provide Quality Care & Education Early in Life

- Early enrichment with family engagement
  - Child Parent Centers
  - Early Head Start

- Improved quality of child care through licensing and accreditation
Enhance Parenting Skills to Promote Healthy Child Development

- Early childhood home visitation
  - Nurse Family Partnership
  - Durham Connects

- Parenting skill and family relationship approaches
  - Adults and Children Together Against Violence: Parents Raising Safe Kids (ACT)
  - Incredible Years
  - Safe Care
Intervene to Lessen Harms & Prevent Future Risk

- Enhanced primary care
  - Safe Environment for Every Kid (SEEK)
- Behavioral parent training programs
  - Safe Care
  - Incredible Years
Intervene to Lessen Harms & Prevent Future Risk

- Treatment to lessen harms of abuse & neglect exposure
  - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

- Treatment to prevent problem behavior and later involvement in violence
  - Children with Problematic Sexual Behavior Cognitive-Behavioral Treatment Program: School-age Program
  - Multisystemic Therapy (MST)
Sector Involvement

- Public health
- Education
- Government (local, state, federal)
- Social services
- Business/labor
- Other non-governmental organizations
- Health services
- Justice
- Housing
- Media
Implementing the Technical Package

- Already engaged in CAN prevention
  - Do your current efforts align with information included in the technical package?
  - Are there ways the technical package can advance your work?
- Not yet engaged in CAN prevention
  - Can you use the package to plan and prioritize your efforts?
- More resources can be found at http://www.cdc.gov/violenceprevention/childmaltreatment/
Proposes a process and strategies that communities can consider to promote safe, stable, nurturing relationships and environments for all children and families.

Steps/Goals:
1. Raise awareness and commitment
2. Use data to inform action
3. Create the context for healthy children and families through norms change, programs, and policies

http://www.cdc.gov/violenceprevention/childmaltreatment/essentials.html
The technical package is a tool to help states and communities take advantage of the best available evidence to inform and guide prevention decision-making.

Join us!