Youth Empowerment Solutions

Theory, Research and Practice

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Empowerment Theory

Feeling

- I take a positive attitude toward myself.
- I have the skills to work towards my goals.
- I am good at leading groups.
- I can be involved to change my community.

Connecting

- I know adults that I go to for support and advice.
- I know adults who can help me solve problems.
- I know how to find resources in my community.

Doing

- I organize people to get things done.
- I participate in neighborhood activities.
- I participate my school's activities.

YES Curriculum

(Zimmerman, 2005)
Skills Workshops
Ethnic Identity and Pride
Working with Adults
Community Projects
Evaluation Results

(Reischl, et al., 2011)
Participants vs. Nonparticipants

Survey: Conflict Resolution (1-4 scale)

Yes Participants (n=40)

Program School Nonparticipants (n=540)

Control School Nonparticipants (n=483)
Participants vs. Nonparticipants

Survey: Conflict Avoidance (1-4 scale)

- Yes Participants (n=40)
- Program School Nonparticipants (n=540)
- Control School Nonparticipants (n=483)
Police Incident Data
Assault Counts Near Project Site

![Graph showing assault counts near project site](image)

- **Before Project**
- **After Project**

**Radius Distance From Project Site**
- 100 m
- 200 m
- 300 m
- 400 m
Assaults Before & After

Rosa Parks Peace Park Project

Frequencies

- 100 Meter Buffer
- 150 Meter Buffer

22 Mos. Before
22 Mos. After
Yes Dissemination

- 4 STRYVE sites
- Milwaukee, WI; Richmond, VA; many others
- Adaptation Project and Guide
- Training & TA
- Spanish Translation
STOP THE VIOLENCE

Change Begins with Me

Yes, we can!
We can change our community.

Love is the answer.

Give a chance.

Youth Empowerment Solutions

Help Our Community Become Better Together

FLINT VEHICLE CITY

Killing is not the answer.

Let's break the cycle.

Love our city.


Abstracts available on website. Copies of articles available upon request.