Effectiveness of Belt-positioning Booster Seats in Preventing Injury for 4- to 8-year-olds

Belt-positioning booster (BPB) seats are effective for children through at least age 7. Using a BPB with a seat belt instead of a seat belt alone reduces a child's risk of injury by 59 percent. Once a child has outgrown her child safety seat with harness, she should be restrained in a belt-positioning booster seat until she reaches a height at which an adult seat belt fits properly, usually around 4'9".