

Healthy Baby Teeth



Look closely along the gum line for white lines or brown spots on the front or back of teeth.



TO CHECK BABY'S TEETH:

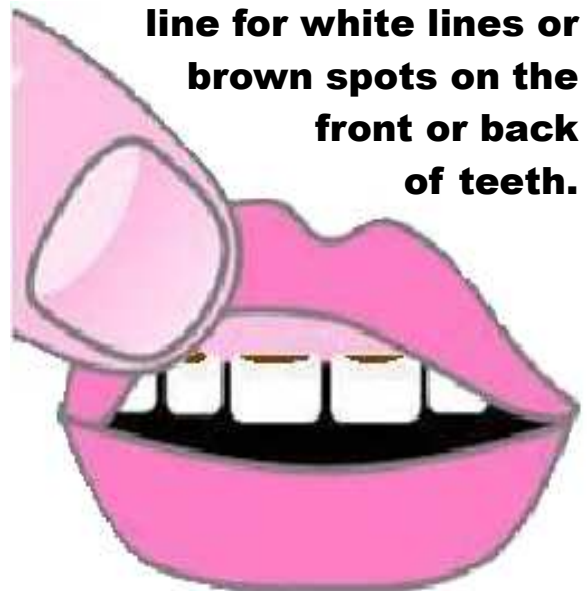
- ◆ **Lift the lip once a month.**
- ◆ **Look for early cavities—white lines or spots near the gum line.**
- ◆ **Never put a baby to bed with a bottle unless it contains water only.**
- ◆ **Wean baby from the bottle by age 12-14 months.**
- ◆ **Clean baby's teeth daily with a soft toothbrush or clean washcloth.**
- ◆ **Take your child to the dentist by their first birthday.**

Germs that cause cavities spread from person to person. Avoid sharing cups, eating utensils or toothbrushes.

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LIFT THE LIP



MILD DECAY

**Chalky white lines at the gum line.
May be reversed—See a dentist soon!**



MODERATE DECAY

**Looks like teeth are “melting or chipping.”
See a dentist before decay gets worse.**



SEVERE DECAY

**Must see a dentist to avoid
future damage to permanent teeth.**



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