



# MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☎ BF Classes</li> <li>☎ BF Support Groups</li> <li>☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>			<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}			
1	2	3	4 Annapolis Getting Started with Breastfeeding 5-6 pm	5	6	7
8	9	10	11 North County Getting Started with Breastfeeding 5-6 pm	12	13 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	14
15	16	17 North County Getting Started with Breastfeeding 10am-11am	18	19	20	21
22/29	23/30	24/31	25 North County Getting Started with Breastfeeding 5-6 pm	26	27 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	28



# APRIL 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>• BF Classes</li> <li>• BF Support Groups</li> <li>• 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>				<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797 <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		
			<b>1</b> Getting Started with Breastfeeding 5-6 pm Annapolis	<b>2</b>	<b>3</b> Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> North County Getting Started with Breastfeeding 5-6 pm	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b> North County Getting Started with Breastfeeding 10:00 am – 11:00 am	<b>22</b> North County Getting Started with Breastfeeding 5-6 pm	<b>23</b>	<b>24</b> Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		



# MAY 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☎ BF Classes</li> <li>☎ BF Support Groups</li> <li>☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>				<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		
					1	2
3	4	5	6 Annapolis Getting Started with Breastfeeding 5-6 pm	7	8 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	9
10	11	12	13 North County Getting Started with Breastfeeding 5-6 pm	14	15	17
17	18	19 North County Getting Started with Breastfeeding 10:00 am – 11:00 am	20	21	22 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	23
24/31	25 <b>Memorial Day</b>	26	27 North County Getting Started with Breastfeeding 5-6 pm	28	29	30

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