



MARCH 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 2 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 Ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125</p>		<p>Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 2 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 Ext: 4510 La Leche League (LLL)-Please refer to website for more information: http://www.lllofmd-de-dc.org/</p>				
1	2	<p>3 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE</p>	<p>4 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE</p>	5	<p>6 Anne Arundel Medical Center -7pm – Back to work and Breastfeeding Support Group -(443)481-6122 -FREE</p>	7
8	9	10	<p>11 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE</p>	<p>12 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE</p>	13	14
15	16	<p>17 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE</p>	<p>18 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE</p>	19	20	21
22/29	23/30	24	<p>25 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE</p>	<p>26 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE</p>	27	28



APRIL 2020



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12	13	14	15 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE	16	17	18	
19	20	21 UM Shore Regional Health - Easton 10-11:30- Breastfeeding support group -410-822-1000 ext:5200 -FREE	22 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE	23 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	24	25	
26	27	28	29 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305	30			

-FREE



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24/31	25 Memorial Day	26	27 Union Hospital – Elkton -10-11:30am– Lactation Club -(443)245-7305 -FREE	28 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6122 -FREE	29	30
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