



DECEMBER 2018



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|---------------------|-----------|----------|--------|----------|
| For Breastfeeding support near you: Lower Eastern Shore WIC Program: (410) 749-2488 La Leche League of Salisbury, MD Contact: Elizabeth Jimmerson (443) 859-8026 La Leche League of Ocean City Contact: Steph Amsel (443) 235-1095 PRMC Contact: Ellen Pinker, RN, BSN, IBCLC (410)543-7199 *Lower Eastern Shore WIC Program E. S. Adkins Bldg 801 N. Salisbury Blvd, Ste 103 Salisbury, MD 21801 Open to all Lower Eastern Shore WIC participants | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23/30 | 24/31 | 25 Christmas Day | 26 | 27 | 28 | 29 |



JANUARY 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|----------------------------------|---------|---|----------|--------|----------|
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| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 Martin Luther King Jr. Day | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |



FEBRUARY 2019



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|-----------------------|---------|--|----------|--------|----------|
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| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 President's Day | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | | |