



DECEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For Breastfeeding support near you: Lower Eastern Shore WIC Program: (410) 749-2488 La Leche League of Salisbury, MD Contact: Elizabeth Jimmerson (443) 859-8026 La Leche League of Ocean City Contact: Steph Amsel (443) 235-1095 PRMC Contact: Ellen Pinker, RN, BSN, IBCLC (410)543-7199 *Lower Eastern Shore WIC Program E. S. Adkins Bldg 801 N. Salisbury Blvd, Ste 103 Salisbury, MD 21801 Open to all Lower Eastern Shore WIC participants						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25 Christmas Day	26	27	28	29



JANUARY 2019



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		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr. Day	22	23	24	25	26
27	28	29	30	31		



FEBRUARY 2019



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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 President's Day	19	20	21	22	23
24	25	26	27	28		