



# DECEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>For Breastfeeding support near you:</b> Lower Eastern Shore WIC Program: (410) 749-2488 <b>La Leche League of Salisbury, MD</b> Contact: Elizabeth Jimmerson (443) 859-8026 <b>La Leche League of Ocean City</b> Contact: Steph Amsel (443) 235-1095 <b>PRMC Contact:</b> Ellen Pinker, RN, BSN, IBCLC (410)543-7199 *Lower Eastern Shore WIC Program E. S. Adkins Bldg 801 N. Salisbury Blvd, Ste 103 Salisbury, MD 21801 <b>Open to all Lower Eastern Shore WIC participants</b>						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25 Christmas Day	26	27	28	29



# JANUARY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>For Breastfeeding support near you:</b> Lower Eastern Shore WIC Program: (410) 749-2488  <b>La Leche League of Salisbury, MD</b> Contact: Elizabeth Jimmerson (443) 859-8026 <b>La Leche League of Ocean City</b> Contact: Steph Amsel (443) 235-1095 <b>PRMC Contact:</b> Ellen Pinker, RN, BSN, IBCLC (410)543-7199			<b>*Lower Eastern Shore WIC Program</b> E. S. Adkins Bldg. 801 N. Salisbury Blvd, Ste 103 Salisbury, MD 21801 <b>Open to all Lower Eastern Shore WIC participants</b>			
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Martin Luther King Jr. Day	22	23	24	25	26
27	28	29	30	31		



# FEBRUARY 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>For Breastfeeding support near you:</b> Lower Eastern Shore WIC Program: (410) 749-2488  <b>La Leche League of Salisbury, MD</b> Contact: Elizabeth Jimmerson (443) 859-8026 <b>La Leche League of Ocean City</b> Contact: Steph Amsel (443) 235-1095 <b>PRMC Contact:</b> Ellen Pinker, RN, BSN, IBCLC (410)543-7199			<b>*Lower Eastern Shore WIC Program</b> E. S. Adkins Bldg 801 N. Salisbury Blvd, Ste 103 Salisbury, MD 21801 <b>Open to all Lower Eastern Shore WIC participants</b>		1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 President's Day	19	20	21	22	23
24	25	26	27	28		